

**FREE FOR  
NEWTON RESIDENTS**

# **EXPANDED GRAB & GO MEALS PROGRAM**

## **Weekday pickup locations**

FREE for all Newton students and residents-  
3 days of breakfast and lunch items per  
"grab & go" bag:

Newton North- (10-noon)

Newton South- (10-noon)

Newton Early Childhood Pgm. (NECP)

150 Jackson Rd.- (10-noon)

Food will include both prepared/perishable  
foods and non-perishables in a "grab & go" bag.

Questions?

617-796-1420

[www.newtonma.gov/health](http://www.newtonma.gov/health)

# ADDITIONAL FOOD RESOURCES

Do you need assistance with food?  
City of Newton Health and Human Services  
617-796-1420  
newtonma.gov/socialservices

## SNAP/ Food Stamps

Do you need help buying fresh nutritious foods? You may be eligible for the Supplemental Nutrition Assistance Program (SNAP)-(food stamps).

Apply online or call: 877-382-2363.

### Centre St. Food Pantry

11 Homer St., Newton

Hours: Tuesdays 2:30-6pm, Sat. May 2, 11:30-2

Offering pre-packaged grocery items.

617-340-9554

centrestfoodpantry.org

### Newton Food Pantry

City Hall- 1000 Comm. Ave., Newton

Hrs: Wed. 1:30-5:30pm

Offering pre-packaged grocery items

617-796-1233

newtonfoodpantry.org

### Arabic Baptist Food Pantry

187 Church St., Newton

2nd and 4th Fri. 10-1

www.arabicbaptist.org

### Corner Cafe

321 Washington St., Newton

Free hot lunch to Newton students pre K – 12. Text "School Lunch" to 617-527-9835 for a no contact pickup.

### Bristol Lodge Soup Kitchen

545 Moody St., Waltham

FREE daily take out meals between 4:30-5:30pm.

All are welcome.

### Newton Mobile Market

American Legion Nonantum Post 440,

295 California St. Newton

Anyone in need of nutritious food welcome.

No eligibility requirements.

\*Fresh produce, dairy products, soup, protein items.

Upcoming Dates: May 15, June 19, July 17,

### Waltham Mobile Market

50 Prospect St., Waltham

Anyone in need of nutritious food welcome.

No eligibility requirements.

\*Fresh produce, dairy products, soup, protein items.

Upcoming Dates: April 25, May 16, June 20

### Grocery Store Senior Shopping Hrs.

**Whole Foods** - 647 Washington St. and 916 Walnut St. *Daily 8-9am*

**Star Market** - 33 Austin, 2040 Comm. & 1 Boylston *Tu. & Th. 7-9am*

**Stop & Shop** - 165 Needham St. & 171 Watertown St. *Daily 6-7:30am*

**Trader Joes** - 1121 Washington St., Newton *Daily 8-9am*

**Wegmans** - 200 Boylston St., Newton *Daily: 7-8am*

**Market Basket** - 1265 Main St. Waltham *Tues, Wed, Thur. 5:30- 7am*

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