

Birdwatcher's Code

When you go birdwatching, do not harm any birds or other wildlife.

Follow these four golden rules:

- 1. Try not to disturb the birds you are watching.
- 2. Don't get too close.
- 3. Don't approach birds that are on their nests or with their young.
- 4. It is illegal to collect items such as eggs and nests.

What to Pack

- **Bincoculars:** So that you can study birds from a distance.
- Notebook & Pens: For keeping your records and sketching birds.
- Camera
- Bird Field Guide Books: To help with identification.
- Insect Repellent
- Hat: To protect you from the sun or rain.
- Snacks: In case you get hungry not the birds!
- Comfortable Shoes: Birdwatchers can be outside for a longtime and comfy shoes help make the day relaxing.
- Backpack: For all your supplies.



Bird Walk BINGO

While you are on your journey, check off the birds you spot!

3 in a row = a BIRD-0!



☐ Cardinal



🔲 Robin



☐ Mallard



☐ Canadian Goose



☐ Catbird

☐ Chickadee

☐ Downy Woodpecker

Nahanton Nature Center

455 Nahanton Street • Newton Center, MA 02459

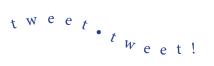
SELF-GUIDED BIRDWALKS

at Nahanton Park





Setti D. Warren, Mayor
Robert DeRubeis, Commissioner
Judy Dore, Recreation Manager
Holly Peterson, Nature Center Director





Birding Locations and Birds You Might See:

Some of the best birding locations are in the areas marked on the map as 1, 2, 3 & 4. Below is a list of some of the birds you might see in those areas.

Key:

C: Common

MC: Medium Common

LC: Less Common



Woodock Meadow

Chickadee **C**

Mourning Dove **C**

Robin C

Titmouse MC

Tree Swallow MC



Charles River

Baltimore Oriole MC

Canadian Goose C

Downy Woodpecker C

Eastern Phoebe LC

Flicker MC

Grackle C

Mallard C

Red Bellied Woodpecker $\,$ MC $\,$

Red Winged Blackbird **C**

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American Crow MC

Cathird C

Goldfinch MC

House Finch MC

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Mourning Dove MC

Red Breasted Grosbeak **LC**

Red Eyed Vireo **LC**

Song Sparrow C



Lower Gardens

Bluebird **LC**

Blue Jay **C**

Cardinal C

Cowbird **LC**

Great Crested Flycatcher LC

House Wren MC

Nuthatch MC

Red Tailed Hawk **LC**

Ruby Crowned Kinglet **LC**

Additional Birdwatching Tips:

- Walk quietly and don't make loud noises.
- Watch where you are walking. Birds can nest on the ground and you don't want to step on the babies.
- Look for movement or bright colors in the trees.
- Listen for bird songs or calls. Your ears can help you locate a bird.

