

## HEALTH AND HUMAN SERVICES DEPARTMENT Linda Walsh, Commissioner 1000 Commonwealth Avenue Newton, MA 02459-1544

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## City of Newton Youth Commission Commissioner Meeting November 1st 5:00PM via Zoom

- Attendance: Rhiannon Esposito, Spencer Solcoff, Zack Gusenoff, Emma Zhang, Phoebe
   Anthony, Nick Makura
- Commissioner Appointment Update
  - o Keep an eye out for an email from Jaclyn Norton.
  - All new commissioners will attend a virtual City Council meeting on December 6<sup>th</sup> at
     7pm.
  - During the meeting commissioners will be asked to briefly explain why they want to be a commissioner and answer some questions from the Council.
- NSHS Mental Health Awareness Event
  - Kathleen Solage at South reached out asking if the Youth Commission wanted to partner again this year to host a mental health awareness event during one the WIN blocks in The Counseling Center.
  - o If you are interested in assisting with this, please let Jenna know.
  - Jenna & Meghan will meet with Kathleen next week and share more information at the Commission Meeting on the 8<sup>th</sup>.
  - (Rhiannon) Think about partnering with middle schools to bring this type of programming to them.
- Youth Commission Meeting Agenda, November 8th

- Short Presentation by Sarah Mausner, creator of Teen Health Comics, to discuss how the Commission can partner. (Phoebe) Has read the comics and thinks Commission can do something with them, maybe leading our own workshops or partnering with MH agencies.
- Share information about an upcoming Community Resource Night & Vigil hosted by the
   Newton CCW (substance use coalition) and how Commission can participate.
- o Offer 5 subcommittee options and let members pick a group:
  - Mental Health/Wellness
  - Communications (newsletter, social media)
  - Community Engagement/Guest Speaker
    - (Emma) Guest speaker subcommittee could be removed or absorbed into another group; subcommittees could take turns selecting guest speakers for commission meetings.
  - Bike Safety/Lane Access
  - Climate Sustainability
- Presentation by Hattie Kerwin-Derrick, Director of Community Engagement & Inclusion,
   LGBTQ+ Liaison about initiatives in the Mayor's Office/Community and how Commission can partner.
- Closing; next Commissioner meeting TBD.