



# Programs & Services Committee Agenda

## City of Newton In City Council

Wednesday, January 22, 2020

**Chairs Note:** *The Committee will discuss the scheduling and priorities for the 2020-2021 term.*

7:00 PM  
Room 211

### Items Scheduled for Discussion:

- #41-20      Appointment of Anna Kusiak to the Youth Commission**  
HER HONOR THE MAYOR appointing Anna Kusiak of Newton North High School, Newtonville as a member of the YOUTH COMMISSION for a term to expire on September 1, 2022. (60 days: 02/14/20)
- #42-20      Appointment of Anabel Marré to the Youth Commission**  
HER HONOR THE MAYOR appointing Anabel Marré of Newton North High School, Newtonville as a member of the YOUTH COMMISSION for a term to expire on September 1, 2022. (60 days: 02/14/20)
- #43-20      Appointment of Andrew Li to the Youth Commission**  
HER HONOR THE MAYOR appointing Andrew Li of Newton South High School, Newton as a member of the YOUTH COMMISSION for a term to expire on September 1, 2022. (60 days: 02/14/20)
- #44-20      Appointment of Shiv Sawhney to the Youth Commission**  
HER HONOR THE MAYOR appointing Shiv Sawhney of Newton South High School, Newton as a member of the YOUTH COMMISSION for a term to expire on September 1, 2022. (60 days: 02/14/20)
- #46-20      Appointment of Sue Rasala to the Council on Aging**  
HER HONOR THE MAYOR appointing Sue Rasala, 285 Tremont Street, Newton, as a member of the COUNCIL ON AGING for a term to expire on January 31, 2023. (60 days: 02/16/20)

---

The location of this meeting is accessible and reasonable accommodations will be provided to persons with disabilities who require assistance. If you need a reasonable accommodation, please contact the City of Newton's ADA Coordinator, Jini Fairley, at least two business days in advance of the meeting: [jfairley@newtonma.gov](mailto:jfairley@newtonma.gov) or (617) 796-1253. The city's TTY/TDD direct line is: 617-796-1089. For the Telecommunications Relay Service (TRS), please dial 711.

**#45-20**

**Reappointment of Elizabeth Dugan to the Council on Aging**

HER HONOR THE MAYOR reappointing Elizabeth Dugan, 62 Woodcliff Road, Newton, as a member of the COUNCIL ON AGING for a term to expire on September 15, 2022.  
(60 days: 02/16/20)

**Respectfully Submitted,**

**Josh Krintzman, Chair**



Ruthanne Fuller  
Mayor

City of Newton, Massachusetts  
Office of the Mayor

**#41-20**

Telephone  
(617) 796-1100  
Fax  
(617) 796-1113  
TDD/TTY  
(617) 796-1089  
Email  
rfuller@newtonma.gov

December 16, 2019

Honorable City Council  
Newton City Hall  
1000 Commonwealth Avenue  
Newton, MA 02459

To the Honorable City Councilors:

I am pleased to appoint Anna Kusiak of Newton North High School, Newtonville as a member of the Youth Commission. Her term of office shall expire on September 1, 2022 and her appointment is subject to your confirmation.

Thank you for your attention to this matter.

Warmly,

Ruthanne Fuller  
Mayor

CC: Quinn Etchie, Director of Youth Services, City of Newton

RECEIVED  
NEWTON CITY CLERK  
2019 DEC 16 AM 11:39  
DAVID A. OLSON, CMC  
NEWTON, MA 02459

Anna Kusiak  
[REDACTED]  
[REDACTED]

Personal Statement  
Senior, NNHS

This past year on the Youth Council, we have made substantial progress in an effort that promises to be of tremendous benefit to future students in Newton's school system. Our risk survey gave valuable insight into the home and school environments of hundreds of teens, and both the unproductive and productive ways that they deal with the stress they feel. I hope to continue working with the School Committee to find solutions to combat this stress without compromising academic achievement through several of the ways proposed: creating a tranquil, safe room similar to the Jasmine Room at Newton South, bettering availability of guidance counselors and other professionals to meet with students who need immediate attention (rather than having to sign up for a meeting a week in advance), and working with staff to help them coordinate the dates of major tests and assignments with one another in order to prevent deadlines that all fall at the same time.

