Newton Older Adults: Findings from the MA Healthy Aging Data Report

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From the 2015 Newton Community Profile, derived from the 2010 Cenus and 2008-20012 five year estimates from the American Community Survey. *These will be updated later in 2018.

POPULATION CHARACTERISTICS	COMMUNITY ESTIMATE
Total population all ages	85,146
Population 60 years or older as % of total population	21.0%
Total population 60 years or older	17,784
Population 65 years or older as % of total population	15.0%
Total population 65 years or older	12,690
% 65-74 years	48.1%
% 75-84 years	32.9%
% 85 years or older	18.9%
Gender (65+ population)	
% female	56.0%

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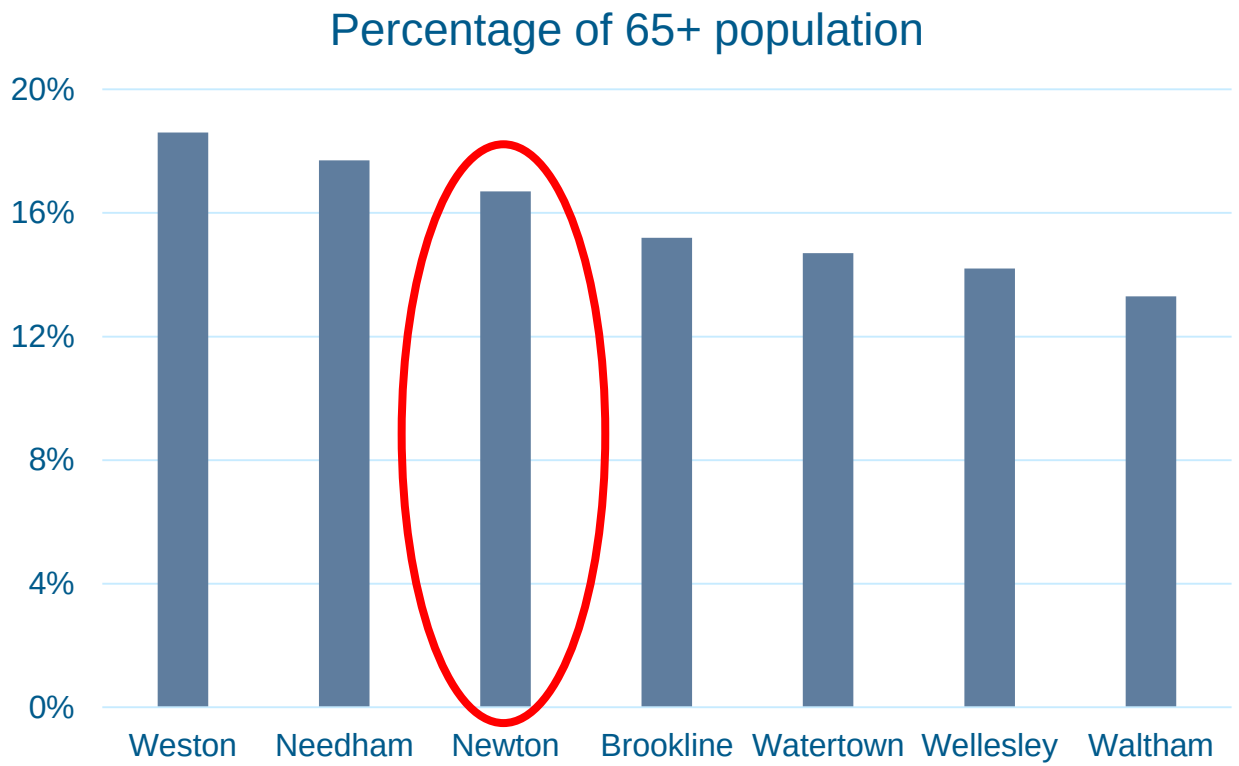
Older Population in Newton (sneak peak 2018 update)

Newton has an estimated population of 85,146, and about 17% of the residents are age 65 or older, which is higher than state average (15%) and an increase from the previous estimate of 15% (ACS 2016 5-year estimation).



