

# Welcome to the Newton Transportation Strategy Workshop #2



# Newton-in-Motion Process Overview



Newton-in-motion is a **strategic process**



that will create a **comprehensive guide** towards a more equitable, economically and environmentally sustainable **multimodal transportation system**.



This plan will go **hand-in-hand with other plans and strategies**



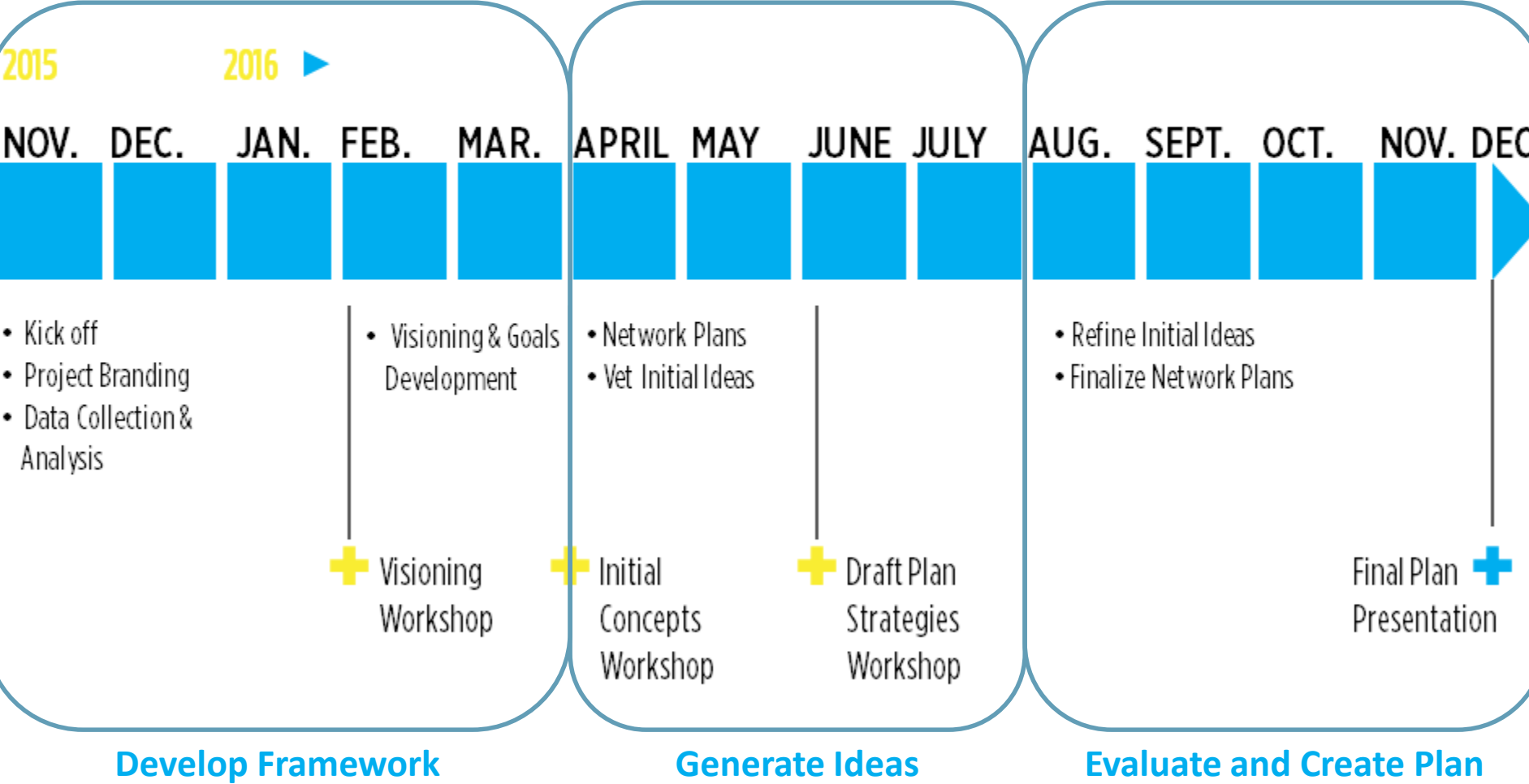
that carry **Newton forward** in a future of changing travel patterns and growing transportation options.



Take your part in sharing **your vision** for Newton's dynamic transportation future!

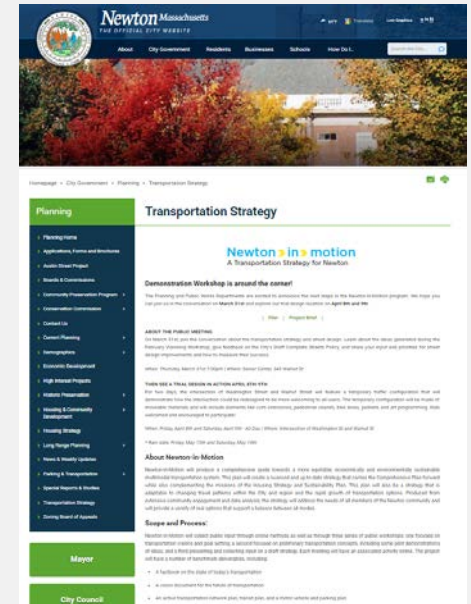


# NEWTON TRANSPORTATION STRATEGY PROJECT SCHEDULE



# Project Website

- » [www.newtonma.gov/transportationstrategy](http://www.newtonma.gov/transportationstrategy)
- » Project information
- » Mailing list sign up
- » Survey links
- » Contact [transportationstrategy@newtonma.gov](mailto:transportationstrategy@newtonma.gov)



**DRAFT**

**TRANSPORTATION  
FACTBOOK +  
VISION REPORT  
PART 1**

**Newton > in > motion**

A Transportation Strategy for Newton

March 2016

# Contents

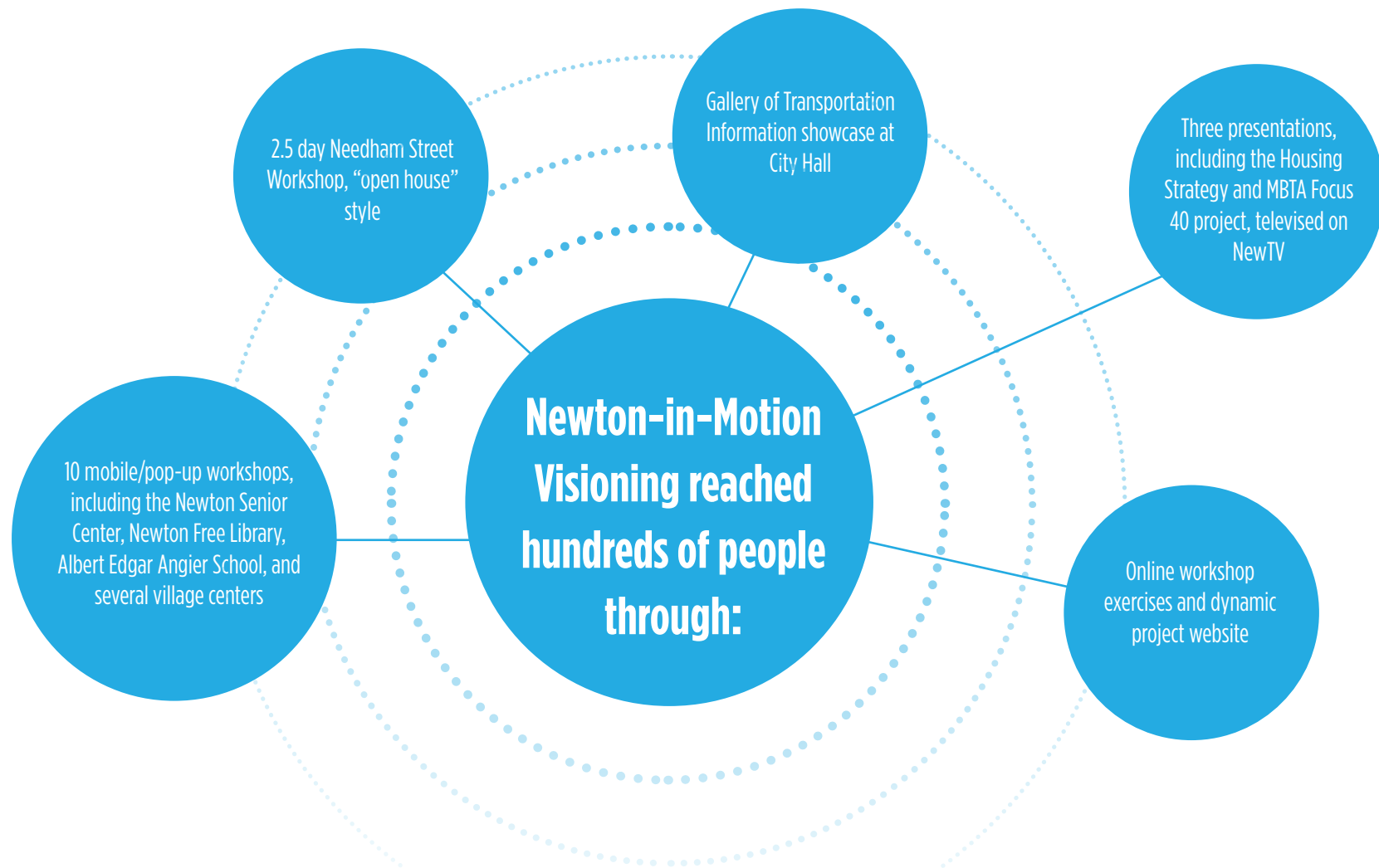
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# A VISION FOR NEWTON TRANSPORTATION

## VISIONING PROCESS

Newton-in-Motion is a project dedicated to an interactive and ongoing public involvement process. To reach as broad of a population as possible, the project began with a multi-day, multi-location workshop, plus simple online tools to garner input to set the project direction. Based on the input received through the month of February 2016, the project team was guided on what is most important to residents, commuters, employees, business owners, and others. The February events were the first of several efforts to engage the public.

The Visioning Process kicked off the entire project. The intent was to hear from as many people as possible, plus from many different voices and perspectives. Before any rigorous or technical analysis, the Visioning sessions identified priority values, geographic areas, and issues that are being used to shape the scope of the rest of the project.





## PUBLIC WORKSHOP AND POP-UPS

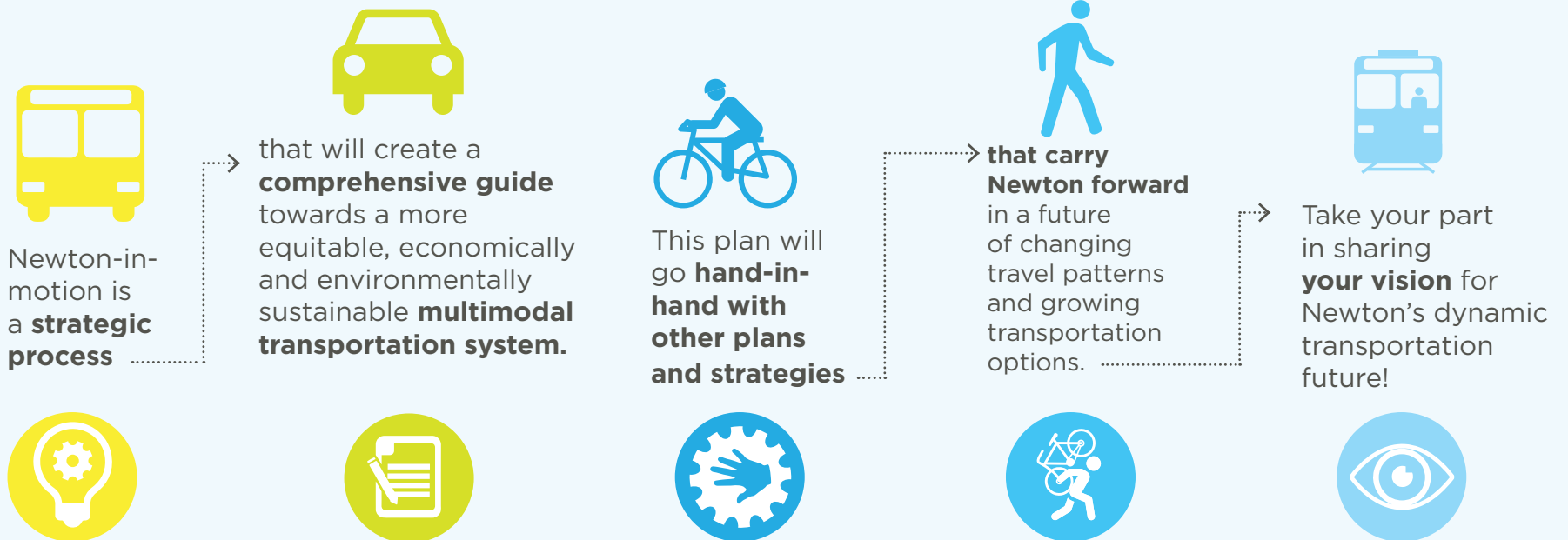
Workshop and online participants ranged in ages from under 20 to over 60 years old. A variety of hands-on exercises provided multiple opportunities for people of all ages and interests to offer input. Workshop stations included:

- Goals prioritization of goals identified by the Newton Transportation Advisory Committee in 2011
- Goals identification of new or modified community priorities
- Objectives brainstorming - generating ideas of how the City and community can achieve identified goals
- Geographic and travel mode issue identification on citywide map, including “mode journaling”
- Regional route mapping to draw most frequent route by mode
- A number of supportive interactive exercises, including a “Wheel of Questions” to provoke ideas and awareness of current and future transportation trends, a kid’s coloring station, and a “What’s your Transportation Vision?” open concept clothesline project

- An exhibit of more than a dozen display boards that showcased initial transportation findings, such as transit access, demographic trends, and crash rates
- A complete street design station, where, with a kit of “street parts” like sidewalks, travel lanes, trees, lighting, sidewalks and bike lanes, participants could choose what elements they want to include on various Newton streets

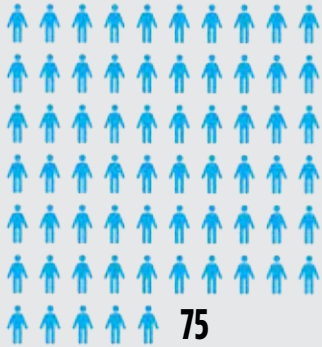
In addition, the team met one-on-one with several local and regional organizations, such as Newton-Needham Chamber, Route 128 Business Council, BikeNewton, Safe Routes to School, and GreenNewton, and others, plus City departmental staff and the City Council.

During the visioning workshop, a mobile pop-up workshop moved throughout different neighborhoods, including the Newton Senior Center, Newton Free Library, Newtonville, West Newton, Newton Centre, and Newton Highlands. Participants answered questions about their current travel habits, and they provided ideas on how they thought the City should address its transportation challenges. A major issue expressed both at the Senior Center and at other locations was the need to expand travel options for seniors who do not have access to a vehicle, particularly for more spontaneous trips. Other primary concerns included lack of parking availability, safety, and access to transit outside of major hubs.