The feedback from the survey also made it clear that substance abuse is a serious problem among Newton teens, and a common resource used for dealing with their stress. I hope to continue our work on informing students about the dangers of drugs and alcohol-- especially making the recent studies on the negative health effects of juuling more public. Because the craze is so recent, I believe one of the attractions to the juul is that it doesn't seem to have any immediate negative consequences. Obviously, that has been proven untrue, but that information is not as widely spread or understood as it should be. I would like to work with the Health and Human Services Department this year to brainstorm more solutions to combating this issue.

And finally, I think the risk survey highlighted the serious importance of mental health, and the necessity of discussing mental health in school. High school is really challenging, and having the right resources to help students work through difficult experiences in a positive and lasting manner is something that every person, both adults and students, need to be aware of. Increasing mental health conversations and decreasing the stigma surrounding asking for help and guidance would be a really impactful issue for the Youth Council to work on in the upcoming year.

With this being said, I hope to be considered as a commissioner for the 2019-2020 school year.



Ruthanne Fuller  
Mayor

City of Newton, Massachusetts  
Office of the Mayor

**#42-20**

Telephone  
(617) 796-1100  
Fax  
(617) 796-1113  
TDD/TTY  
(617) 796-1089  
Email  
rfuller@newtonma.gov

December 16, 2019

Honorable City Council  
Newton City Hall  
1000 Commonwealth Avenue  
Newton, MA 02459

To the Honorable City Councilors:

I am pleased to appoint Anabel Marré of Newton North High School, Newtonville as a member of the Youth Commission. Her term of office shall expire on September 1, 2022 and her appointment is subject to your confirmation.

Thank you for your attention to this matter.

Warmly,

Ruthanne Fuller  
Mayor

RECEIVED  
Newton City Clerk  
2019 DEC 16 AM 11:39  
DAVID A. OLSON, CMC  
Newton, MA 02459

Anabel Marré - Grade 12

Newton Youth Commission Personal Statement

My favorite thing about the city of Newton is that any citizen can make a true impact in their community. Newton is big enough that the change you can effect feels important, but small enough that making change is accessible. Upon entering high school four years ago, I felt empowered to change my city for the better, and the Youth Commission has been my favorite outlet. Students have a direct relationship with leaders within the community, and with the skills they develop in the commission, students can become those leaders themselves, as well as important advocates for their peers and other youth in Newton.

Last year, I was passionate about gathering more information about the mental health of high schoolers in Newton. With the competitiveness of our schools and the busy schedules students manage, it's no surprise that many teens battle with mental illness. Sadly, many of them struggle in silence. Luckily, the Youth Commission was able to draw attention to this issue. We spent last year crafting a "for students, by students" Mental Health Survey that was taken by over 200 high schoolers in Newton. The results that we brought to city officials from that survey have the potential to make a real difference.

This year, I would like to continue working on bringing light to this problem, and I would like to address another issue that I feel impacts my generation greatly: climate change. In my daily life, I see many ways that my city could improve its environmental habits, from leaving all the lights on in my high school, to blasting air conditioning throughout its halls until December, to the lack of public transportation within the city that forces students to drive cars.

All in all, I greatly look forward to another year on the Youth Commission. I loved hearing from a diverse set of voices from all over my city and the discussions that ensued. While participating as an advisor was very thought-provoking, I hope to further my commitment in a commissioner role.



Ruthanne Fuller  
Mayor

City of Newton, Massachusetts  
Office of the Mayor

#43-20

Telephone  
(617) 796-1100  
Fax  
(617) 796-1113  
TDD/TTY  
(617) 796-1089  
Email  
rfuller@newtonma.gov

December 16, 2019

Honorable City Council  
Newton City Hall  
1000 Commonwealth Avenue  
Newton, MA 02459

To the Honorable City Councilors:

I am pleased to appoint Andrew Li of Newton South High School, Newton as a member of the Youth Commission. His term of office shall expire on September 1, 2022 and his appointment is subject to your confirmation.

Thank you for your attention to this matter.

