



FOR ACTIVE HEALTH PLAN MEMBERS OF

City of Newton



Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke. And you'll get a **Good Health Gateway®** RX Rewards Card to get your \$0 copays.

How to get your Good Health Gateway RX Rewards Card for \$0 copays



Register at GoodHealthGateway.com

Or call our **Good Health Gateway** HelpLine at 800.643.8028 Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm EST.



Send us a **Provider Confirmation Form** or other acceptable documentation showing you completed the medical exams and lab tests listed below. Upload your documents through the website, send by mail, or fax to 877.378.4480. Any of the exams/labs completed in the past year will count toward the requirement.

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months



Get \$0 copays on covered diabetes medications and supplies using your **Good Health Gateway** Rx Rewards Card at your local, in-network pharmacy or through **OPTUMRx®** Home Delivery when the program requirements are met.

The City of Newton is committed to helping you achieve your best health status. Rewards for participating in this wellness program are available to employees and their dependents on a City of Newton active health plan who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

800.643.8028
GOODHEALTHGATEWAY.COM