

Cooper Center Programs

Week of November 25 through November 29, 2024

Monday, November 25

9:00 a.m. **Billiards Open Play** (Brigham House- 20 Hartford Street) -*just show up*

9:00 a.m. **Chair Yoga** (Hyde Community Center Gymnasium- 90 Lincoln Street) -*just show up; \$5 suggested donation*

9:00 a.m. **Drawing Studio** (War Memorial at Newton City Hall- 1000 Commonwealth Avenue) -*just show up*

10:00 a.m. **Zumba Gold** (Zoom) -*just show up (link in e-newsletter); \$5 suggested donation*

10:15 a.m. **Intermediate Tai Chi** (Hyde Community Center Gymnasium- 90 Lincoln Street) – *just show up; \$5 suggested donation*

10:30 a.m. **Mosaics Workshop** (Brigham House- 20 Hartford Street)- *paid class; registration is closed*

10:30 a.m. **Parkinson’s Support Group** (Brigham House- 20 Hartford Street)- *just show up*

11:30 a.m. **Advanced Tai Chi** (Hyde Community Center Gymnasium- 90 Lincoln Street) – *just show up; \$5 suggested donation*

11:30 a.m. **Springwell Lunch** (Brigham House- 20 Hartford Street) - *reserve 48 hours in advance by calling 617-796-1668*

12:00 p.m. **Seated Strength & Balance** (Zoom) - *just show up (link in e-newsletter); \$5 suggested donation*

12:00 p.m. **Hearing Screenings** (Brigham House- 20 Hartford Street)- *registration is closed*

12:50 p.m. **Chair Massage** (Hyde Community Center- 90 Lincoln Street)- *paid program; registration is closed*

1:00 p.m. **Mah Jongg Play** (pre-formed groups only) (Brigham House- Conference Room and Program Room, 20 Hartford Street) -*just show up with your group*

1:30 p.m. **Line Dancing** (Hyde Community Center Gymnasium- 90 Lincoln Street) -*just show up; \$5 suggested donation*

Tuesday, November 26

9:00 a.m. **Spanish Conversation Group** (Zoom)- *just show up (link in e-newsletter)*

10:00 a.m. **Zumba Gold** (Zoom) - *just show up (link in e-newsletter); \$5 suggested donation*

10:30 a.m. **Muscle Movement and Balance** (Hyde Community Center Gymnasium- 90 Lincoln Street) -*just show up; \$5 suggested donation*

11:30 a.m. **Springwell Lunch** (Brigham House- 20 Hartford Street) - *reserve 48 hours in advance by calling 617-796-1668*

12:00 p.m. **German Conversation Group** (Brigham House- 20 Hartford Street) - *just show up*

1:00 p.m. **Thanksgiving Social** (Brigham House- 20 Hartford Street) - *RSVP with the Front Desk (617-796-1675) or just show up*

1:30 p.m. **Swing Band** (War Memorial at Newton City Hall- 1000 Commonwealth Avenue) -*just show up*

Afternoon: **Thanksgiving Meal Program Pick-Up for Newton residents 65+** (Brigham House- 20 Hartford Street) - *Registration required: contact the Front Desk (617-796-1675); pick-up time sent to those who sign up*

You can reach the Cooper Center by calling: 617-796-1660.

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Week of November 25 through November 29, 2024

Wednesday, November 27

9:00 a.m. **Tai Chi Practice** (Hyde Community Center Gymnasium- 90 Lincoln Street)- *just show up*

9:00 a.m. **Billiards Open Play** (Brigham House- 20 Hartford Street) -*just show up*

10:00 a.m. **Mandarin Conversation Group** (Brigham House- 20 Hartford Street) -*just show up*

10:00 a.m. **Chair Yoga** (Hyde Community Center Gymnasium- 90 Lincoln Street) -*just show up; \$5 suggested donation*

11:30 a.m. **Newton LGBTQ Virtual Friendsgiving** (Zoom)- *register via the link in our e-newsletter*

11:30 a.m. **Springwell Lunch** (Brigham House- 20 Hartford Street) - *reserve 48 hours in advance by calling 617-796-1668*

11:30 a.m. **Rummikub Open Play** (Brigham House- Program Room, 20 Hartford Street) - *just show up*

12:00 p.m.- **Seated Strength & Balance** (Hyde Community Center Gymnasium- 90 Lincoln Street) -*just show up; \$5 suggested donation*

1:00 p.m.- **Dance Aerobics** (Hyde Community Center Gymnasium- 90 Lincoln Street) -*just show up; \$5 suggested donation*

1:00 p.m. **Canasta Open Play** (Brigham House- Program Room, 20 Hartford Street) - *just show up*

Thursday, November 28

The Cooper Center is closed in observance of Thanksgiving.

Friday, November 29

9:00 a.m. **Billiards Open Play** (Brigham House- 20 Hartford Street) -*just show up*

10:00 a.m. **Movie: "Irving Berlin's Holiday Inn" starring Bing Crosby and Fred Astaire** (Brigham House- 20 Hartford Street) -*just show up*

1:00 p.m. **Movie: "Something's Gotta Give" starring Jack Nicholson and Diane Keaton** (Brigham House- 20 Hartford Street) -*just show up*

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