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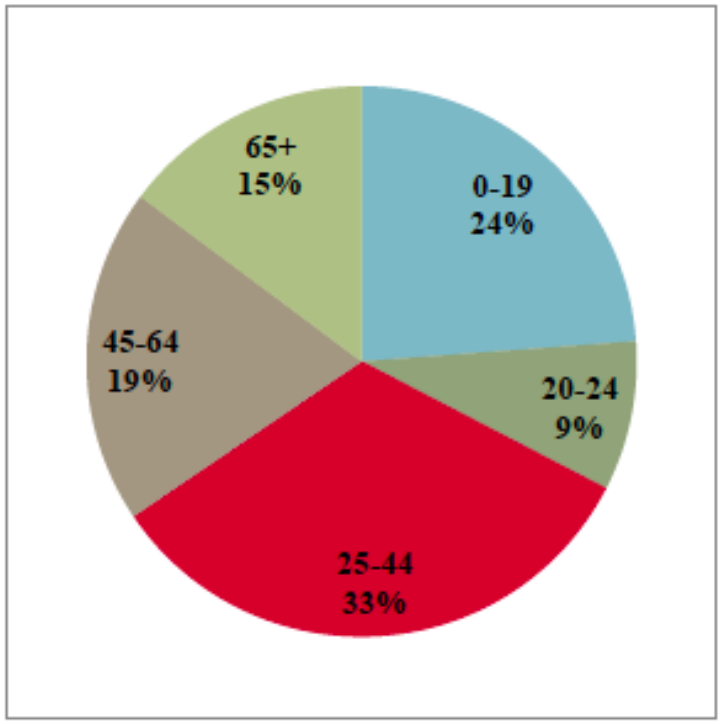
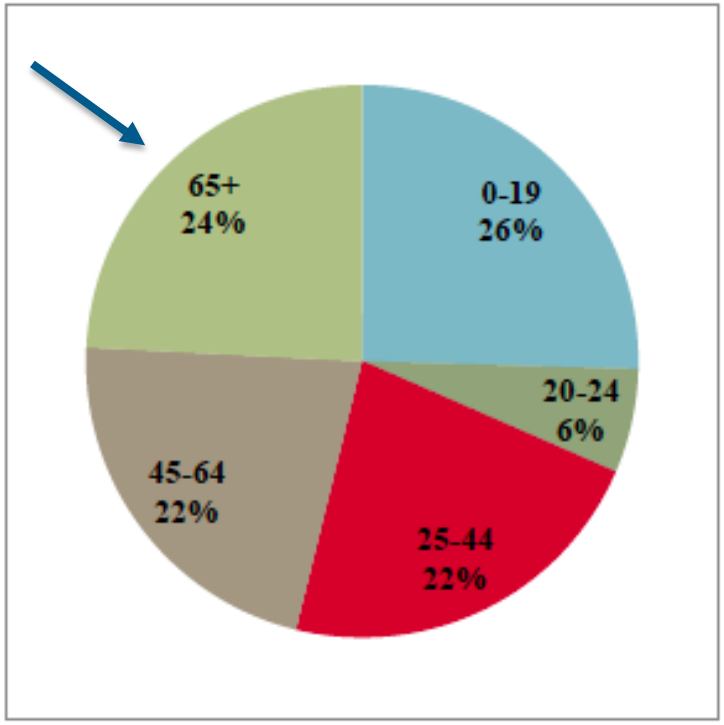
City of Newton Changes in Older Population

Distribution of Population
by Age in 1990



Distribution of Population
by Age 2030 Projection



Source: Bluestone, B. & Corley, T. (2014 May). Demographic projections for the city of Newton, Massachusetts. Kitty and Michael Dukakis Center for Urban and Regional Policy, Northeastern University.

