

JUNE IS NATIONAL MEN'S HEALTH AWARENESS MONTH



19.8M men in the U.S. have diabetes, and each year that number increases.


Men are more likely to get type 2 diabetes at a lower weight than women. One reason is that men store more fat in their bellies—a known risk factor. And more men than women have diabetes that's undiagnosed.


Diabetes puts you at greater risk for heart disease, stroke, vision loss, kidney failure, and nerve damage.

It's important to work with your healthcare team to keep your blood sugar levels close to your target and complete your routine diabetes care activities to avoid or lessen complications that can arise from not managing your diabetes well.

Let us be part of your team.

Enroll in the Good Health Gateway® Diabetes Care Rewards Program.

 **We're here to support you** so you manage your diabetes care activities and health well to meet your health goals.

 **Plus, you'll earn \$0 copays** on your covered diabetes medications and supplies when you complete your diabetes care activities.



Enroll Today!

800.643.8028 | Hablamos español.
GoodHealthGateway.com

Available to our health plan members living with pre-diabetes or any type of diabetes. Participation is voluntary and confidential.