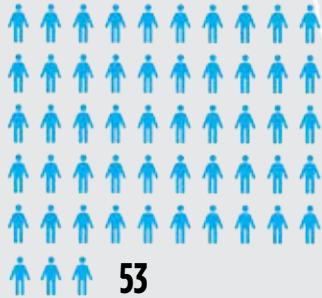


# WHO PARTICIPATED? \*

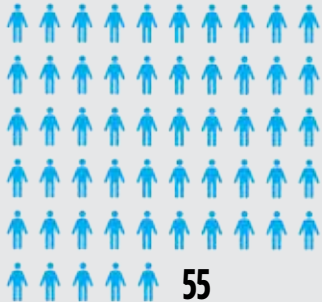
## OVER 60 YEARS OLD



## 51-60 YEARS OLD



## 41-50 YEARS OLD



## 31-40 YEARS OLD



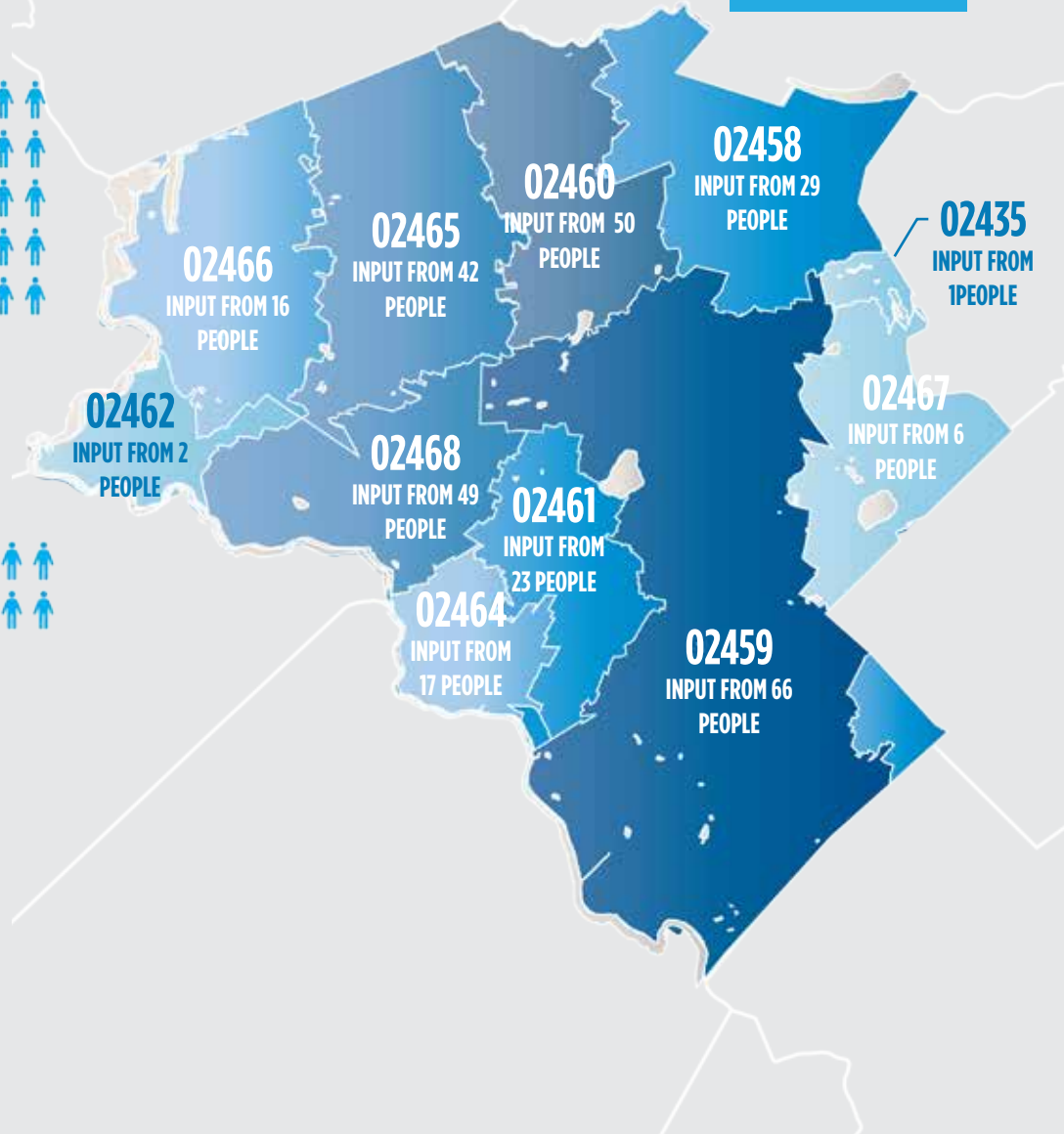
## 21-30 YEARS OLD



## 20 & UNDER 20 YEARS OLD



## INPUT BY ZIPCODE



\* Age and zip codes collected voluntarily; this infographic reflects information reported by participants.



Photos from the workshop

Goals Prioritization and Objectives Identification



Additional Goals



"Wheel of Questions" Station



Issues by Mode and Location



Gallery of Transportation Information

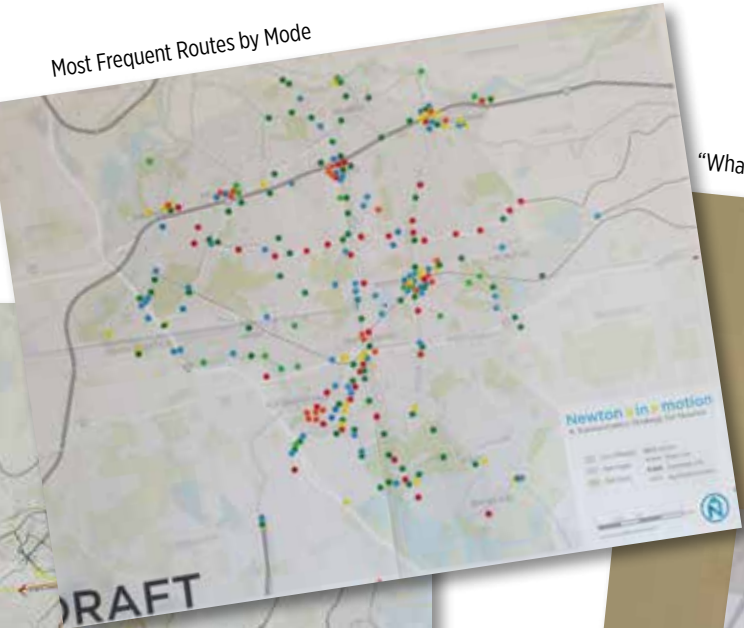


Stakeholder Meetings



Kids Station

Most Frequent Routes by Mode



“What’s Your Transportation Vision?”

