

## Age-Friendly Domains

The World Health Organization's Global Network of Age-Friendly Cities and Communities has identified eight domains of livability that influence the quality of life of older adults.

The domains are also used as a framework and starting point by the U.S.-based towns, cities and counties that belong to the AARP Network of Age-Friendly Communities

The following are the specific domains that are the focus of Newton's effort:

1. <b>Arts &amp; Culture:</b> Learning and skill-building, Integration into Health Care & Therapies, Expression, Self-Reflection & Socialization *
2. <b>Civic Participation &amp; Employment:</b> Volunteering Options, Employment Options, Accessibility, Leadership on Boards/Councils, Input on Policies & Planning
3. <b>Communication &amp; Information:</b> Regular & Reliable Distribution, Universal Systems (written, broadcast, telephone), Coordinated Listings & Access ("one-stop"), Language, Computers and the Internet
4. <b>Community Support and Health Services:</b> Accessibility, Range of Services Type (primary care, behavior health, specialists) Range of Services Location (home care, outpatient, hospital, rehabilitation, Volunteer and Advocate Support, Emergency Planning)
5. <b>Educational Opportunity:</b> Access to Lectures, Classes & Explorations, Older adults engaged as community resources as tutors, mentors, and teachers*
6. <b>Housing:</b> Affordability, Essential Services, Design, Modifications, Maintenance
7. <b>Outdoor Spaces &amp; Buildings:</b> Environment, Green Spaces & Walkways, Outdoor Seating, Pavements, Roads, Traffic, Cycle and Walking Paths, Safety, Clustered Services, Buildings, Public Toilets
8. <b>Respect &amp; Social Inclusion:</b> Respectful & Inclusive Settings, Public Images of Aging, Economic Support, Public Education
9. <b>Social Participation:</b> Accessibility & Affordability of Events & Activities, Facilities & Setting, Broad Promotion & Awareness
10. <b>Transportation:</b> Affordability, Age-friendly Vehicles, Specialized services, Safety & Comfort, Destinations, Reliability, Parking, Roads, Taxis, Driving Competence

- This domain was added by Newton to the City's planning. The AARP has designated the other eight domains that are recommended for all member of the network to use.