Warmly,

Ruthanne Fuller  
Mayor

CC: Quinn Etchie, Director of Youth Services, City of Newton

RECEIVED  
NEWTON CITY CLERK  
2019 DEC 16 AM 11:39  
DAVID A. OLSON, CMC  
NEWTON, MA 02459



Andrew Li

Personal Statement

9/4/2019

I'm currently a junior at Newton South and I am part of class office, the debate team, and the track team at school. As class president for the past two years, I worked with students and teachers to raise money for the class and plan out school events such as the Sophomore fling and Freshman cruise. I have really enjoyed the experience of working together with the students, the administration, and the other officers to help the students have the best experience possible.

I am interested in joining the Newton Youth Commission because I have always wanted to help students address their true concerns about school-life and their wellbeing, and I feel that there's no better way to do that than working directly with the city to represent their concerns. I am excited to be able to work with you and the rest of the Commission to help make the lives of youth all over the city safer and better.

The biggest issues in my school that I am most passionate about are reducing drug usage, namely vaping and marijuana, and reducing school-induced stress and pressure. Every student in the school has felt the impact of both of these problems and recognize the need for something to be done. Specifically, I believe that the city should adopt tighter regulations for the sale of vapes and potentially expand the health curriculum to more comprehensively cover the impacts of vaping. For school stress, I believe that the new pilot schedule for next year will significantly reduce students' workload and pressure.



Ruthanne Fuller  
Mayor

City of Newton, Massachusetts  
Office of the Mayor

**#44-20**

Telephone  
(617) 796-1100  
Fax  
(617) 796-1113  
TDD/TTY  
(617) 796-1089  
Email  
rfuller@newtonma.gov

December 16, 2019

Honorable City Council  
Newton City Hall  
1000 Commonwealth Avenue  
Newton, MA 02459

To the Honorable City Councilors:

I am pleased to appoint Shiv Sawhney of Newton South High School, Newton as a member of the Youth Commission. His term of office shall expire on September 1, 2022 and his appointment is subject to your confirmation.

Thank you for your attention to this matter.

Warmly,

Ruthanne Fuller  
Mayor

CC: Quinn Etchie, Director of Youth Services, City of Newton

RECEIVED  
CITY OF NEWTON, MA  
2019 DEC 16 AM 11:39

**Shiv Sawhney**



My name is Shiv Sawhney, and I am currently a sophomore at Newton South High School. I am currently serving my second year on South Senate. I am also the Treasurer of the South Asian Student Association at NSHS, a Student Representative on the NPS School Committee, and a member of the Newton South Debate Team. At Newton South, I have strived to increase communication and transparency between students and Senate, and to make sure that each voice was heard. During my first year on South Senate, my goal was to show people what South Senate does. I increased the social media presence of South Senate so our actions were more visible and accessible to the student body. I would like to do a similar thing with the Newton Youth Commission so students can get more involved.

Two issues I would like to address while I serve on the Newton Youth Commission are Cultural Diversity and Student Mental Health.

The Newton Student Body is very diverse, whether you look at the demographics racially, religiously, or by sexual orientation. However, I feel that as a city, we do not acknowledge and take pride in our diversity as much as we could. I had two main ideas to promote Newton's diversity. First, by having seminars in schools where people can learn about other cultures. Similar to AWARE day, where people are able to learn about mental health, this day would be an opportunity for students to learn about Newton's diverse population. The second idea I have was to acknowledge our diversity by giving homework-free weekends/days when there are holidays and festivals of other cultures. Recently, a Brookline student petitioned to have South Asian and Muslim holidays homework free. I think an initiative like this is especially vital in a city as diverse as Newton.

The second issue I wanted to work on is improving student mental health. One way student stress can be decreased is by increasing awareness about mental health. We should have more programs and seminars about mental health similar to AWARE Day. It is really important for students to know how to cope with their stress, and what is causing it. Second, there should be a stress-free zone in both high schools. I know South Senate attempted to make one last year but was not able to. The safe space would be a place where students can decompress and get away from a stressful schooling environment. Pamphlets on mental health could be available and accessible for students to take. I think student stress is a huge problem in our city today, and the Newton Youth Commission has the ability to decrease it.