Design Your Street Cross-Sections



Design Your Street Pieces



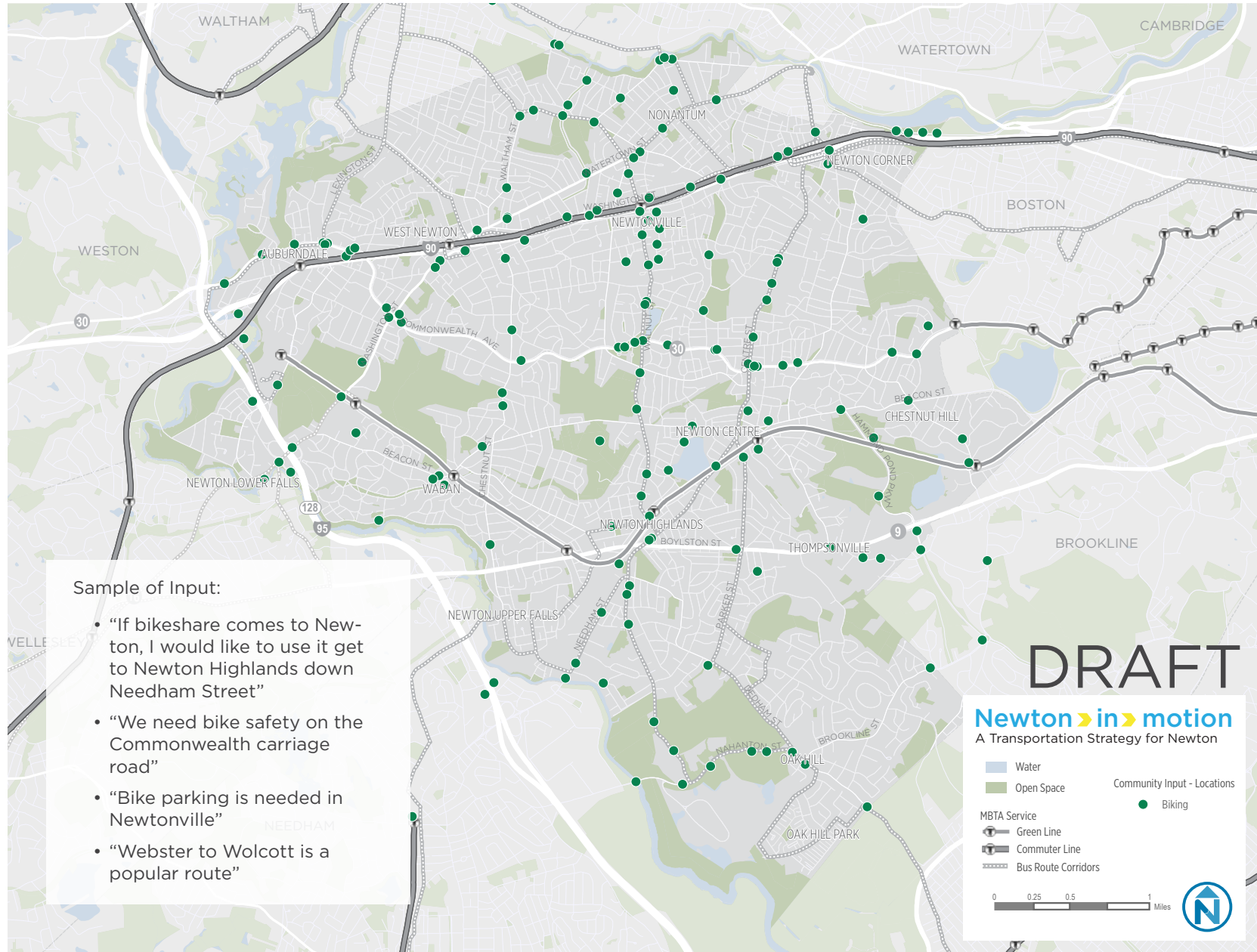
Project Overview Presentations



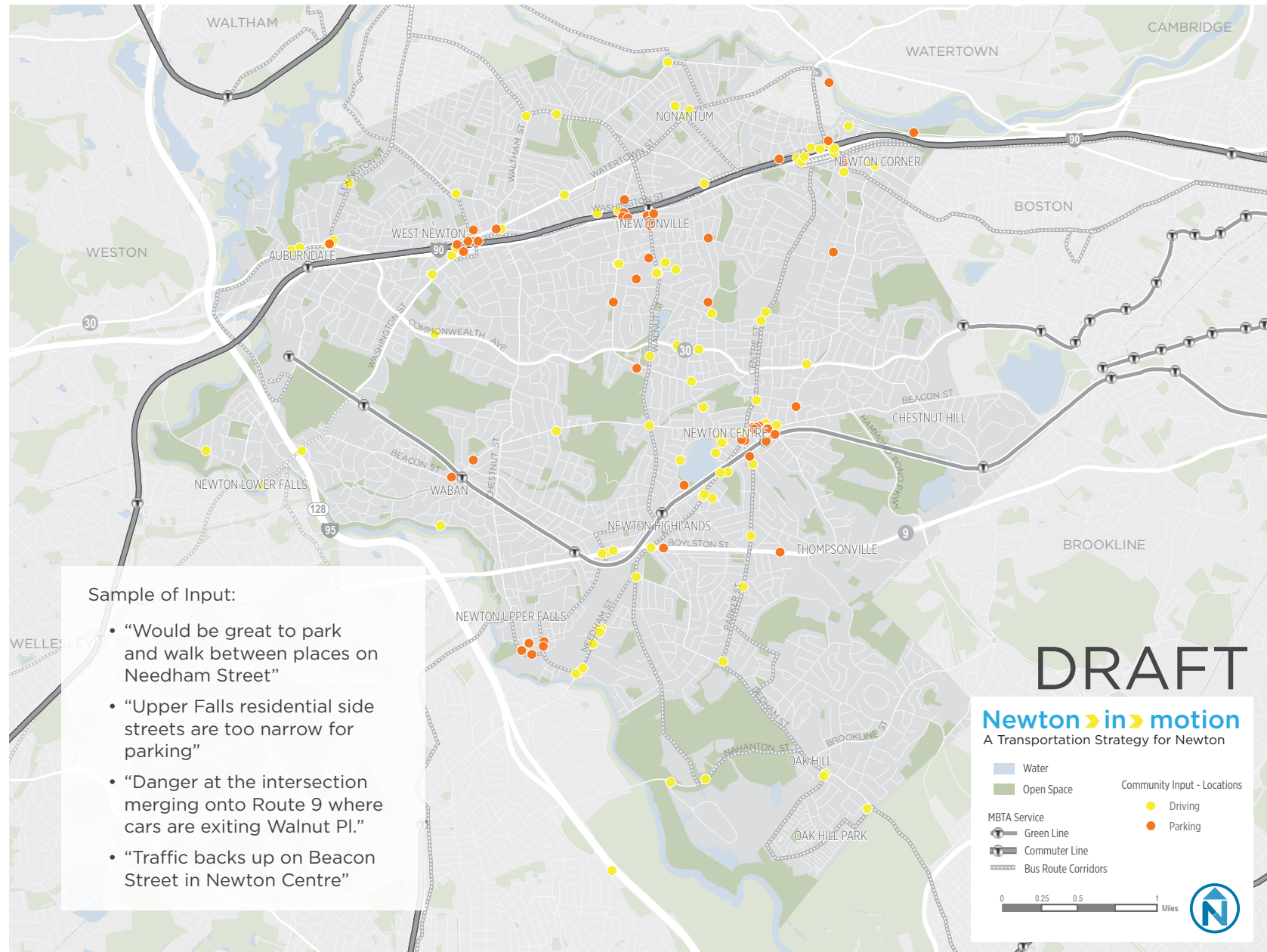
Sign-In and Sign-Up

### Biking Location Priorities: Community Input Collected Online and at Workshop

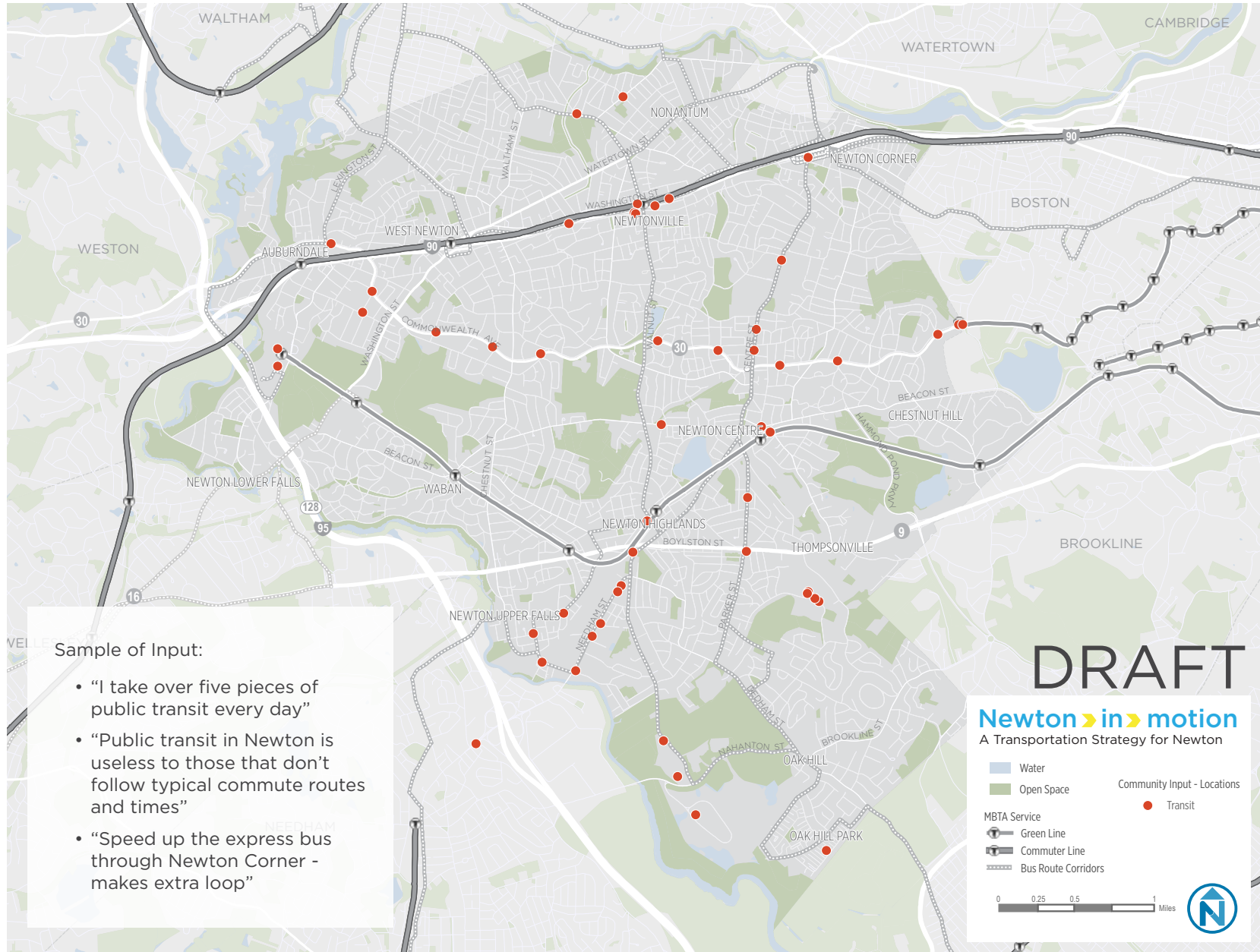
FIGURE 56 BIKING ISSUES



**Driving & Parking Location Priorities:** Community Input Collected Online and at Workshop  
**FIGURE 57 DRIVING AND PARKING ISSUES**



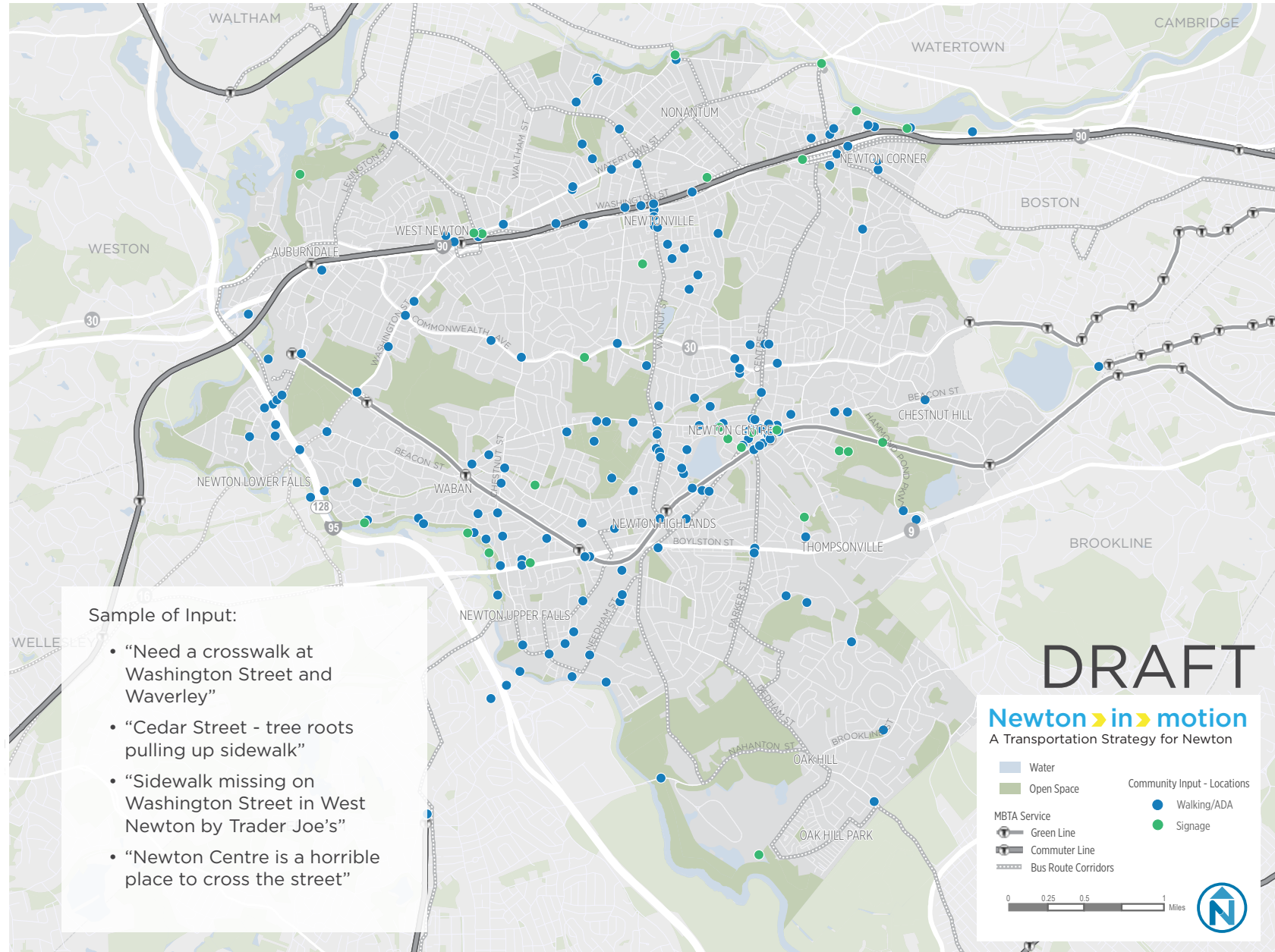
**Transit Location Priorities: Community Input Collected Online and at Workshop**  
**FIGURE 58 TRANSIT ISSUES**





### Walking Location Priorities: Community Input Collected Online and at Workshop

FIGURE 59 WALKING AND ADA ISSUES



## CITY'S TRANSPORTATION VISION AND GOALS

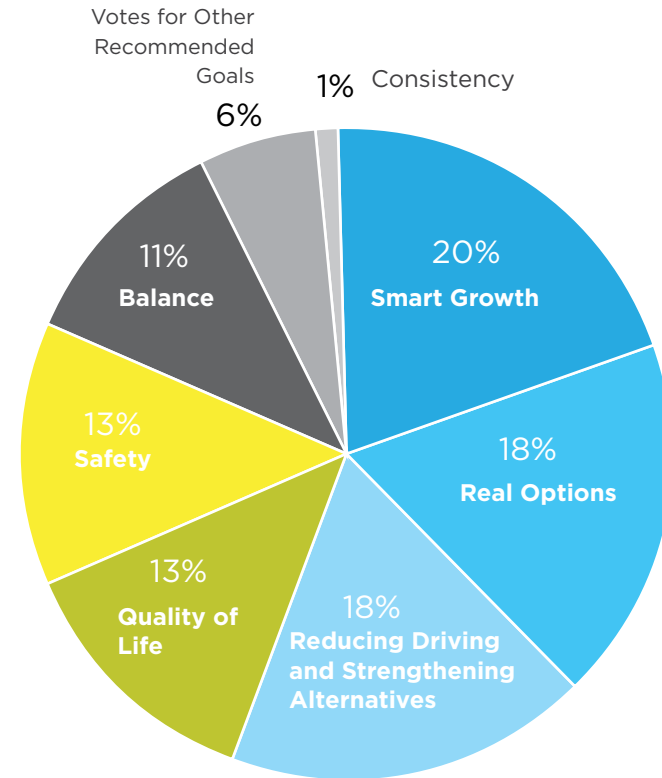
### Vision Statement DRAFT

Newton's transportation programs, projects, and policies should support economic development, champion a sustainable City, and provide equitable access for all people.

The vision for today and future transportation in Newton was developed from conversations with stakeholders, the public, and the City.

The statement is reflective of a common theme heard among all groups: the transportation system exists to serve people to get to and from the City's and region's destinations, including neighborhoods and village centers; schools, institutions, and places of work; and entertainment and recreational areas.

FIGURE 60 PERCENTAGE OF VOTES FOR EACH GOAL



## Primary Goals

Hundreds of Newton residents, employees, business owners, and others vetted, augmented, debated, and prioritized proposed transportation goals to guide the Transportation Strategy and future decision-making on transportation projects and policies. The initial transportation goals were developed by the Transportation Advisory Committee in 2011, were slightly adapted for the Transportation Strategy, and then were evaluated by the public process in February 2016.

## Top Goals

- **Smart Growth** - Transportation, planning, and land use decisions to enable more walking, biking, and use of public transportation
- **Real Options** - Provide a variety of options for getting to destinations
- **Reducing Driving and Strengthening Alternatives** - focusing on reducing motor vehicle travel

## Secondary Goals

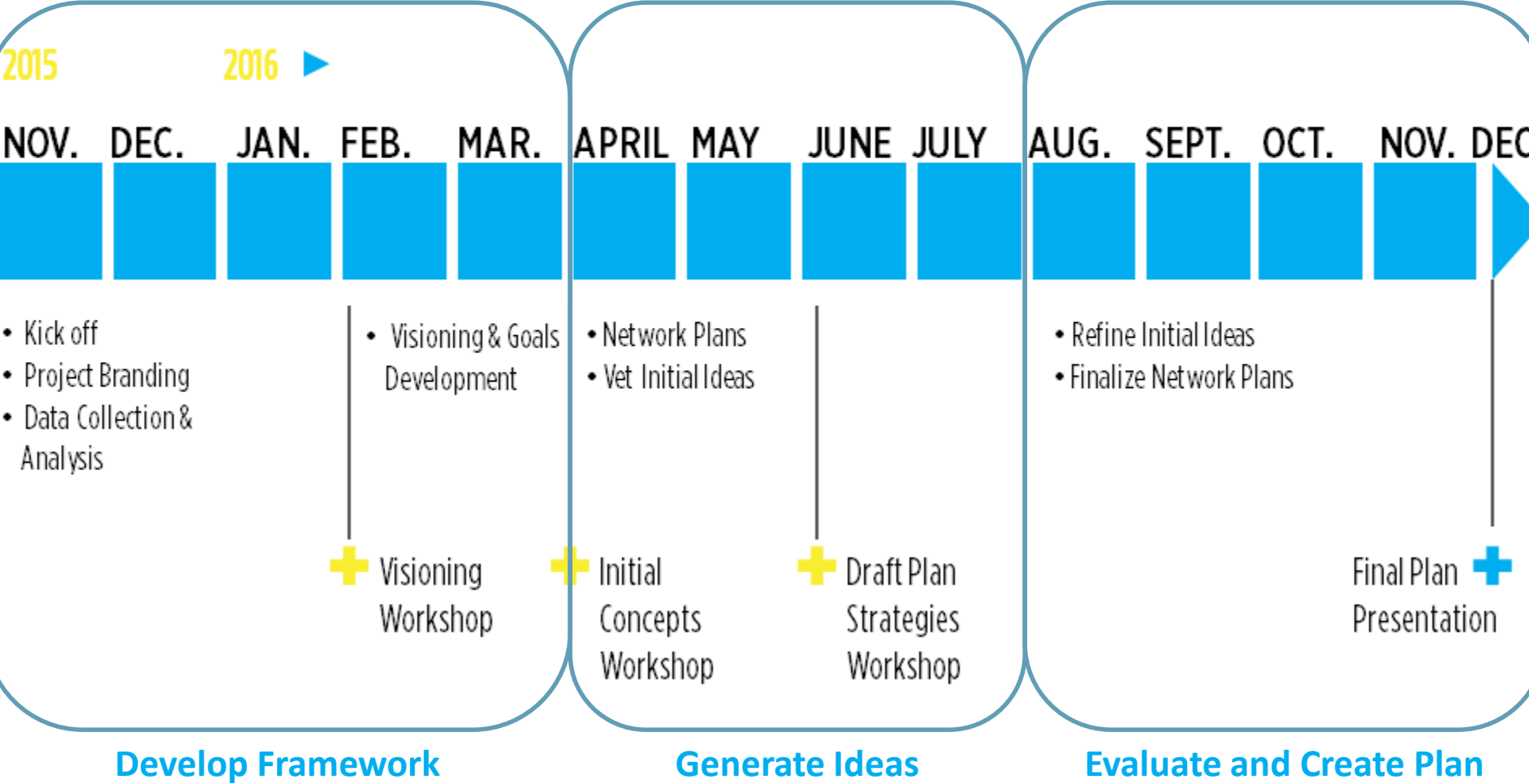
- **Quality of Life** - The experience of using the transportation system should reflect Newton's high quality of life
- **Safety** - Policies, investments, and enforcement based on "safety first"
- **Balance** - Address and improve performance across all modes of travel and balance needs of users
- **Consistency** - Transportation investment and decision-making will be consistent with plans and policies

GOAL	SAMPLE OF COMMUNITY COMMENTS ON HOW TO ACHIEVE THESE GOALS		
<b>REDUCE DRIVING AND STRENGTHEN ALTERNATIVES</b> Number of Responses: 99	“Reduce speed limits on residential streets. Focus on pedestrian safety vs. drivers / commuters trying to get through Newton Centre.”	Join the bike sharing service that is in other nearby communities and cities.	“Better plowing of sidewalks in winter...Very dangerous to walk in the winter if you have to go into the road to walk.”
<b>REAL OPTIONS</b> Number of Responses: 94	“Meaningful shuttles for intra-city short trips”	“Separated bike lanes, bike lanes connecting villages on major streets, pedestrian greenways”	“Trains that run on the tracks in our underserved transit hubs, eg Newtonville, West Newton, Auburndale”
<b>SAFETY</b> Number of Responses: 88	“There seems to be a HUGE lack of traffic enforcement when it comes to speeding and stopping at STOP signs and also for crossing guards in Newton Centre.”	“Traffic calming configurations, complete street on Washington, stricter school drop off policy”	“Fix the commuter rail station. It is not ADA-compliant. The stairs are steep and slippery in winter.”
<b>QUALITY OF LIFE</b> Number of Responses: 86	“Traffic is ruining quality of life, time suck, road rage, air pollution.”	“Clean, safe, well-lit and safe walking and biking paths.”	“Slow the growth in the city. Every development brings more cars to over crowded streets.”
<b>SMART GROWTH</b> Number of Responses: 84	“DO NOT approve or encourage large apartment complexes, even near public transit. It will not work in Newton!”	“Rezone area surrounding commuter rail and T stations to permit as of right Multifamily housing”	“Smart growth should only be used if provisions severely limit auto use or if street capacity is expanded to accommodate the added auto trips.”
<b>BALANCE</b> Number of Responses: 43	“Focus on the needs of the under-served, not the over-”cared””	“We should now invest in biking as much as we have invested in other transport (cars/bus/train)”	We need to understand that Newton is a city that is car first.
<b>CONSISTENCY</b> Number of Responses: 34	“Make the T reliable. Allow Charlie Cards on commuter rail. Add commuter rail trains.”	“Roads are so terrible in some parts of Newton, so good in others. I’d like more consistent maintenance.”	“Make these changes city-wide not just in certain villages.”