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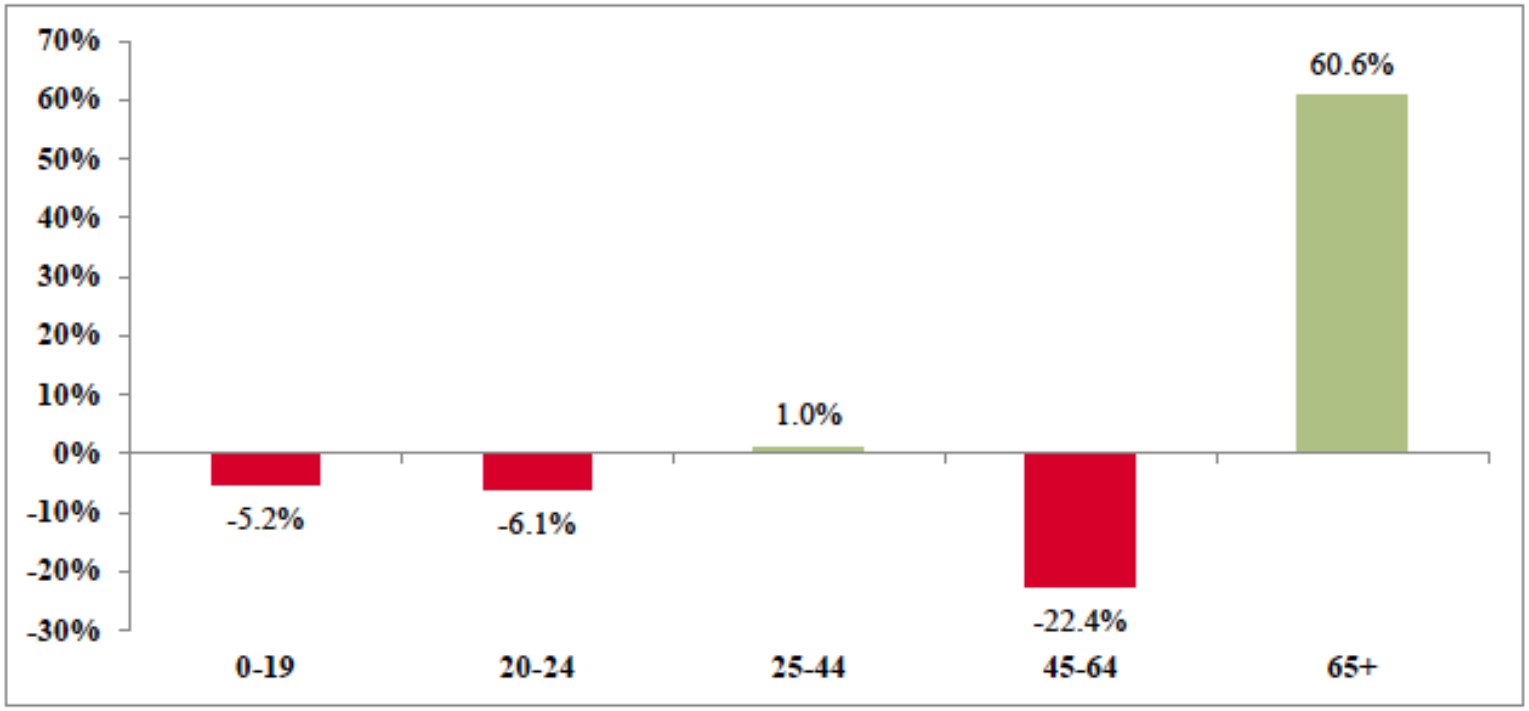
City of Newton Changes in Older Population