Please let me know if I can provide any other information. I look forward to working with the Commission in the upcoming year.

Sincerely,  
Shiv Sawhney



Ruthanne Fuller  
Mayor

City of Newton, Massachusetts  
Office of the Mayor

**#46-20**

Telephone  
(617) 796-1100

Fax

(617) 796-1113

TDD/TTY

(617) 796-1089

Email

[rfuller@newtonma.gov](mailto:rfuller@newtonma.gov)

December 18, 2019

Honorable City Council  
Newton City Hall  
1000 Commonwealth Avenue  
Newton, MA 02459

To the Honorable City Councilors:

I am pleased to appoint Sue Rasala of 285 Tremont Street, Newton as a member of the Council on Aging. Her term of office shall expire on January 31, 2023 and her appointment is subject to your confirmation.

Thank you for your attention to this matter.

Warmly,

Ruthanne Fuller  
Mayor

RECEIVED  
Newton City Clerk  
2019 DEC 18 AM 11:38  
DAVID A. OLSON, OMC  
Newton, MA 02459

### Application Form

#### Profile

Sue \_\_\_\_\_ M \_\_\_\_\_ Rasala \_\_\_\_\_  
 First Name Middle Initial Last Name

\_\_\_\_\_ \_\_\_\_\_  
 Email Address

285 Tremont St \_\_\_\_\_  
 Home Address Suite or Apt

Newton \_\_\_\_\_ MA \_\_\_\_\_ 02458 \_\_\_\_\_  
 City State Postal Code

#### What Ward do you live in?

Ward 1

\_\_\_\_\_ \_\_\_\_\_ Home: \_\_\_\_\_  
 Primary Phone Alternate Phone

retired \_\_\_\_\_  
 Employer Job Title

#### Which Boards would you like to apply for?

Council on Aging Advisory Board: Submitted

#### Interests & Experiences

Please tell us about yourself and why you want to serve.

#### Why are you interested in serving on a board or commission?

Since 2018 I have been a member of the NewCAL Working Group. For 5 years I've used the Senior Center 5 days a week and have attended COA meetings for 4 years. I am strongly interested in Newton having an updated, larger, and safer center for senior services. As a member of both the NewCAL Working Group and the COA I will work to channel information in both directions.

2019 resume for COA.pdf

Upload a Resume

Sue Rasala  
Resume

Taught 20 years in Newton Elementary Schools (Davis School and Lincoln Eliot)

EDC: Team member that developed *Math and More*, an elementary mathematics curriculum with integrated computer programs. Funded by IBM. 1994-1998

I also was a team member of several teacher training programs for mathematics, at EDC, EDCO, CoMAP. My focus was on introducing up-to-date mathematics curriculums that were preparing students for the influx of technology. I did many presentations and workshops.

Volunteer activities:

Education volunteer at Arnold Arboretum, 5 years

Education committee at Newton Community Farm, 5 years

ESL volunteer at Newton Free Library, 8 years

Now my volunteer energy is mostly directed to the NewCAL Working Group and its outreach.



Ruthanne Fuller  
Mayor

City of Newton, Massachusetts  
Office of the Mayor

#45-20

Telephone  
(617) 796-1100  
Fax  
(617) 796-1113  
TDD/TTY  
(617) 796-1089  
Email  
rfuller@newtonma.gov

December 18, 2019

Honorable City Council  
Newton City Hall  
1000 Commonwealth Avenue  
Newton, MA 02459

To the Honorable City Councilors:

I am pleased to reappoint Elizabeth Dugan of 62 Woodcliff Road, Newton as a member of the Council on Aging. Her term of office shall expire on September 15, 2022 and her appointment is subject to your confirmation.

Thank you for your attention to this matter.