# What's Next?

- » Host demonstration project – next week! April 8-9
- » Refine Factbook and Vision Document
- » Develop project, program, and policy ideas
- » Develop metrics and targets based on goals
- » Present draft plan week of June 13

# NEWTON TRANSPORTATION STRATEGY PROJECT SCHEDULE



**Develop Framework**

**Generate Ideas**

**Evaluate and Create Plan**

# CITY OF NEWTON



## COMPLETE STREETS & COMPLETE STREETS FUNDING



*March 31, 2016*

*James D. Fitzgerald, P.E., LEED AP*  
*Director of Transportation*

**Environmental  Partners**  
**GROUP**

*A partnership for engineering solutions.*

[www.envpartners.com](http://www.envpartners.com)

# OBJECTIVES:

To gain an understanding of:

- WHAT are Complete Streets?
- WHY use them?
- What are the COMPONENTS of a Complete Street?
- How can TRAFFIC CALMING help promote safe Complete Streets?
- The Complete Streets Funding program in Massachusetts







# WHY COMPLETE STREETS?

## IMPROVES:

- " SAFETY
- " HEALTH
- " ECONOMY
- " ENVIRONMENT



# WHY COMPLETE STREETS?

## SAFETY

### **Roadway fatalities involve all modes of transportation:**

- “ 32,719 traffic fatalities in the U.S. in 2013 of which:
  - 21,132 in cars
  - 4,735 walking
  - 743 on bicycles

(National Highway Traffic Safety Administration: Fatality Analysis Reporting System 2010)

### **Many accidents take place where accommodations are not provided:**

- “ More than 40% of pedestrian deaths occur where no crosswalk are available
- (National Highway Traffic Safety Admin. Fatality Reporting System, 2007-2008)



# WHY COMPLETE STREETS?

## SAFETY

### Complete Streets contribute to improve Multi-Modal Safety



Pedestrian Fatalities decrease by

88% when  
69% when  
39% when

sidewalks are added\*  
Hybrid Signals are added\*\*  
Medians are added\*\*

\*FHWA-RD-01-101 Feb 2002

\*\*"The Many Benefits of Complete Streets" Smart Growth America March 2015

NYC: Safe Routes to School program areas

Pedestrian Injuries decrease by

44% (5-19 year olds)

(Smart Growth America, National Complete Streets Coalition, Five State Study)

Bicycle Accidents decrease by

50% when  
90% when

Bike Lane provided  
Barrier provided

"Dedicated Bike Lanes Dramatically Reduce Accidents", October 2012

*A partnership for engineering solutions.*



# WHY COMPLETE STREETS?

## HEALTH

More than 1/3 of children in U.S. are overweight or obese

**Unhealthy weight = higher risks for** diabetes, high cholesterol, high blood pressure, sleep apnea and joint problems



### Complete Streets promoted by:

- " Institute of Medicine
- " National Conference of State Legislators
- " Center for Disease Control and Prevention



More people with safe places to walk meet daily required physical activity than those without

### Risk of Obesity:

- " **Increases** 6% for each hour spent in a car
- " **Decreases** 4.8% for each additional km walked

(Obesity relationships with Community Design, Physical Activity and Time spent in cars. American Journal of Preventative Medicine 27(2))



# WHY COMPLETE STREETS?

## ECONOMY

### ***Complete Streets have proven to Stimulate local economies***

Lancaster, CA (50 businesses, 800 jobs, Sales Tax up 26%)  
(The Many Benefits of Complete Streets, Smart Growth America, 2015)

9<sup>th</sup> Ave, NYC (49% increase in retail sales)  
NYC DOT, 2012, Measuring the Street: New Metrics for 21<sup>st</sup> Century Streets

Union Square, NYC (49% decrease in commercial vacancies)  
NYC DOT, 2012, Measuring the Street: New Metrics for 21<sup>st</sup> Century Streets

Barracks Row, Washington D.C. (32 New Businesses, Sales Tax up \$80k) \$8M public investment 2003; \$8M private  
(The Many Benefits of Complete Streets, Smart Growth America, Barracks Row at 8<sup>th</sup> Street 2015)

For each \$1M invested:

Bicycle Projects... 11.4 jobs created

Pedestrian Projects... 9.6 jobs created

Auto-only Projects... 7.8 jobs created

(The Many Benefits of Complete Streets, Smart Growth America, 2015)



***PLUS save costs of unnecessary widening or maintaining unnecessarily wide roadways***



# WHY COMPLETE STREETS?

## ENVIRONMENT

Transportation accounts for nearly 1/3 of all greenhouse gas emissions

50% of all trips < 3 miles  
28% of all trips < 1 mile  
YET 60% of all trips are driven  
(National Household Travel Survey, 2009)



Switching to walking or biking for short trips...  
reduces CO<sub>2</sub> emissions by 12 to 22 mill. ton/year



# IF YOU BUILD IT, WILL THEY COME?



Infrastructure improvements and promotional programs **increase walking by 45%.**  
(Smart Growth America, National Complete Streets Coalition, Five State Study)

Improvements in 4 communities over 4 years:

- 22% increase in walking

- 49% increase in biking

- 23% increase in utilitarian trips made by foot

- 5% increase in utilitarian trips made by bike

So 16 million miles on foot or bike that would have otherwise been driven in one year

(The Many Benefits of Complete Streets, Smart Growth America, 2015)





# COMPLETE STREETS CONSIDERATIONS

” DESIGN & SPACE ALLOCATION

” MULTI-MODAL ACCOMMODATIONS

- *VEHICLE ACCOMMODATIONS*
- *BICYCLE ACCOMMODATIONS*
- *PEDESTRIAN ACCOMMODATIONS*
- *TRANSIT ACCOMMODATIONS*

” TRAFFIC CALMING



# DESIGN & SPACE ALLOCATION

*DOES ONE SIZE FIT ALL?*

*NO*



VS.



**Many influencing factors:**

- “ Right of Way
- “ Obstructions
- “ Likelihood/Prioritization of each mode
- “ The intended vision of that location
- “ Parking needs, etc.

*A partnership for engineering solutions.*



# DESIGN & SPACE ALLOCATION

## "CONTEXT SENSITIVE DESIGN"

*CHANGE FROM...*

*CONVENTIONAL DESIGN*

*"DESIGN FROM THE INSIDE OUT"*



*ADD UP (WIDE) TRAVEL LANE, RUN OUT OF R.O.W.  
RESULT: PREDOMINANTLY VEHICULAR ACCOMMODATIONS*

*A partnership for engineering solutions.*



# DESIGN & SPACE ALLOCATION

"CONTEXT SENSITIVE DESIGN"

TO...

*COMPLETE STREETS DESIGN*  
*"DESIGN FROM THE OUTSIDE IN"*



*ADD UP DESIRABLE ELEMENTS THAT CAN FIT IN R.O.W.*  
*RESULT: **BALANCED** MULTI-MODAL DESIGN*

*A partnership for engineering solutions.*



# MULTI-MODAL ACCOMMODATIONS

- *VEHICLE ACCOMMODATIONS*
- *BICYCLE ACCOMMODATIONS*
- *PEDESTRIAN ACCOMMODATIONS*
- *TRANSIT ACCOMMODATIONS*



# VEHICLES

*EXCESSIVE WIDTH INCREASES SPEED*



**Range of Travel Lane Widths (In Feet)**

Area Type	Roadway Type			
	Freeways	Arterials <sup>1</sup>	Collectors <sup>2</sup>	Local Roads
Rural Natural	12	11 to 12	10 to 12	9 to 12
Rural Developed	12	11 to 12	10 to 12	9 to 12
Rural Village	N/A	11 to 12	10 to 12	9 to 12
Suburban Low Density	12	11 to 12	10 to 12	9 to 12
Suburban High Density	12	11 to 12	10 to 12	9 to 12
Suburban Village/Town Center	N/A	11 to 12	10 to 12	9 to 12
Urban	12	11 to 12	10 to 12	9 to 12

<sup>1</sup> Lane widths less than the values shown above may be used if a design exception is obtained. See Chapter 2 for a description of the design exception procedure. Situations where narrower lanes may be considered are described below.

<sup>2</sup> Minimum 11-foot lanes are required for design speeds of 45 miles per hour or greater.

N/A Not Applicable

Source: Adapted from A Policy on Geometric Design of Highways and Streets, AASHTO 2004, Chapter 4 Cross-Section Elements.

(MASSDOT PROJECT DEVELOPMENT AND DESIGN GUIDE – 2006)

*A partnership for engineering solutions.*



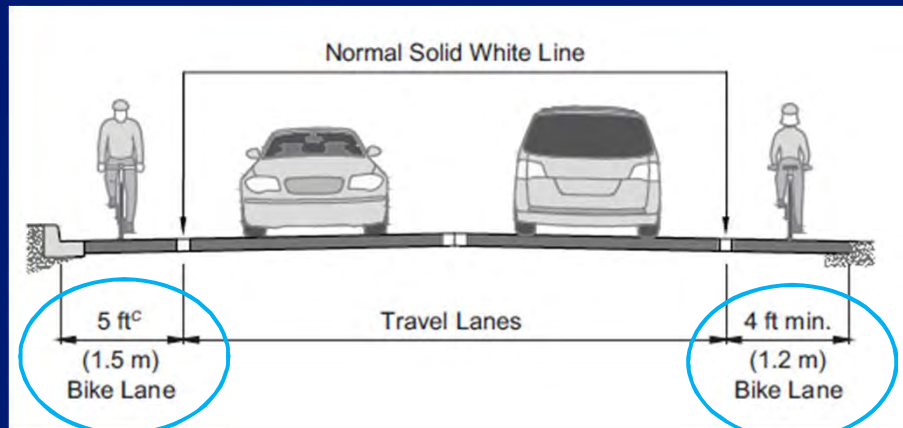
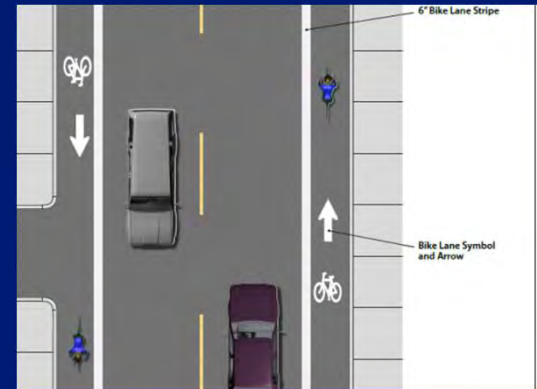
# BICYCLE

## LANES (*WITHOUT* PARKING)



### In locations with:

- “ High level of vehicle/bike activity
- “ Speed differential between vehicle/bike users is large



(AASHTO – GUIDE FOR THE DEVELOPMENT OF BICYCLE FACILITIES – 2012)

### Bicycle Lane Dimensions:

**AASHTO:** 4' min. when adjacent to edge of pavement;  
5' min. when adjacent to curbside parking,  
vertical curb, or guardrail

**MassDOT:** 5' min. **Regardless**  
(<5' require Design Except.)  
(MassDOT Engineering Directive E-14-006)

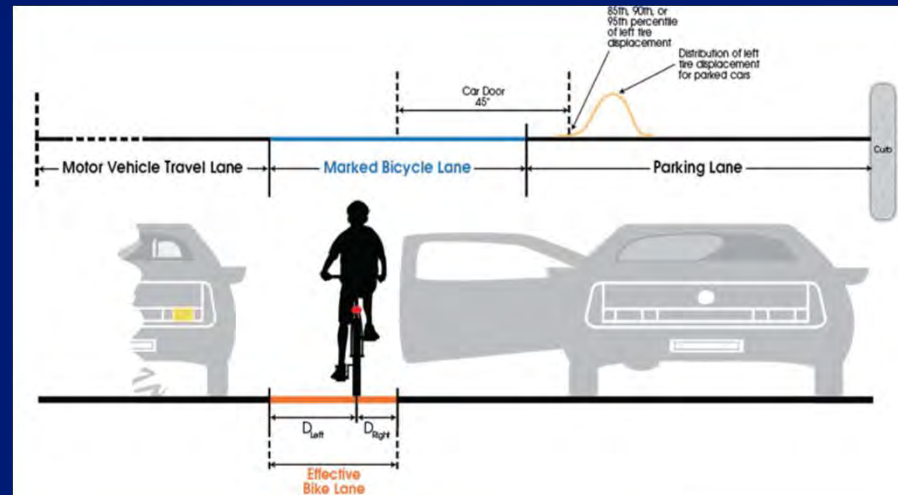
**MassDOT:** Required both sides for arterials and collectors

(MassDOT Engineering Directive E-14-006)

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# BICYCLE LANES (*WITH* PARKING)



NATIONAL COOPERATIVE HIGHWAY RESEARCH PROGRAM (NCHRP) REPORT 766





# BICYCLE LANES (*WITH* PARKING)

## BUFFERED BIKE LANE



Table 19. Suggested lane widths for urban and suburban two-lane undivided roadways with on-street parking and constrained roadway widths.

Widths (ft)—One Direction of Travel						Curb to Curb (ft)	Travel Conditions <sup>1</sup>
Parking Lane	Buffer	Bike Lane	Buffer	Travel Lane	Curb to CL		
8	3 <sup>*</sup>	4	2	10	27	54	All conditions
7	3 <sup>*</sup>	4	2	10	26	52	All conditions
7	2 <sup>*</sup>	4	2	10	25	50	High volume or high truck percentage
7	3	5	0	10	25	50	Low volume and low truck percentage
7	1.5	4	1.5	10	24	48	High volume or high truck percentage
7	3	4	0	10	24	48	Low volume and low truck percentage
7	2	5	0	10	24	48	Low volume and low truck percentage
7	2	4	0	10	23	46	All conditions
7	0	5	0	10	22	44	All conditions
7	1 <sup>**</sup>	4	0	10	22	44	All conditions

<sup>\*</sup> May consider combining buffers to create a 4-ft buffer between parking and bike lanes.

<sup>\*\*</sup> Caution that striping of double white lines may cause confusion.

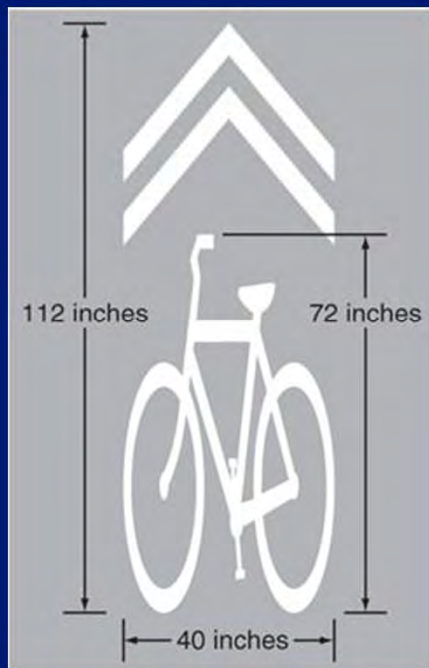
<sup>1</sup> The suggested threshold for distinguishing between low and high traffic volume is 20,000 vpd, and the suggested threshold for distinguishing between low and high truck percentage is 10% trucks in the vehicle mix.

Note: CL = center line.



