

Addiction & Recovery Resources

A Resource of Newton PATH

I. First Steps

This is the best way to begin the process of treatment and recovery; for emergencies/ overdoses, call 911 or report to the ER.

Massachusetts Substance Abuse Hotline 1-800-327-5050 / 1-800-481-5000 www.helpline-online.com	Matches need with insurance/cost, treatment programs, language, and geography
William James College Interface Referral Service 888-244-6843 Interface.williamjames.edu	Free, confidential referral service for individuals across the lifespan living in participating communities. Calls are matched with licensed mental health/addiction recovery providers from their extensive database.
Wicked Sober 855-953-7627 Wickedsober.com	Makes connection to various treatment centers based on insurance/need, accompanies person and family through treatment and recovery
Riverside Crisis Team 190 Lenox Street Norwood, MA 02062	Can provide detox evaluation and make a referral to placement in programs – call 781-769-8670 for more info
Wayside Youth and Family Services Administrative headquarters in Framingham 1 Frederick Abbott Way, Framingham, MA 01701 T: 508.879.9800	Offers mental health counseling and family support services, mobile crisis intervention, outpatient counseling, in-home therapy, acute treatment, and more

II. Inpatient Detox (typically 3-5 days)

Adcare Hospital 107 Lincoln St. Worcester, MA 01605 800-345-3552 / 508-799-9000	Accepts all insurance – beds available on a day by day basis
Bournewood Hospital 300 South Street, Brookline, MA 617-469-0300 x 3620 for admission	Offers dual diagnosis program – beds available on a day by day basis (call in the morning), also offers partial hospitalization, serves adults and adolescents 12-18 – for more info go to www.bournewood.com
Emerson Hospital 133 Old Road to Nine Acre Corner, Concord, MA 01742	Accepts most major insurances, not MassHealth or Beacon Admissions come directly from an ER on first come, first serve basis – call 978-287-3520 for more info
McLean Hospital 115 Mill Street, Belmont, MA 800-906-9531	Most insurances accepted, detox can be followed by 2 week residential program and longer-term program (private pay at around \$55,000)
Sameen Associates Inc. Newton, MA 617 964 1060	Requires 3-month commitment and a guardian to accompany to the first meeting, regardless of age – detox based on evaluation, accepts most insurance
Spectrum Treatment Inpatient services: 800-366-7732 154 Oak Street, Westborough, MA 1-800-366-7732	Accepts most major insurance, 5-9 month residential program with medication assisted treatment, clinical stabilization, drug-free housing and mental health resources – for more info go to www.spectrumhealthsystems.org

III. Residential/Intensive Outpatient Programs

Adcare Hospital—Worcester AdCare Outpatient, Boston 14 Beacon Street, Suite 801 Boston, MA 02108	Outpatient substance abuse services – call 617-227-2622 for more info
Metro West Leonard Morse Natick, MA 01760	Partial hospitalization, intensive outpatient and dual diagnosis, accepts all insurance – call 508-650-7575
Right Turn 440 Arsenal Street, Watertown, MA 781-646-3800 www.right-turn.org	Provides innovative intensive outpatient treatment and extended care for addiction, medication assisted treatment and intervention, in a uniquely creative environment

IV. Maintenance Treatment

Addiction Treatment Center of New England 77 Warren Street, Building 5, Brighton, MA 617-254-1271	In-depth drug counseling for clients struggling with an opiate addiction, offers methadone maintenance – for more info go to www.atcne.net
Bay Cove 66 Canal Street, Boston, MA 617-371-3030 www.baycove.org	Drug and alcohol addiction services, including substance abuse prevention, short-term residential programming, individual and group counseling, outpatient treatment for opiate addiction, and methadone maintenance
Community Substance Abuse Centers 175 Crescent Ave, Chelsea, MA 617-889-8779 Locations throughout MA http://csacmethadone.com	Integrated, individualized medical and counseling approach - services include treatment with methadone and other medications combined with individual, group and family counseling
Northeast Behavioral Health Services 111 Middleton Road, Danvers, MA	Call 978-777-2121 for methadone maintenance in Danvers, call 978-739-7689 for vivitrol program
Square Medical Group 124 Watertown Street, Suite 2D Watertown, MA 02472	Suboxone and vivitrol outpatient maintenance – call at 617-916-5069 or email at patient_info@squaremedicalgroup.org

V. Support Groups

Alcoholics Anonymous-MA (AA) ::: 617-426-9444 ::: www.aaboston.org
Alanon/Alateen ::: 508-366-0556 ::: www.ma-al-anon-alateen.org
Newton Health & Human Services ::: 617-796-1420 ::: www.newtonma.gov/gov/health
Learn to Cope ::: Chapters in Cambridge & Framingham ::: 508-245-1050 ::: www.learn2cope.org
Narcotics Anonymous ::: 1-866-624-3578 / 1-866- NA HELP U ::: www.newenglandna.org
SmartRecovery ::: 617-868-0411 ::: www.smartrecovery.org

For more information, visit Newton PATH at www.newtonma.gov/newtonpath or email newtonpath@newtonma.gov