Warmly,

Ruthanne Fuller  
Mayor

RECEIVED  
Newton City Clerk  
2019 DEC 18 AM 11:38  
DAVID A. OLSON, CMC  
NEWTON, MA 02459

### Application Form

#### Profile

Elizabeth (Beth) \_\_\_\_\_ Dugan \_\_\_\_\_  
 First Name Middle Initial Last Name

\_\_\_\_\_ \_\_\_\_\_  
 Email Address

62 Woodcliff Road \_\_\_\_\_  
 Home Address Suite or Apt

Newton \_\_\_\_\_ MA 02461  
 City State Postal Code

#### What Ward do you live in?

Ward 6

\_\_\_\_\_ Home:  
 Primary Phone Alternate Phone

U Mass Boston \_\_\_\_\_ Director of Global Aging and Life  
 Employer Job Title  
 Course Studies

#### Which Boards would you like to apply for?

Council on Aging: Submitted

#### Interests & Experiences

Please tell us about yourself and why you want to serve.

#### Why are you interested in serving on a board or commission?

I would like to continue my service for another term. I am a professor of gerontology and believe my input is helpful to the work of the COA. In addition, I learn a lot by my participation in the COA.

dugancv042219.pdf  
 Upload a Resume



## Curriculum Vitae

**Name** Elizabeth (Beth) Dugan, PhD

**Address** The Gerontology Department and Gerontology Institute  
John W. McCormack Graduate School of Policy and Global Studies  
The University of Massachusetts Boston  
100 Morrissey Blvd.  
Boston MA 02125  
[REDACTED]

**Online:** <http://scholar.google.com/citations?user=3faODFEAAAAJ&hl=en>  
[http://www.umb.edu/academics/mgs/faculty/elizabeth\\_dugan](http://www.umb.edu/academics/mgs/faculty/elizabeth_dugan)

### Research and Academic Positions

2017-present Founder and Director, Global Aging and Life Course Studies (major, minor)  
Developed curriculum for new major and minor, revised curriculum for Frank Manning  
Certificate in Gerontology

2015-present Director, Undergraduate Gerontology Programs (major, minor, certificate),  
The University of Massachusetts Boston

2011-2012 Interim Director, Undergraduate Gerontology Program, College of Public & Community  
Service, The University of Massachusetts Boston

2009-present Associate Professor (tenured 2015), Gerontology, University of Massachusetts Boston  
Fellow, Gerontology Institute, University of Massachusetts Boston

2004-2008 Assistant Professor, Geriatric Medicine, University of Massachusetts Medical School

2002-2010 Member, Institutional Review Board, The New England Research Institutes  
(IRB Chair 2009-2010)

2001-2004 Senior Research Scientist, Institute on Aging Studies, The New England Research  
Institutes

2001-present Adjunct faculty, Public Health Sciences, Wake Forest University School of Medicine

1998-2001 Assistant Professor, Public Health Sciences, Wake Forest University School of Medicine

### Honors

2017-2020 Appointed to the Governor Charlie Baker's Council to Address Aging Issues in  
Massachusetts. Transportation workgroup member.

2018-2020 Advisory Board of the Healthy Aging Fund. MA Department of Public Health and  
Executive Office of Elder Affairs committee.

2016- Editorial Board Member, Journal Aging & Social Policy

2015-2018 Convener, Aging & Transportation Interest Group, Gerontological Society of America

2014-15 Program Chair, Older Driver Safety Summit; MassDOT and the University of  
Massachusetts Boston Gerontology Institute policy event.

2013- Editorial Board Member, Research on Aging

2013- Massachusetts Department of Transportation (MassDOT) Older Driver workgroup  
member. Develop action items for the MA Strategic Highway Safety Plan.

2011 Participant, White House Office of Public Engagement roundtable on older driver safety  
with National Highway Traffic Safety Administrator David Strickland (9/16/2011)

2009-2010 Media spokesperson, Safe Roads Now coalition. Massachusetts coalition to promote evidence-based changes to the laws re older drivers. MA law enacted 9/30/2010.