# BICYCLE SHARED USE LANES

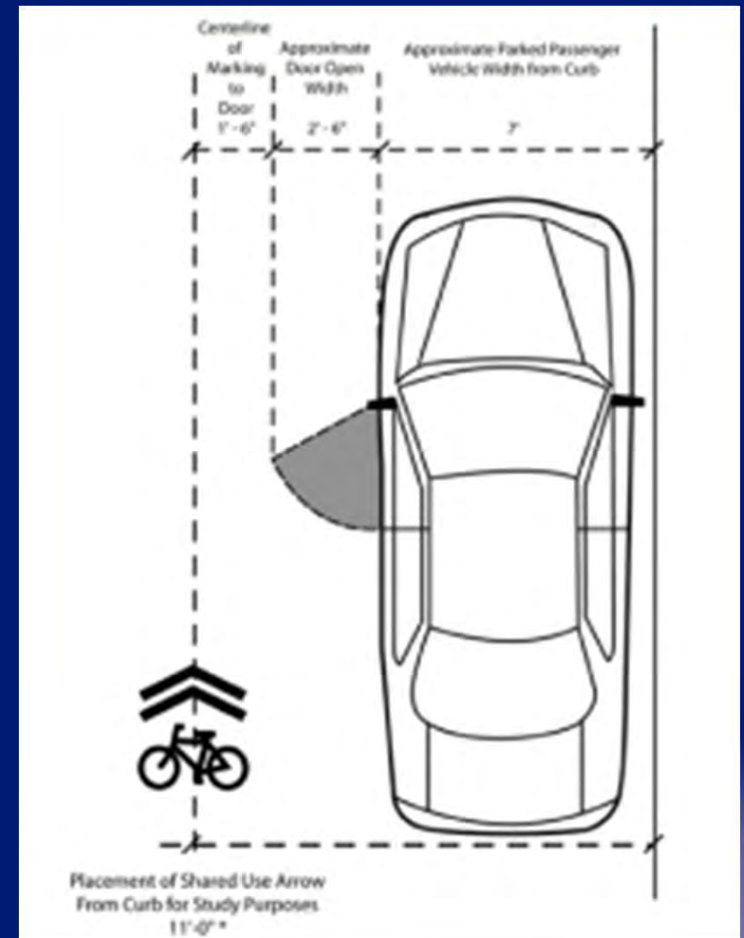
- “ Speed limit 35 mph and under  
*AASHTO “Guide for the Development of Bicycle Facilities”, 2012*
- “ Low/Moderate volumes
- “ Constrained locations, not room for bike lanes  
*(variance req'd for MassDOT projects)*
- “ Consider “*Sharrow*” pavement markings



# BICYCLE SHARED USE LANES

## Sharrow Pavement Markings:

- “ Pavement Markings that highlight Shared Lanes for Vehicles and Bicyclists
- “ Assists bicyclists with lateral positioning (avoids impacts of open doors of parked vehicles and keeps bicyclists in proper location)

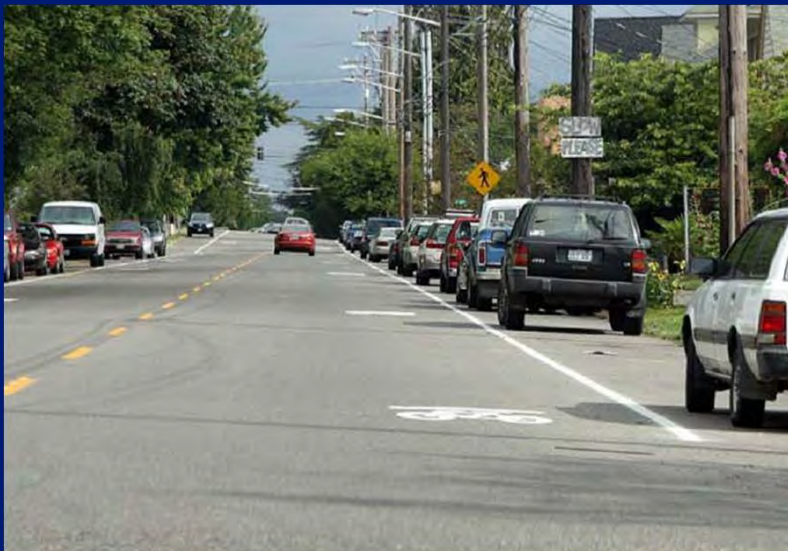


# BICYCLE SHARED USE LANES

## Sharrow Pavement Markings:

“ Studies show:

- ❑ *increases distance cyclist to parked car*
- ❑ *increases distance motorist to cyclist*
- ❑ *reduces cyclists on sidewalks*
- ❑ *reduces wrong way cyclists*



### SPACING:

- quiet location with wide lanes=250' or more
- busy street with narrow lanes=100' or less

# BICYCLE SEPARATED BICYCLE LANE (FORMERLY KNOWN AS CYCLE TRACK)

*An exclusive bike facility separated from pedestrian traffic and physical (vertical) separation from vehicles*

*FHWA: Separated Bicycle Guidelines (May 2015)*



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# BICYCLE SEPARATED BICYCLE LANE (FORMERLY KNOWN AS CYCLE TRACK)



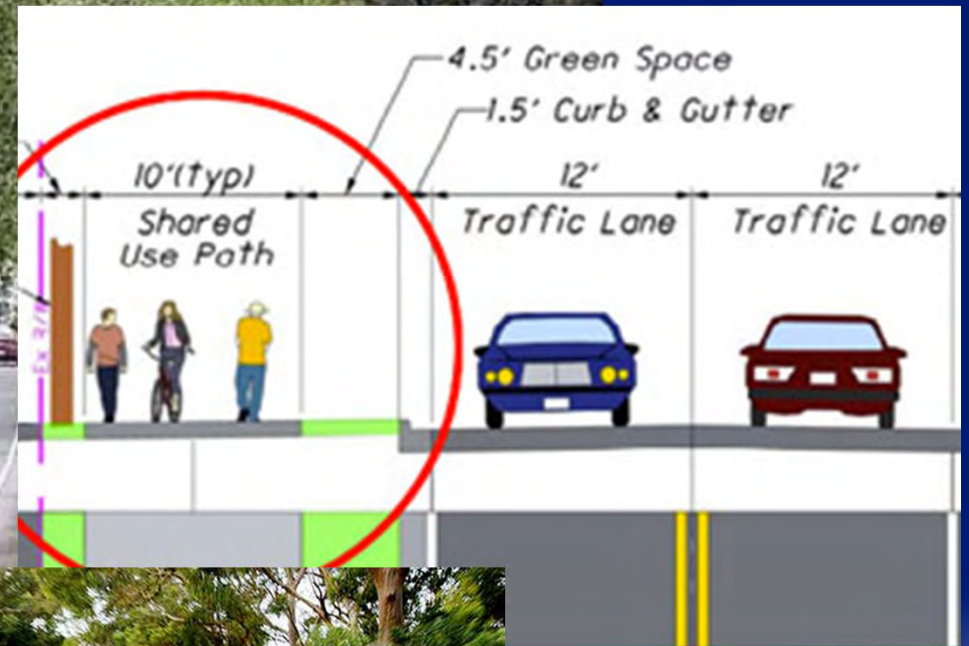
ONE-WAY CYCLE TRACK 9TH AVENUE, NYC

TWO-WAY CYCLE TRACK 15<sup>TH</sup> ST, WASHINGTON, DC

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# BICYCLE / PEDESTRIAN SHARED USE PATH



# PEDESTRIANS



CONTINUOUS ACCOMMODATIONS





# PEDESTRIANS

## Sidewalk Width Requirements:

### Architectural Access Board(AAB) 521 CMR:

“ 4'-0" minimum excluding curb

### Americans with Disabilities Act (ADA) Guidelines:

“ passing areas of 5'-0"x5'-0" is provided every 200 feet

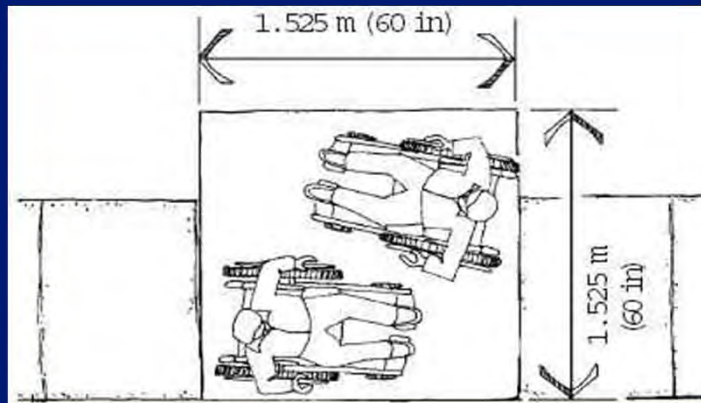
“ 3'-0" Minimum Unobstructed clear path

### MassDOT (Engineering Directive E-12-005):

“ Same as AAB and ADA **EXCEPT** 5'-0" minimum excluding curb stone (recommended)

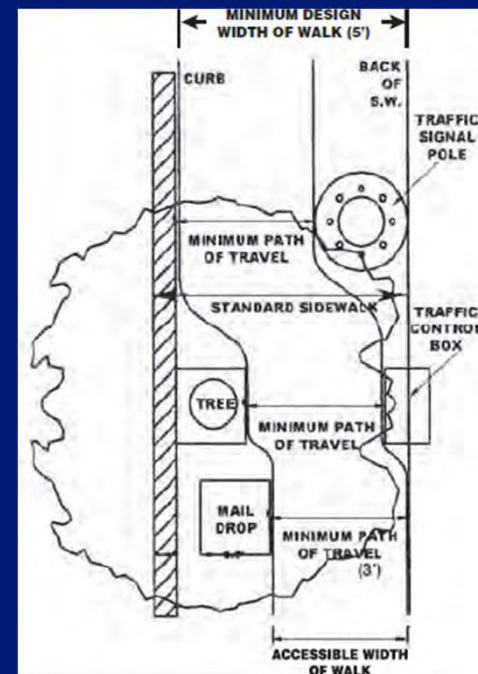
-4'-0" sidewalk requires a variance

-Sidewalks req'd **BOTH SIDES** (for MassDOT)



AMERICANS WITH DISABILITIES ACT (ADA) GUIDELINES

### PASSING AREA



(MASSDOT PROJECT DEVELOPMENT AND DESIGN GUIDE – 2005)



# PEDESTRIANS



HANDICAP ACCESSIBLE FEATURES



# PEDESTRIANS



**PEDESTRIAN FEATURES**  
(BENCHES, TRASH RECEPTACLES,  
TREES/PLANTINGS)



**ACCESSIBLE PEDESTRIAN SIGNALS (APS)**  
(COUNTDOWNS, AUDIBLE, ETC.)



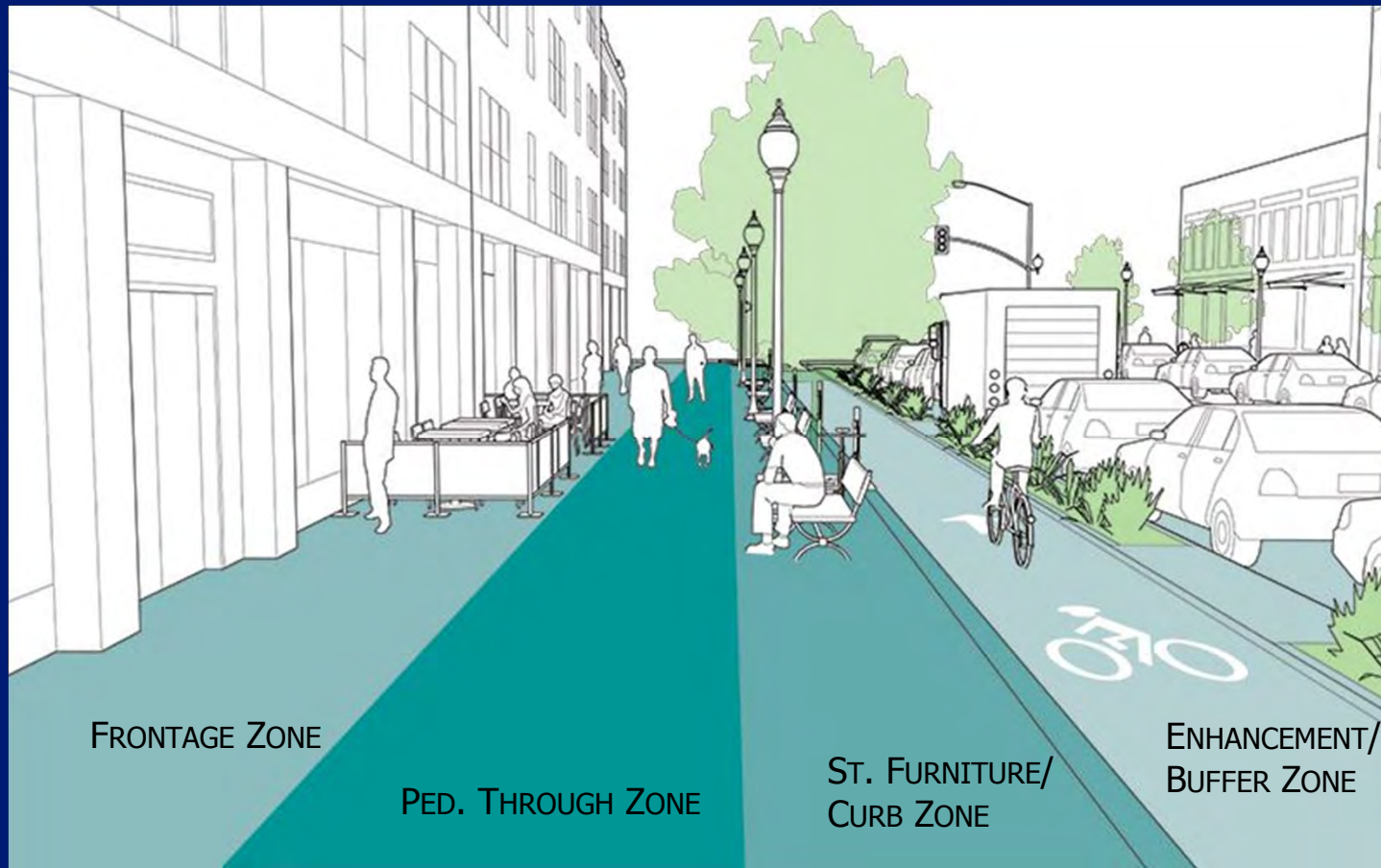
**HIGHLY VISIBLE  
CROSSWALKS**



**STREET LIGHTING**



# PEDESTRIANS



NATIONAL ASSOCIATION OF CITY TRANSPORTATION OFFICIALS  
(NACTO) URBAN STREET DESIGN GUIDE



# TRANSIT



## *Bus stop Dimensions:*

### Transportation Research Board (TRB):

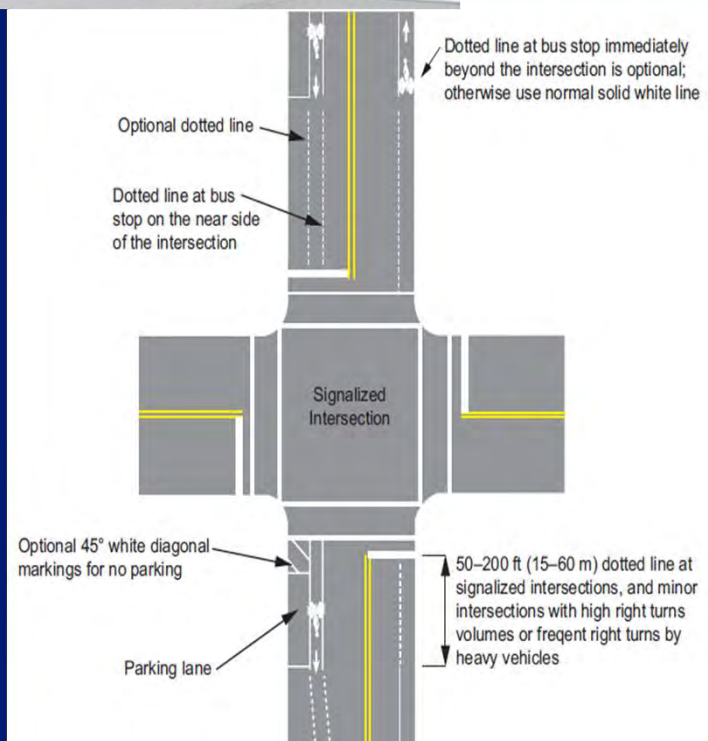
- “ At Mid-Block = 150’
- “ Far-Side Corner = 90’
- “ Near-Side Corner = 100’

### MassDOT (Design Guide):

- “ At Mid-Block = 80’ Min.
- “ At Intersection = 60’ Min.

