



The Commodity Supplement Food Program (CSFP) at the Newton Senior Center

1. What is the CSFP program?

The Commodity Supplement Food program (CSFP) is sponsored by the United States Department of Agriculture in partnerships with the States and local communities. In the Boston area, The Greater Boston Food Bank administers the program. CSFP works to improve the health of low income senior residents by supplementing their diets with nutritious USDA foods.

Seniors must complete the application form in advance to be registered to receive groceries. **You will be notified by the Greater Boston Food Bank regarding your eligibility.**

2. How often is food distributed?

Eligible residents will receive two free bags of food once a month (3rd Friday of the month; 1-2pm) containing healthy shelf-stable products.

3. What foods are provided to participants in the CSFP?

Food packages include a variety of foods, such as nonfat dry milk, juice, farina, oats, ready to eat cereal, rice, pasta, peanut butter, dry beans, canned meat, poultry, or fish, and canned fruits and vegetables. On occasion fresh produce will be distributed as well.

4. How and where will food be picked up?

Food pick-up will be at the Newton Senior Center, 345 Walnut Street. If an individual cannot pick up their own groceries, participants can assign a person as a proxy to pick-up up groceries for them.

How do you register for the CSFP Program?

Register by completing the application and sending it to:

Newton Senior Center

ATTN: Emily Kuhl

345 Walnut St

Newton MA 02460

For questions about eligibility and other details call **Emily Kuhl at 617-796-1672 or email her at ekuhl@newtonma.gov**.