2008-2010 Medical Advisory Board subcommittee, National Academies Transportation Research Board Safe Mobility of Older Person Committee

2007-2008 Alumni Pacesetter Awardee, School of Human Environmental Sciences, the University of North Carolina Greensboro,

2005-2007 Reviewer, ZRG1 RPHBB (50) Risk, Prevention & Health Behavior SEP: Health Literacy

2005 Invited Visiting Scholar, University of Hawaii Institute on Aging (1/27/2005)

2004 Reviewer, ZRG1 BBBP-D (11) NIH SEP: Biobehavioral & Behavioral Processes IRG

2003 Fellow, Behavioral and Social Sciences Section of The Gerontological Society of America

2001 Member, NIDDK International Research Working Group on Bladder Dysfunction

2000 Invited Visiting Scholar, University of Michigan Center on Aging (4/6/2000)

1997 NIA-Brookdale Foundation Summer Institute on Aging Research Fellowship

1994 AARP Andrus Foundation Predoctoral Fellowship Awardee

### EDUCATION

PhD The University of North Carolina at Greensboro  
Human Development & Family Studies. NC-ARS scholarship award.

MA The University of South Florida  
Gerontology, focus on research methodology.

BA The University of Central Florida  
Liberal Studies. Summer Abroad: Sierra Leone, West Africa.

### MEDIA ACTIVITIES – Older Driver Safety

Good Morning America (11/1/06); Good Morning America satellite radio show (11/3/06); Fox News (11/1/06); 25 city radio tour (November-December 2006); Arizona Republic; Worcester Telegram and Gazette; McLeans magazine; WTAG, Worcester Academically Speaking (2/4/07); Wired, NECN (2/6/07); Aging Services of California, feature article in newsletter (spring 2007) and on website; Boston Globe, Op-Ed The Driving Dilemma (2/13/08); NewsNight, NECN (2/26/08); Column on www.caring.com (2007-present). (June 2009-September 2009) Interviewed about older driver safety and testing laws: Wall Street Journal (7/8/2009), US News and World Report, CBS News, Greater Boston, NPR's Here and Now with Robin Young, WBUR news, WBZ-tv and radio news, Fox25, NECN, WHDH 7 News, WCVB, WUMB Commonwealth Journal, the Globe, Patriot Ledger, Eagle Tribune, Associated Press, KCET, LA Times (1/17/2012); Fox News 4/16/2012; NPR Talk of the Nation 10/15/2012. San Jose Mercury News 10/3/2015; The Boston Globe 6/30/2013 Does your older parent need help?; Worcester Telegram 12/22/2014; The Boston Globe May 6/22/2015. The Concord Journal 5/4/2017; The Boston Globe 5/3/2017; The Palm Beach Post 8/17/2017 How old is too old to drive?; WGBH Greater Boston 4/10/2019

### POLICY ACTIVITIES – Older Driver Safety

Provided expert testimony to the Massachusetts Legislature (2009, Joint Committee on Public Safety and Homeland Security and the Joint Committee on Transportation); Advise the Medical Affairs Division of the MA Registry of Motor Vehicles (2008-present); Advise Representative Kay Khan on older driver safety (re HB 2332) (2008); Member and Media Spokesperson, AARP Stakeholders group on Older Driver Safety (2/08-present); Member, Medical Advisory Board committee, Transportation Research Board of the National Academies (2008-2010). Played a role in the development and enactment of new laws in MA (2009) and NH (2010) related to senior transportation policy. A research brief derived from research funded by the Borchard Foundation grant (Older Driver Regulations Issue brief) was distributed

to all state legislative leaders (e.g., chairs of transportation and elder affairs legislative committees) across the nation (8/2011). Planning team leader, MA Older Driver Safety Summit (see scholarworks.umb.edu/olderdriversafetysummit), (6/16/2015). Briefing Joint Committee on Elder Affairs Co-Chair and Chief of Staff (7/22/2015); testify at hearing of Joint Committee on Elder Affairs (10/13/2015).