### Boston (Complete Street Guide):

- “ At Mid-Block = 130’
- “ Far-Side Corner = 80’
- “ Near-Side Corner = 100’



(AASHTO, GUIDE FOR THE DEVELOPMENT OF BICYCLE FACILITIES , 2012)

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# TRANSIT



ADA COMPLIANT PROVISIONS



# TRANSIT

BUS PULL-OUT LANES



SCHEDULES & ROUTES



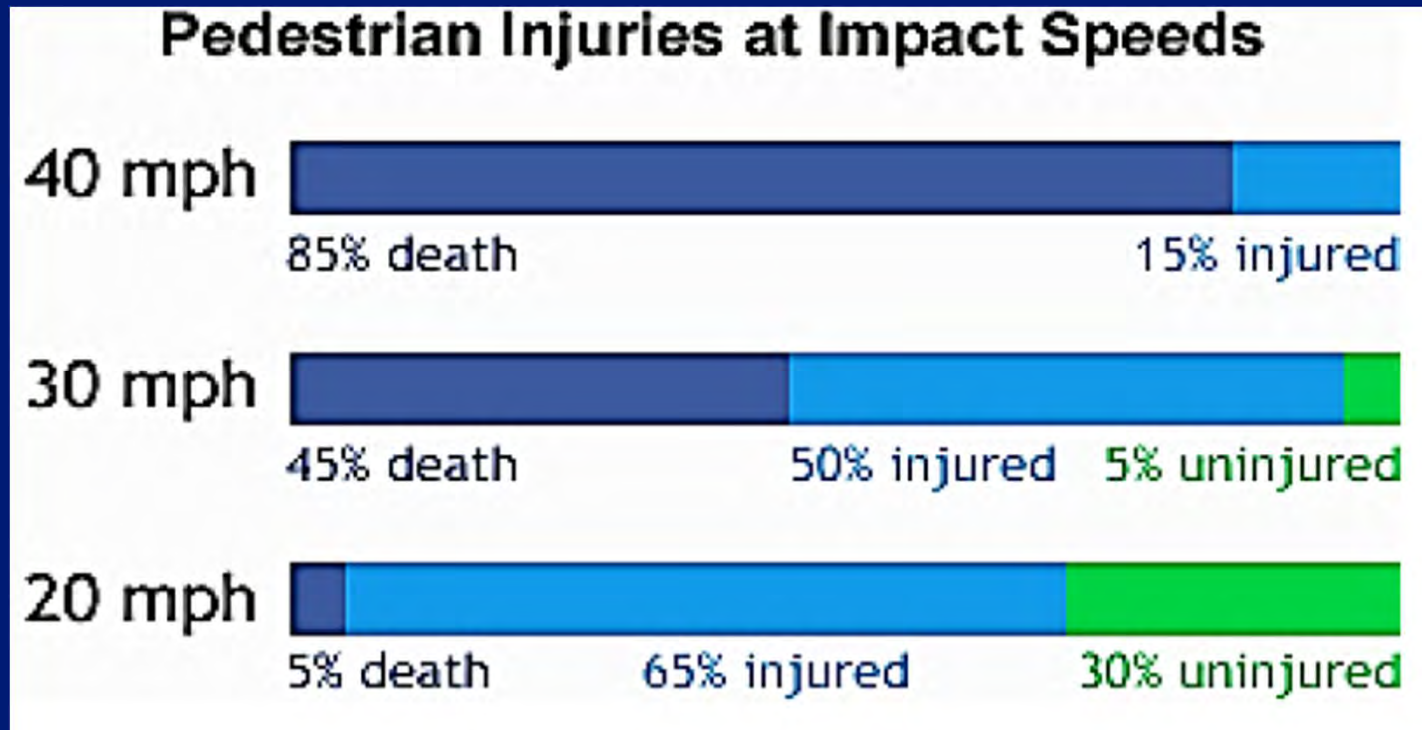
SIGNAGE: BUS STOP SIGN



# TRAFFIC CALMING

*can improve safety on Complete Streets*

**SLOWER VEHICULAR SPEEDS = IMPROVED SAFETY**



MASSDOT: COMPLETE STREET DESIGN PRESENTATION

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# TRAFFIC CALMING

*"A strategy to introduce self-enforcing capacity and speed reduction" along the appropriate roads.*

(Traffic Calming Guidelines, New England ITE Technical Committee, November 2000)

## BALANCE

Retain  
Mobility



Reduce  
Travel  
Speeds

*Keeping the right traffic on the right roads...*



# TRAFFIC CALMING

**Traffic Calming** examples that promote **Complete Streets**:

- “ Bump-Outs / Curb Extensions
- “ Median Island / Gateway treatment
- “ Road Diet
- “ Raised Intersection / Raised Crosswalk
- “ Roundabout
- “ Etc.



# TRAFFIC CALMING

## BUMPOUTS / CURB EXTENSIONS



Infrastructure	Description	Median	Average	Minimum Low	Maximum High	Cost Unit	Number of Sources (Observations)
Curb Extension	Curb Extension/ Choker/ Bulb-Out	\$10,150	\$13,000	\$1,070	\$41,170	Each	19(28)

COSTS FOR PEDESTRIAN AND BICYCLISTS INFRASTRUCTURE IMPROVEMENTS, UNIV. OF NORTH CAROLINA, OCT. 2013

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# TRAFFIC CALMING

## MEDIAN ISLANDS / GATEWAY TREATMENT



COMPLETE STREETS, HART- PROMOTING SUSTAINABLE TRANSPORTATION, HUNTERDON COUNTY, NEW JERSEY

Infrastructure	Description	Median	Average	Minimum Low	Maximum High	Cost Unit	Number of Sources (Observations)
Island	Median Island	\$10,460	\$13,520	\$2,140	\$41,170	Each	17 (19)

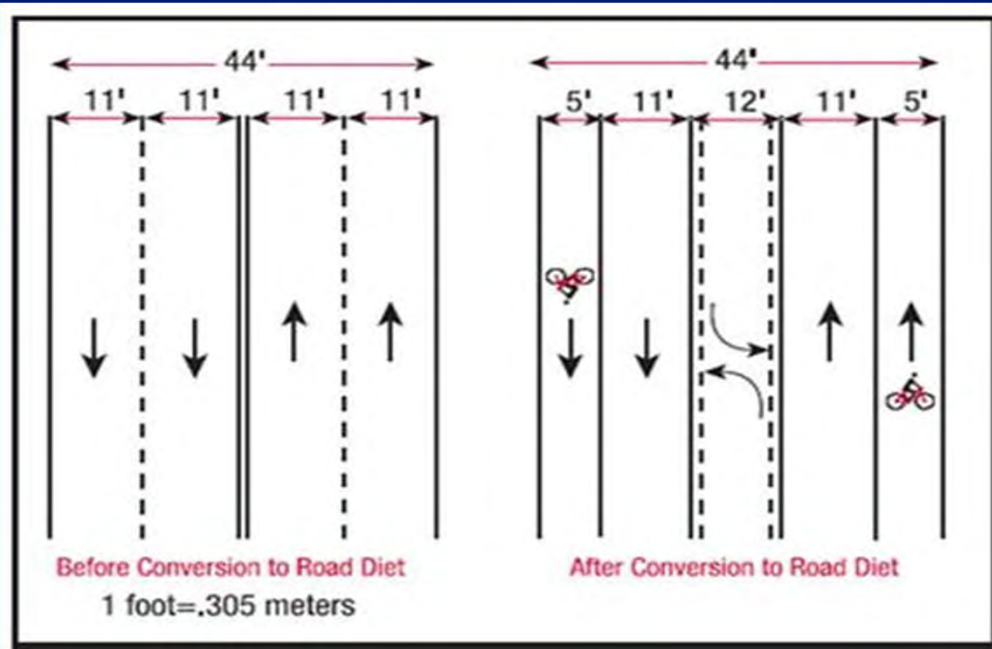
COSTS FOR PEDESTRIAN AND BICYCLISTS INFRASTRUCTURE IMPROVEMENTS, UNIV. OF NORTH CAROLINA, OCT. 2013

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# TRAFFIC CALMING

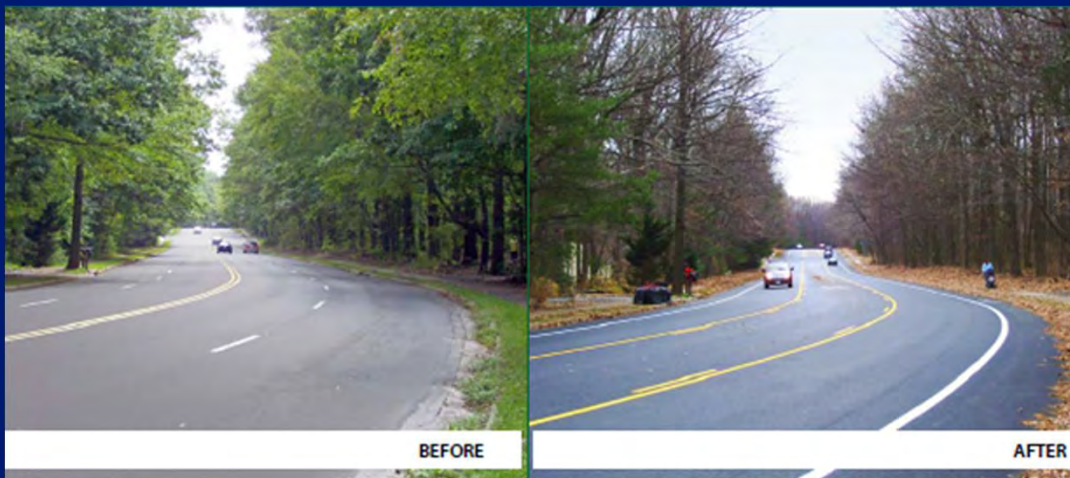
## ROAD DIET



Road Diet Crash Reduction Impacts (Seattle DOT)

Roadway Location	Date Change	ATD Before	ADT After	Collision Reduction
Greenwood Ave N, N 80th St to N 50 <sup>th</sup>	April 1995	11,872	12,427	24 to 10 (58%)
N 45th Street, Wallingford Area	December 1972	19,421	20,274	45 to 23 (49%)
8th Ave NW, Ballard Area	January 1994	10,549	11,858	18 to 7 (61%)
Martin Luther King Jr Way, North of 90	January 1994	12,336	13,161	15 to 6 (60%)
Dexter Ave N, Queen Ann Area	June 1991	13,606	14,949	19 to 16 (59%)
24th Ave NW, NW 85th to NW 65th	October 1995	9,727	9,754	14 to 10 (28%)

Streetscape Improvements- Enhancing Urban Roadway Design, Victoria Transport Policy Institute, April 2015



### Consider when:

- " <20,000 vpd
- " Significant left turns
- " Significant bikes in lanes
- " Minimal impacts to transit
- " Engineering Study performed



# TRAFFIC CALMING

## RAISED INTERSECTION / CROSSWALK



Infrastructure	Description	Median	Average	Minimum Low	Maximum High	Cost Unit	Number of Sources (Observations)
Raised Crossing	Raised Intersection	\$59,160	\$50,540	\$12,500	\$114,150	Each	5 (5)

COSTS FOR PEDESTRIAN AND BICYCLISTS INFRASTRUCTURE IMPROVEMENTS, UNIV. OF NORTH CAROLINA, OCT. 2013

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# TRAFFIC CALMING ROUNABOUT



Infrastructure	Description	Median	Average	Minimum Low	Maximum High	Cost Unit	Number of Sources (Observations)
Roundabout/ Traffic Circle	Roundabout/ Traffic Circle	\$27,190	\$85,370	\$5,000	\$523,080	Each	11 (14)

COSTS FOR PEDESTRIAN AND BICYCLISTS INFRASTRUCTURE IMPROVEMENTS, UNIV. OF NORTH CAROLINA, OCT. 2013

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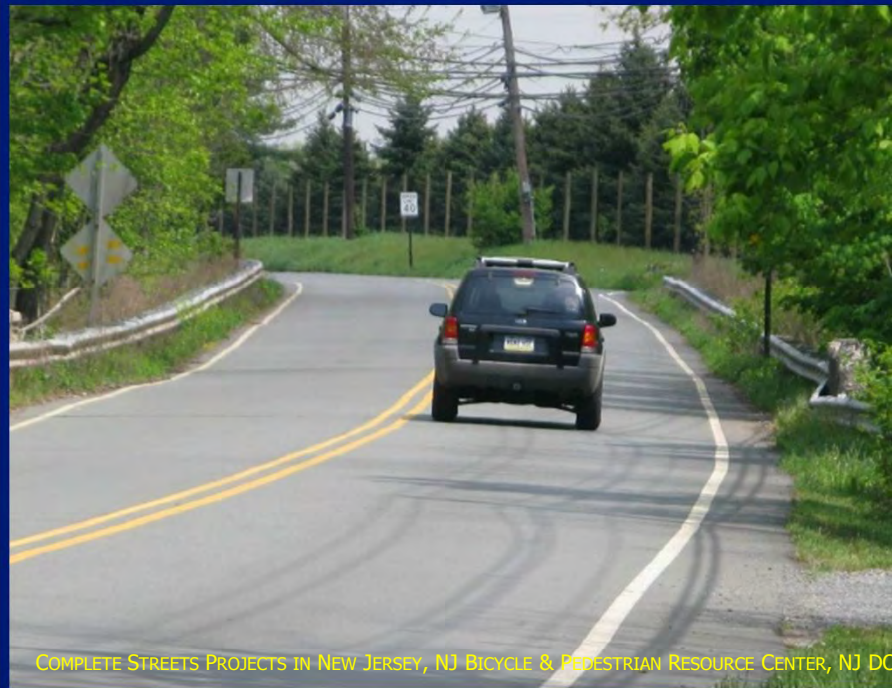
# IDENTIFYING REALISTIC OPPORTUNITIES



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COMPLETE STREETS PROJECTS IN NEW JERSEY, NJ BICYCLE & PEDESTRIAN RESOURCE CENTER, NJ DOT



