

**NEWTON SENIORS:**

# Could you benefit from free groceries every month?



The **Commodity Supplemental Food Program (CSFP)** is a once a month food distribution for individuals **60 years of age or older**. Groceries are bagged & contain healthy shelf-stable products.



## **Requirements:**

- Proof of identity and age
- You must be at or below the CSFP annual income guidelines:
  - \$15,444 for a single person;
  - \$20,826 for household of two.

**START DATE:**

**Friday, October 20th  
1-2pm**

**Pick-up at the Newton Senior Center,  
345 Walnut St**

**Every month  
on the third Friday**



**For details and eligibility contact:**

**Emily Kuhl: 617-796-1672  
ekuhl@newtonma.gov**