#### **MEDIA ACTIVITIES – Healthy Aging**

Boston Globe (B1: Aging in Mass: An Uneven Process; 1/24/2014); WBZ morning news (1/24/2014). South Cost Today (New Bedford not a healthy place to grow old; 1/25/2014). The Enterprise New (Study charts health of older adults by community; 1/27/2014). The Lowell Sun (Lowell's older adults lag behind counterparts statewide in physical activity; 2/4/2014). Sentinel & Enterprise News (Report: Mixed health scores for North Central Mass. Seniors; 3/6/2014). Boston Globe (Malnutrition in the elderly story; interview 9/8/2014). The Providence Journal (10/12/2016). Providence Business News (12/2/2016). WHAV News (4/13/2017). Boston Globe (Depression, ranging in severity, shadows old age for nearly a third of Mass. Seniors, A1) (12/19/2018). <https://www.fosters.com/news/20190404/how-does-your-community-rank-for-senior-health>; <https://manchesterinklink.com/what-your-zip-code-tells-you-about-how-well-you-will-age-where-you-live-in-nh/>; [https://www.conwaydailysun.com/community/health/what-does-your-n-h-zip-code-tell-you-about/article\\_82d719b0-559b-11e9-b6ff-27d2abeed823.html](https://www.conwaydailysun.com/community/health/what-does-your-n-h-zip-code-tell-you-about/article_82d719b0-559b-11e9-b6ff-27d2abeed823.html) ; [https://www.eagletribune.com/news/what-your-zip-code-tells-you-about-aging-in-nh/article\\_bbbc84c2-42ed-574e-bc87-007c82af1b53.html](https://www.eagletribune.com/news/what-your-zip-code-tells-you-about-aging-in-nh/article_bbbc84c2-42ed-574e-bc87-007c82af1b53.html)

#### **POLICY ACTIVITIES – Healthy Aging**

Speaker, Legislative Briefing convened by the Tufts Health Plan Foundation. Presented: *Healthy Aging in Massachusetts* (5/6/2014, 11:00 am, Members Lounge, MA State House). Participant, White House Conference on Aging event (Boston, 5/28/2015). Speaker, Legislative Briefing convened by the Tufts Health Plan Foundation. Presented *Healthy Aging in Rhode Island* (10/13/2016, RI State House). NH State Plan on Aging briefing 3/15/2019, New Hampshire HHS division chiefs briefing 3/29/2019, New Hampshire State Committee on Aging briefing 4/1/2019, New Hampshire Legislative breakfast 4/2/2019, New Hampshire HHS legislative joint committee briefing 4/10/2019.

#### **SCHOLARSHIP/PUBLICATIONS**

##### **Books**

Dugan E. *The Driving Dilemma: The Complete Resource Guide for Older Drivers and Their Families*; (2006; NY:Collins. ISBN: 0061142182).

##### **Peer-reviewed Journal Articles** (\*denotes article written with graduate student or mentee)

1. Mullins LC & **Dugan E.** (1990) The influence of depression, and family and friendship relations, on residents' loneliness in congregate housing. *The Gerontologist*, 30(3), 377-384.
2. Mullins LC & **Dugan E.** (1991) Elderly social relationships with adult children and close friends, and depression. *Journal of Social Behavior and Personality*, 6(2), 315-328.
3. **Dugan E** & Kivett, VR. (1994) The importance of social and emotional isolation to loneliness among very old rural adults. *The Gerontologist*, 34(3), 340-346.
4. McBee W, Dailey M, **Dugan E,** & Shumaker S. (1997) The Role of Hormone Replacement Therapy in the Treatment of Dementias. *North American Clinics of Endocrinology/Metabolism: Menopause*, 26(2), 329-345.
5. Robinson D, Pearce KF, Preisser JS, **Dugan E,** Suggs PK & Cohen SJ. (1998) Relationship Between Patient Reports of Urinary Incontinence Symptoms and Quality of Life Measures.

