



Introduction to Energy Medicine for Self-Healing

Do you want to feel more flow in your life, so you don't have to orchestrate every detail? Would you like to have the tools to pave your own way? Wouldn't it be wonderful to feel more ease in your life? This kind of freedom can be discovered through holistic modalities. Join us for this one-day workshop:

- ❖ Introduction: You are Divine
- ❖ Flower Essences for Self-Use
- ❖ Hands on Healing
- ❖ Card/Energy Reading
- ❖ Energy Balancing

Susana Ardiosz is an energy medicine practitioner with a lifelong passion for helping others find more clarity, purpose, and empowerment. She is a Reiki Master Teacher, Integrated Energy Therapist, Flower Essences Consultant, and Intuitive.

Her practice, Womintuit, includes Reiki, Integrated Energy, and flower essence therapy sessions, in addition to energy readings, energy balancing and life coaching. Native to New England, Susana has lived in other parts of the country, as well as abroad. She is thrilled to be back in New England where she has found a strong and unique sense of community. Susana speaks Spanish, French, German and a bit of Mandarin. As a pathfinder, she finds great joy in supporting each client on the journey towards wholeness.

- ❖ When: Saturday November 3, 2018
- ❖ Where: Parks & Recreation Office, 246 Dudley Rd, 02459
- ❖ Time: 10am-2pm (half hour lunch break- bring a lunch with you)
- ❖ Fee: \$160.00
- ❖ Register: www.activityreg.com, Participants Min: 3 Max: 9
Call 617-796-1510 / Email: parks@newtonma.gov



Susana Ardiosz Certification and Training includes

- Reiki Master Teacher
- Advance Integrated Energy Therapy
- Certified Angel Card Reader
- BodyTalk Access
- Self Discovery Techniques, Levels I and II
- Flower Essences Therapy
- B.A. Third World Studies, Oberlin College