NORTH HIGH ST., HOLYOKE, MA



MASS AVE., LEXINGTON, MA



INSIDE OF KNOXVILLE- YOUR URBAN CONNECTION, COMPLETE STREETS, OCT., 2014



SMART GROWTH AMERICA, OCT. 2011



After

07/31/2006





COMPLETE STREETS PROJECTS IN NEW JERSEY, NJ BICYCLE & PEDESTRIAN RESOURCE CENTER, NJ DOT



TIGHTER CURB RADII = SHORTER CROSSING DISTANCE



# SUPPORT & FUNDING



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# STATE SUPPORT



2006 ADOPTS COMPLETE STREETS APPROACH & CONTEXT SENSITIVE DESIGN



2010 MASSDOT LAUNCHED ITS GREENDOT POLICY ESTABLISH GOALS FOR PROMOTING SUSTAINABILITY IN TRANSPORTATION



2013 MASSDOT'S HEALTHY TRANSPORTATION POLICY

"IMPLEMENTATION AND MAINTENANCE OF TRANSPORTATION NETWORKS THAT SERVE ALL MODE CHOICES"

"WALKING, BICYCLING AND TAKING TRANSIT" FOR MASSDOT FUNDED OR DESIGNED PROJECTS

[HTTPS://WWW.MASSDOT.STATE.MA.US/PORTALS/0/DOCS/GREENDOT/DIRECTIVEHEALTHYTRANSPORTATION.PDF](https://www.massdot.state.ma.us/portals/0/docs/greendot/directivehealthytransportation.pdf)

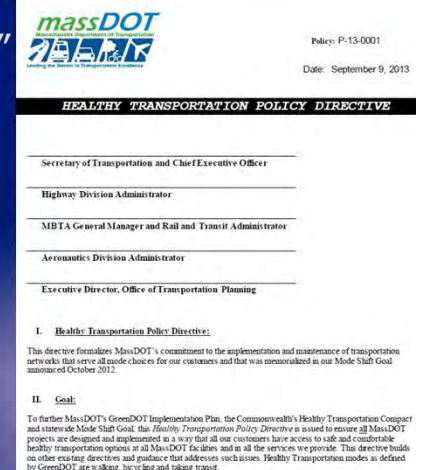


2014 MASSDOT'S HEALTHY TRANSPORTATION ENGINEERING DIRECTIVE

IDENTIFIES NEW CONTROLLING CRITERIA FOR PED. & BIKE ACCOMMODATIONS

FOR MASSDOT FUNDED OR DESIGNED PROJECTS

[HTTPS://WWW.MASSDOT.STATE.MA.US/PORTALS/0/DOCS/GREENDOT/DIRECTIVEHEALTHYTRANSPORTATION.PDF](https://www.massdot.state.ma.us/portals/0/docs/greendot/directivehealthytransportation.pdf)



# STATE SUPPORT



2014 ADOPTS **DIRECTIVE EX.O.-31**



2012 ADOPTS **POLICY DIRECTIVE**



2012 ADOPTS **COMPLETE STREETS GUIDANCE**



2014 ADOPTS **COMPLETE STREETS POLICY**  
*(FORMALIZING PRACTICES)*



*(CURRENTLY ESTABLISHING POLICY)*

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# LOCAL SUPPORT

## "Complete Streets Policy":

" Establish a process for *selecting* complete streets  
*funding*  
*planning*  
*designing*  
*building*

" Provide a *realistic approach* to create a continuous network of multimodal accommodations during rehabilitation

So far, 712 jurisdictions nationwide have C.S. Policies (states, MPOs, counties, & municipalities including 20 in MA)

National Complete Streets Coalition ranks policies 2014 nationwide top 10 (in New England) include:

- " Acton, MA
- " Middleton, MA
- " Reading, MA
- " Salem, MA
- " Stoughton, MA

Town of Acton <b>COMPLETE STREET POLICY</b>	
Effective Date	July 28, 2014
Exp	
Date	
Plan	
Site	

TOWN OF NATICK <b>COMPLETE STREETS POLICY</b> APPROVED March 23, 2015	
---	--

Town of Stoughton <b>COMPLETE STREET POLICY</b>	
Effective Date	10/7/14
Expiration	
Date Last	
Planning E	
Selectme	

City of Salem <b>COMPLETE STREET POLICY</b>	
Effective Date	June 28, 2014
Expiration Date	None
Date Last Revised	
City Council Vote to Adopt Resolution	June 27, 2014

**COMPLETE STREETS POLICY**

Vision and Purpose:  
 The 8 square miles of land within Salem's borders contains neighborhoods, parks and schools, a lively, busy downtown and transit connections to Boston via bus, rail and ferry. Negotiating routes had one thing in common, eighteenth and nineteenth century is challenging for twenty-first century residents and visitors, whether they're traveling by car, bus, bike or other means. A Complete Streets policy aims to make it easy to choose, for any given trip, how to get where you are going.

Complete Streets are designed and operated to provide safety, comfort, and accessibility for all the users of our streets, trails, and transit systems, including pedestrians, bicyclists, transit riders, motorists, commercial vehicles, and emergency vehicles and for people of all ages, abilities, and income levels. Furthermore, Complete Streets principles contribute toward the safety, health, economic viability, and quality of life in a community by improving the pedestrian and vehicular environments in order to provide, safe, accessible, and comfortable means of travel between home, school, work, recreation, and retail destinations. Complete Streets also furthers equity objectives by providing safe forms of travel for Salem residents of all income levels. The purpose of the City of Salem's Complete Streets Policy, therefore, is to accommodate all road users by creating a roadway network that meets the needs of individuals utilizing a variety of transportation modes. It is the intent of the City of Salem to formalize the plan, design, operation, and maintenance of streets so that they are safe for users of all ages, all abilities and all income levels as a matter of course. This Policy directs decision-makers to consistently plan, design, construct, and maintain streets to accommodate all anticipated users including, but not limited to pedestrians, bicyclists, motorists, emergency vehicles, and freight and commercial vehicles.

Core Commitment:  
 The City of Salem recognizes that users of various modes of transportation, including, but not limited to, pedestrians, cyclists, transit and school bus riders, motorists, delivery and service personnel, freight haulers, and emergency responders are legitimate users of roadways and deserve safe facilities. "All Users" includes users of all ages, abilities, and income levels.

The City recognizes that all roadway projects - including new construction, maintenance and reconstruction - are potential opportunities to apply Complete Streets design principles. The City will, to the maximum extent practical, design, construct, maintain, and operate all streets to provide for a comprehensive and integrated street network of facilities for people of all ages and abilities.

Complete Streets design recommendations shall be incorporated into all publicly and privately funded projects, as appropriate. All transportation infrastructure and street design projects requiring funding or approval by the City of Salem, as well as projects funded by the State and Federal government, including but not limited to Chapter 90 funds, City improvement grants, Transportation Improvement Program (TIP), the MassWorks Infrastructure Program, Community Development Block Grants (CDBG), Capital Funding, and other state and federal funds for street and infrastructure design shall adhere to the City of Salem Complete Streets Policy. Private developments and related roadway design components





# LOCAL SUPPORT

## Establishing a "Complete Streets Policy":

### " Vision and Purpose

### " Core Commitment

- to look for opportunities where multi-modal accommodations can be provided
- Not where costs or impacts outweigh the need or use

### " Best Practices

- Identify reference documents and design standards

### " Implementation

- Can establish individuals responsible to increase communication and oversee
- Highlight/prioritize projects needed for continuous accommodations

### " Evaluation of Effectiveness

- Periodic review of progress

[www.smartgrowthamerica.org](http://www.smartgrowthamerica.org)

The image shows three overlapping document pages, each representing a local government's 'Complete Streets Policy'. The top page is from the Town of Acton, dated July 28, 2014. The middle page is from the Town of Natick, approved March 23, 2015. The bottom page is from the City of Salem, dated June 27, 2014. Each page includes a title, effective date, expiration date, and a 'Vision and Purpose' section. The 'Vision and Purpose' sections describe the goal of providing safe, accessible, and comfortable travel for all users, including pedestrians, cyclists, transit users, and commercial vehicles. The 'Core Commitment' sections outline the city's or town's responsibility to maintain and improve the street network to accommodate all users.

Adopt by town officials (voted by Selectmen, City Council, etc.)

A partnership for engineering solutions.



# FUNDING

## MA: "COMPLETE STREETS FUNDING"

- ❖ *\$12.5 million to be spent over the next two years (2016 – 2017)*
- ❖ *Provides incentive for municipalities to incorporate Complete Streets using a strategic and comprehensive approach*



# FUNDING

## MA: "COMPLETE STREETS FUNDING"

### Eligible projects: *(partial list)*

#### " Traffic & Safety

- Traffic calming measures
- Intersection improvements
- Pavement markings/signs
- Widening/curbing

#### " Transit Facilities

- Bus pull out areas
- Transit shelter

#### " Pedestrian Facilities

- New sidewalks/repairs
- Crossings/bumpouts
- Wheelchair ramps
- Pedestrian signals

#### " Bicycle Facilities

- Bicycle lanes or separated bicycle lanes
- Shared lanes (sharrows)
- Bicycle parking



# FUNDING

## MA: "COMPLETE STREETS FUNDING"

### Prioritization Plan:

Take a holistic view of existing Complete Streets accommodations & needs:

- " *Identify gaps in accommodations*
- " *Develop a hierarchy of funding priorities that align with:*
  - *Locations of significance (schools, recreational areas, etc.)*
  - *local plans*
  - *roadway work*
- " *Establish construction costs and schedules*





***Thank you!***

***James D. Fitzgerald, P.E., LEED AP  
Environmental Partners Group, Inc.***

***617-657-0256  
[jdf@envpartners.com](mailto:jdf@envpartners.com)***

*A partnership for engineering solutions.*



# What is a transportation demonstration project?

- » Short-term
- » Test of ideas
- » Movable parts
- » National practice



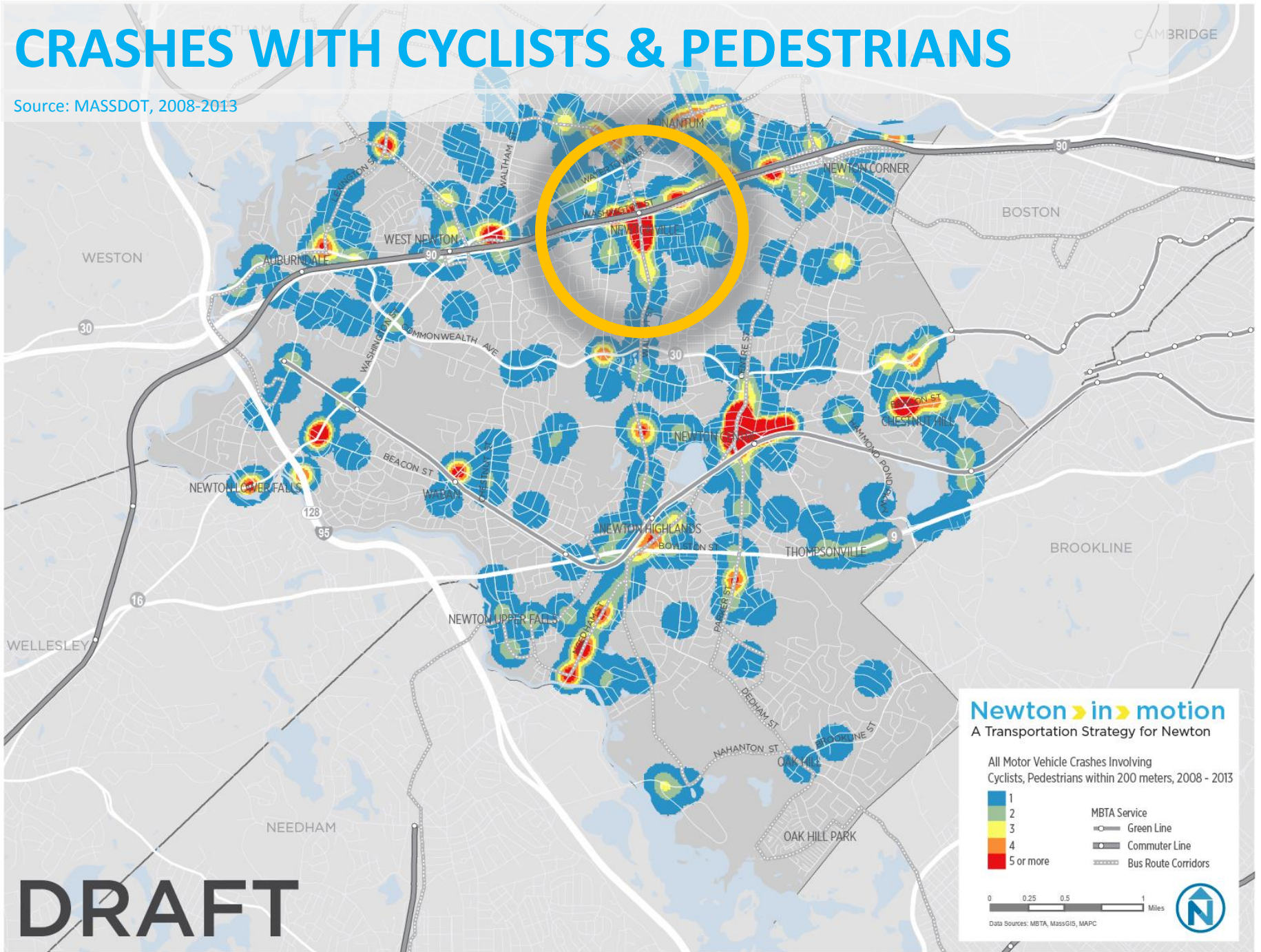
# Washington & Walnut Street Demonstration



- » High volume of feedback at Visioning Workshop
- » Current compliance design underway
- » Supportive of transportation goals
- » STUDIES:
  - Washington Street Walkability Assessment (MassDOT)
  - Washington Street 2015 Corridor Plan (MPO)
  - Walnut Street, Newtonville Livable Community Workshop (MPO)
  - Bicycle Network Plan (TAG)
  - Development Traffic Impact Study