Projected Population Change by Age Cohort 2020-2030



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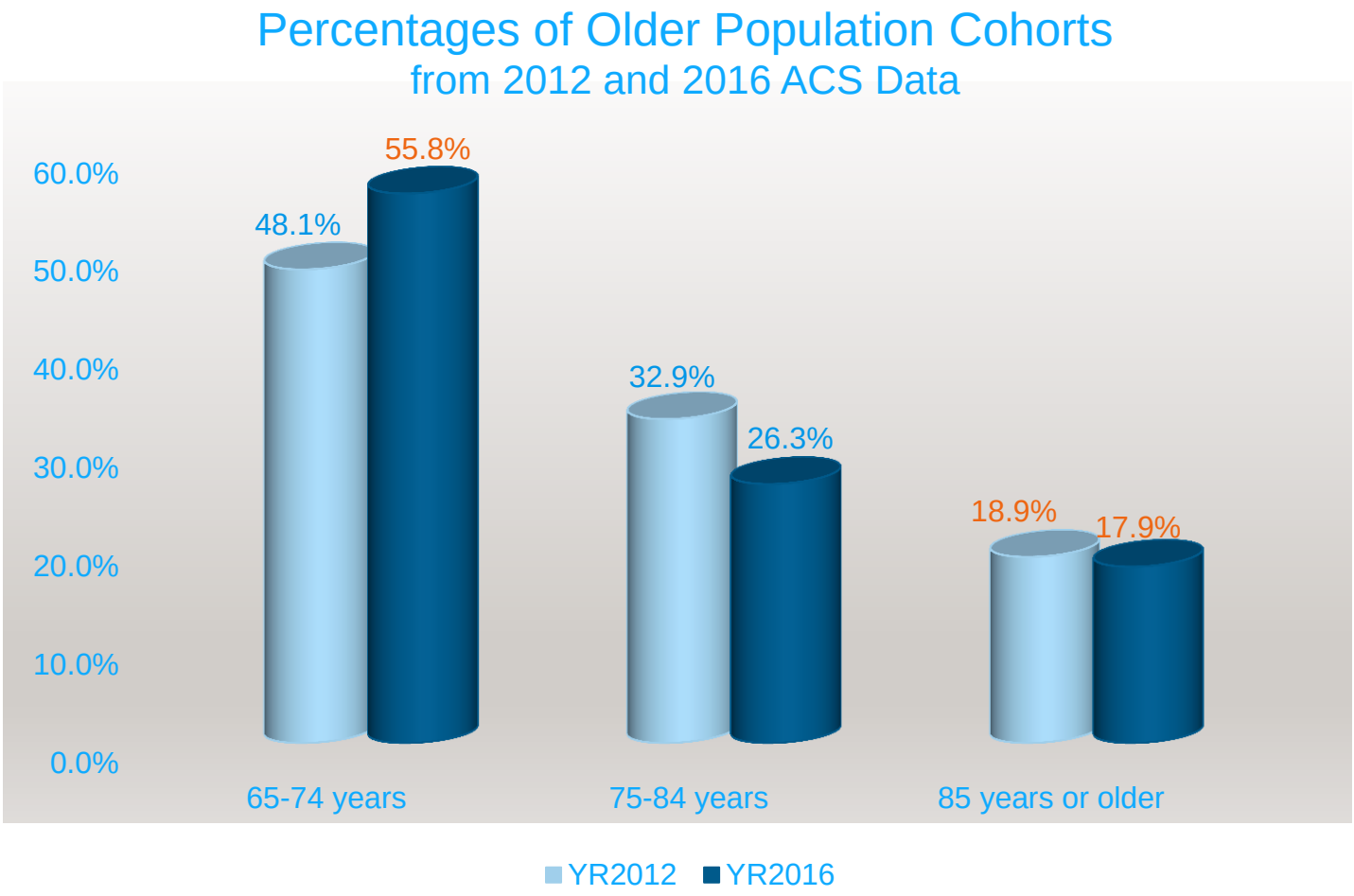
City of Newton Changes in Older Population



* orange indicates higher than the state estimate

Demographics over time

Among adults 65 years or older			
Gender		2012 ACS	2016 ACS
	Female	56.0%	56.3%
Race			
	White	92.4%	89.5%
	African American	1.8%	2.5%
	Hispanic/Latino	1.1%	1.3%
	Asian	5.5%	7.2%
	Other	0.3%	0.8%
Marital Status			
	Married	60.5%	56.2%
	Divorced/Separated	9.1%	10.4%
	Widowed	26.0%	21.4%
	Never married	4.4%	8.8%
Education			
	With college degree	57.4%	63.7%

* orange indicates higher than the state estimate

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Population Characteristics

- 8.5% of 65+ population with income below the poverty level
- 27.7% of 65+ population are living alone
- 79.7% of 65+ population speak only English at home
- 12.3% of 65+ population who are veterans of military service

