



CITY OF NEWTON  
HEALTH & HUMAN SERVICES

# NEED NARCAN ?

Worried about yourself or someone else?

Call for an appointment today.

We are offering a program to Newton residents who have someone in their life struggling with opioid use. Call to schedule a brief 30 min. training and receive a FREE dose (no insurance required) of the life-saving overdose reversal drug, Narcan and other resources.



[WWW.NEWTONMA.GOV/NEWTONPATH](http://WWW.NEWTONMA.GOV/NEWTONPATH)



Call for an appointment:  
617-796-1420



For Newton residents



Addiction and recovery  
resources available



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# AN OVERDOSE IS A MEDICAL EMERGENCY

## SYMPTOMS OF AN OVERDOSE

Unresponsive • No Breathing or slow breathing • Turning Blue or Gray (lips, fingernails) • Deep Snoring

### 1. CALL 911

Say : "My friend/child is unconscious and I can't wake him/her up" or "My friend/child isn't breathing." In MA you can't be charged with possession of a controlled substance in this case.

### 2. ADMINISTER NARCAN

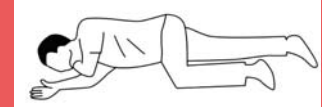
- Make sure the person is in a safe position flat on the ground
- Follow Narcan package directions

### 3. RESCUE BREATHS

- Make sure there is nothing in the mouth
- Tilt head back, lift chin and pinch nose
- Give a rescue breath, watch for chest rise
- Continue every 5 sec until the person can breathe and/or help arrives

### 4. STAY WITH THE PERSON

- Stay with them until help arrives
- If you leave, even briefly, put the person in the recovery position so they won't choke if they vomit



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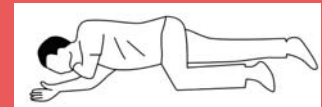
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