# CRASHES WITH CYCLISTS & PEDESTRIANS

Source: MASSDOT, 2008-2013

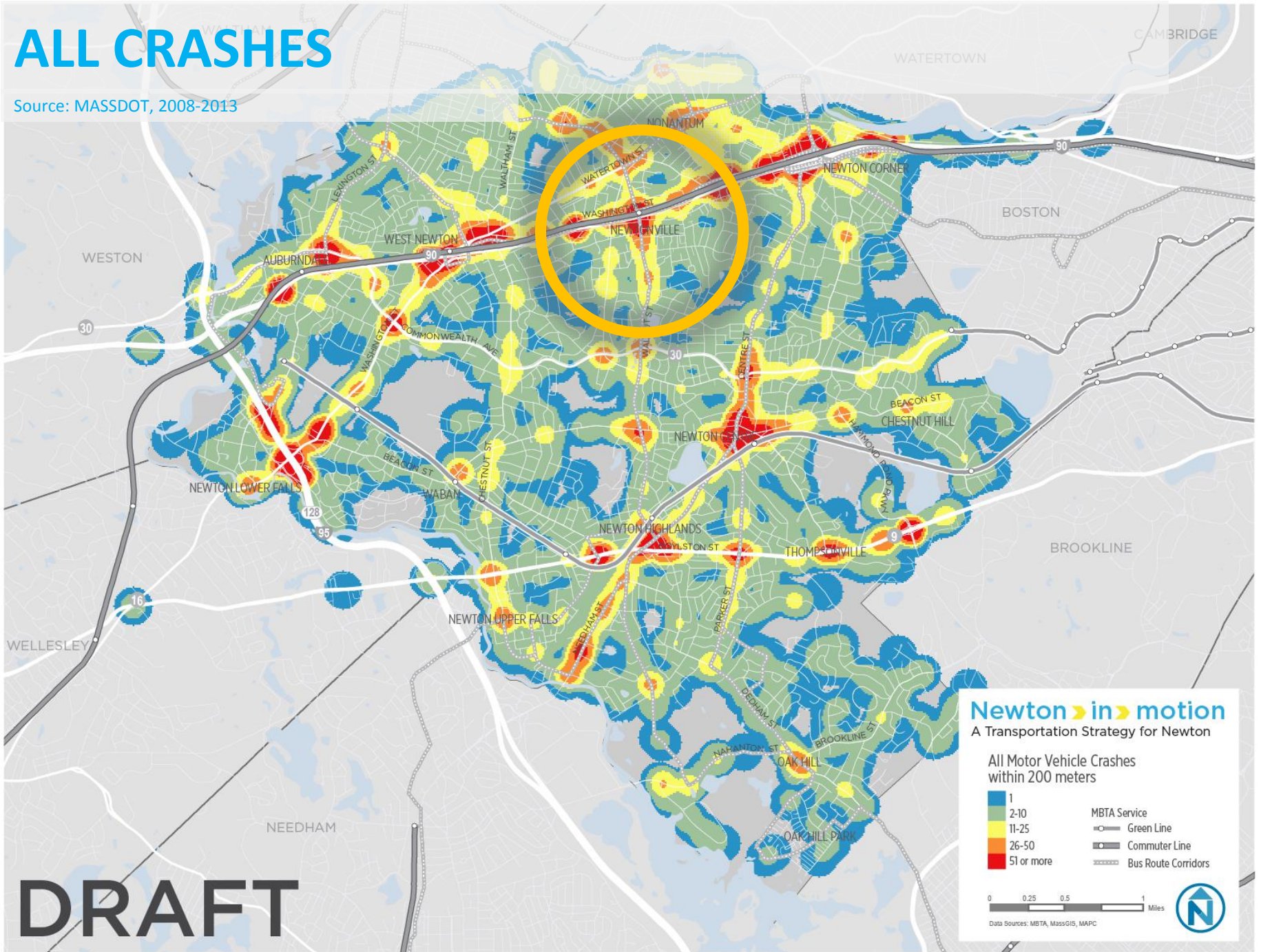


# DRAFT



# ALL CRASHES

Source: MASSDOT, 2008-2013



Newton **in** motion

A Transportation Strategy for Newton

All Motor Vehicle Crashes  
within 200 meters

- 1
  - 2-10
  - 11-25
  - 26-50
  - 51 or more
- MBTA Service
- Green Line
  - Commuter Line
  - Bus Route Corridors

DRAFT

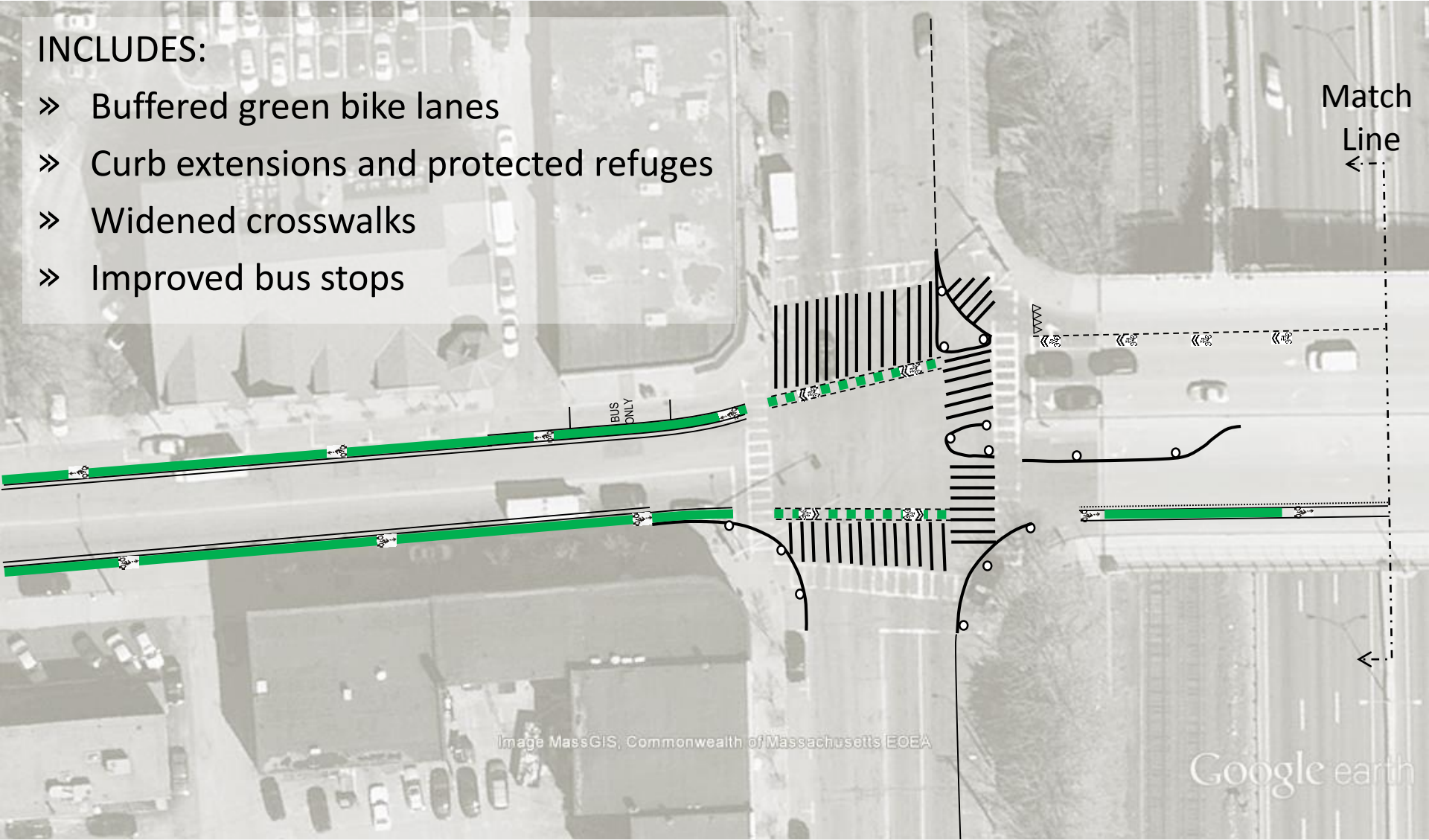
# Walnut Street Temporary Improvements

DRAFT

Markings Layout: Foster to Washington

**INCLUDES:**

- » Buffered green bike lanes
- » Curb extensions and protected refuges
- » Widened crosswalks
- » Improved bus stops



Match  
Line  
←

Image MassGIS, Commonwealth of Massachusetts EOEA

Google earth

# Walnut Street Temporary Improvements

DRAFT

Markings Layout: Madison to Washington

## INCLUDES:

- » Buffered green bike lanes
- » Curb extensions and protected refuges
- » Widened crosswalks
- » Improved bus stops



Image MassGIS, Commonwealth of Massachusetts EOE

Google earth

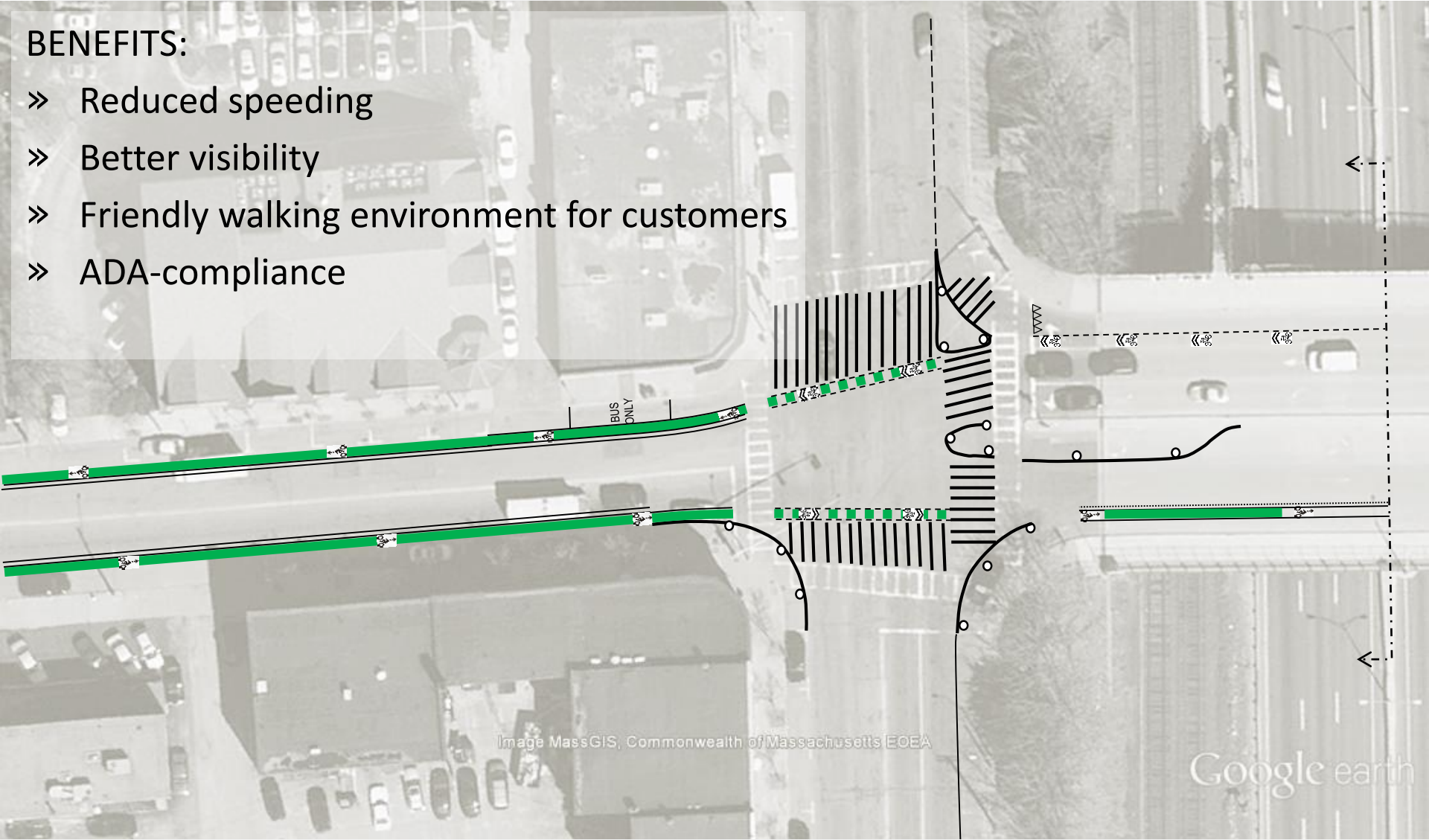
# Walnut Street Temporary Improvements

DRAFT

Markings Layout: Foster to Washington

### BENEFITS:

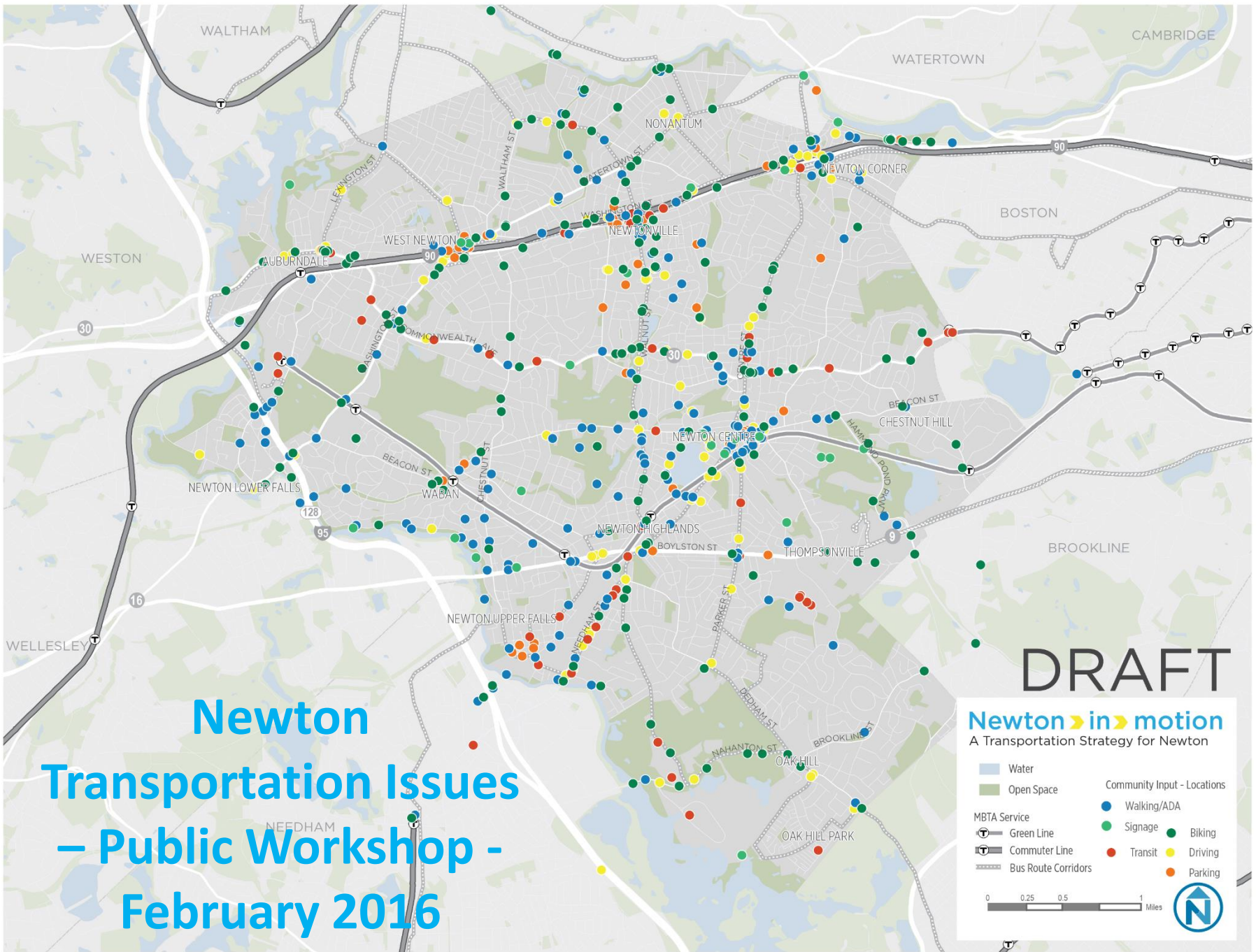
- » Reduced speeding
- » Better visibility
- » Friendly walking environment for customers
- » ADA-compliance





# Tonight's Workshop Activities

- » February Workshop: Vision and Needs
- » Tonight: Initial Concepts
  - “Streetmix” Complete Streets Mashup
  - Infrastructure Priorities
  - Programs and Policies Priorities



**Newton  
Transportation Issues  
– Public Workshop –  
February 2016**

**DRAFT**

**Newton in motion**  
A Transportation Strategy for Newton

Water	Community Input - Locations
Open Space	Walking/ADA
MBTA Service	Signage
Green Line	Biking
Commuter Line	Transit
Bus Route Corridors	Driving
	Parking

0 0.25 0.5 1 Miles