Chronic Diseases

- Compared to the state estimates

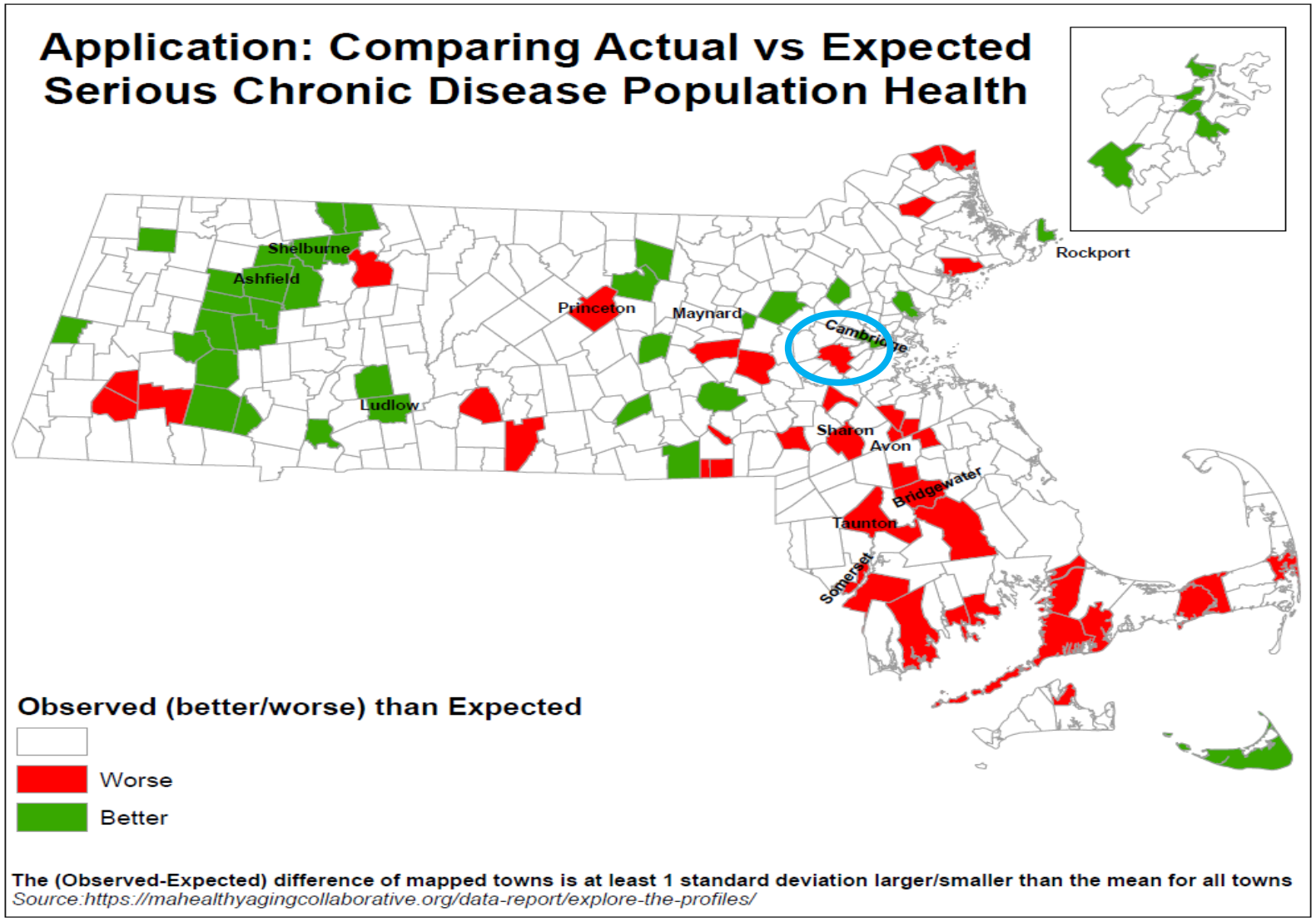
Older adults fare **BETTER** in:

- Diabetes
- Stroke
- COPD
- Hypertension
- Obesity

Older adults fare **WORSE** in:

- Depression
- Osteoarthritis/rheumatoid arthritis
- Hip fracture
- Glaucoma
- Breast cancer
- Osteoporosis

Serious Chronic Diseases



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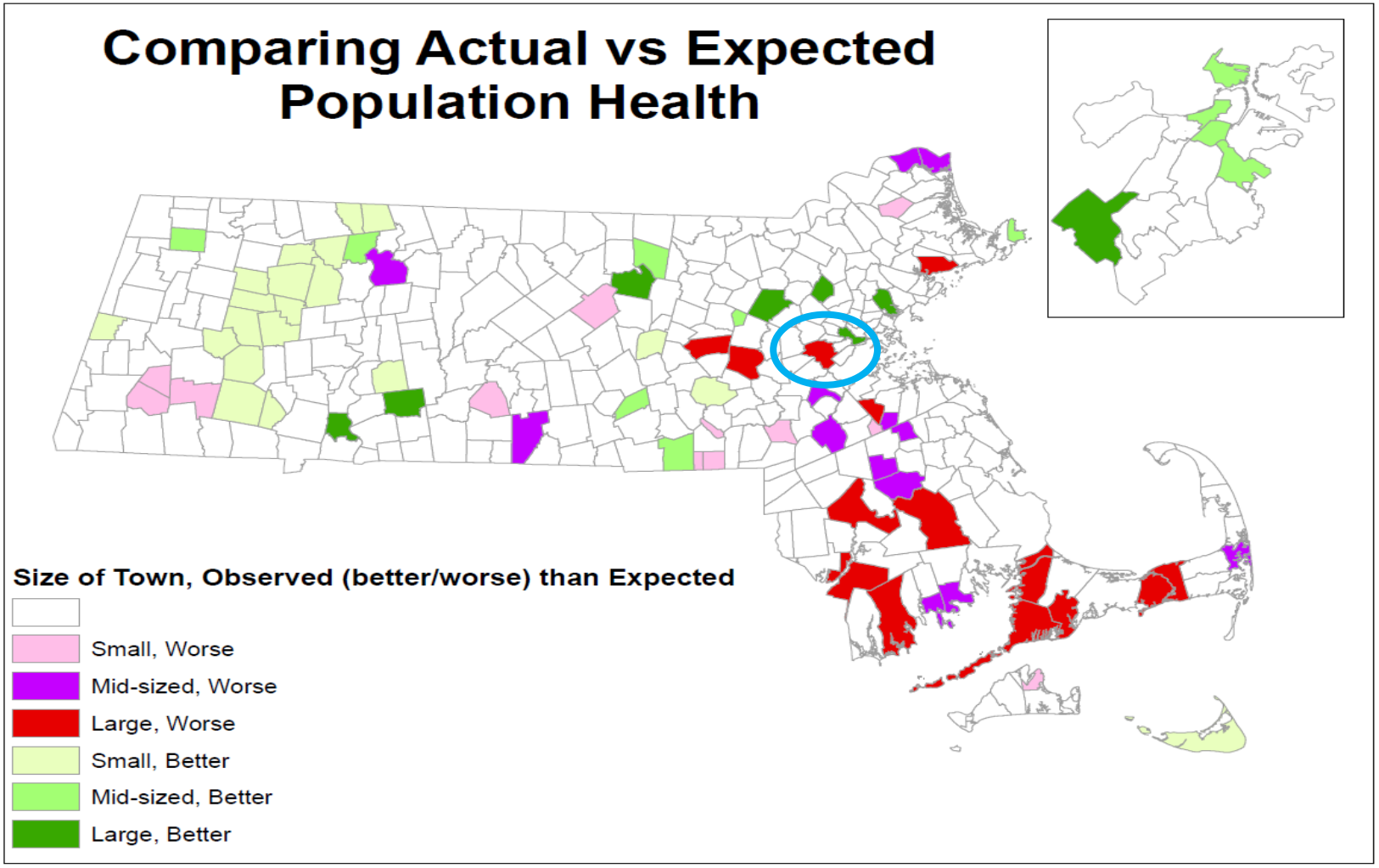
Population Health



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