- Obstetrics and Gynecology, 91(2) 224-228.
6. **Dugan E**, Cohen SJ, Robinson D, Anderson R, Preisser J, Suggs P, Pearce K, Poehling U & McGann, P. (1998) The Quality of Life of Older Adults With Urinary Incontinence: Determining Generic and Condition Specific Predictors. *Quality of Life Research*, 7, 337-344.
  7. **Dugan E** & Kivett VR. (1998) Implementing the Adams & Blieszner Conceptual Model: Predicting Interactive Friendship Processes Of Older Adults. *Journal of Social and Personal Relationships*, 15(5), 607-622
  8. Cohen SJ, Robinson D, **Dugan E**, Howard G, Suggs P, Pearce K, Carroll D, McGann P & Preisser, J. (1999) Communication between older adults and their physicians about urinary incontinence. *J of Gerontology: Medical Sciences*, 54A, M34-37.
  9. **Dugan E** Cohen SJ Preisser J Davis C Robinson D Suggs PK & McGann. (2000) The association of urinary incontinence and depressive symptoms among older adults. *Journal of the American Geriatrics Society*, 48:413-416.
  10. Hall M Kidd KE **Dugan E**. (2000) Disclosure of Physician Incentives: Do practices satisfy purposes? *Health Affairs*, July/Aug; 19(4)156-64.
  11. Everard, K.M., Teaster, P., & **Dugan, E**. (2000) Surviving your graduate gerontology education and entering the job market. *Educational Gerontology*, 26:285-299.
  12. Shumaker SA, **Dugan E**, & Bowen DJ. (2000) Enhancing adherence in long-term clinical trials. *Controlled Clinical Trials*, Oct;21(5 Suppl):S226-32.
  13. Wilcox, S., Shumaker, S.A., Bowen, D.J., Naughton, M.J., Rosal, M.C., Ludlam, S.E., **Dugan, E.**, Hunt, J.R., & Stevens, S. (2001) Promoting adherence and retention to clinical trials in special populations: A Women's Health Initiative workshop. *Controlled Clinical Trials*, 22 (3), 279-289.
  14. **Dugan, E**, \*Roberts C, Cohen SJ, Preisser, Davis C, Bland DR, Alberston E. (2001) Why older community dwelling adults do not discuss urinary incontinence with primary care providers. *Journal of the American Geriatrics Society*, 49:462-4651.
  15. Hall M **Dugan E** Zheng B Mishra A. (2001) Trust in physicians and medical institutions: what is it, can it be measured, and does it matter? *Milbank Quarterly*, 79(4):613-39,
  16. Zheng B Hall MA **Dugan E** Kidd KE Levine D. (2002) Development of a scale to measure patients' trust in health insurers. *Health Services Research*, 37(1):187-202.
  17. Hall M **Dugan E** Balkrishnan R Bradley D. (2002) How disclosing HMO physician incentives affects trust. *Health Affairs*, 21(2): 197-206.
  18. Hall M Zheng B **Dugan E** Camacho F Kidd K Mishra A Balkrishnan R. (2002) Measuring patients' trust in their primary care physician. *Medical Care Research and Review*, September;59(3):293-318.
  19. Hall MA Camacho F **Dugan E** Balkrishnan R. (2002) Trust in the medical profession: conceptual and measurement issues. *Health Services Research*, 37(5):1419-39.
  20. Peschers UM Du Mont J Jundt K Pfuertner M **Dugan E** Kindermann G. (2003) Prevalence of sexual abuse among women seeking gynecologic care in germany. *Obstetrics & Gynecology*, 101(1):103-108.
  21. Rapp S Espeland M Hogan P Jones B and **E Dugan** for the WHIMS investigators. (2003) Baseline experience with the Modified Mini Mental State Exam: The Women's Health Initiative Memory Study (WHIMS). *Aging & Mental Health*, 7(3)217-223.
  22. **Dugan E** Bonds D. (2002-2003) Explaining the lack of communication about falls and the fear of falling. *Generations*, 26(4):48-52.
  23. Bland DR, **Dugan E**, Cohen SJ, Preisser J, Davis CC, McGann PE, Suggs PK, Pearce KF. (2003) The Effects of Implementation of the Agency for Health Care Policy and Research Urinary Incontinence Guidelines in Primary Care Practices. *Journal of the American Geriatrics Society*. Jul;51(7):979-984.
  24. Balkrishnan R **Dugan E** Comacho FT Hall MA. (2003) Trust and satisfaction with physicians, insurers, and the medical profession. *Medical Care*, 41(9) 1058-1064.

25. Harper M Espeland M **Dugan E** Meyer R Lane K Williams SW. (2004) Racial disparity in pregnancy-related mortality following a live birth outcome. *Annals of Epidemiology* Apr;14(4):274-279.
26. Bonds D Foley KL **Dugan E** Hall MA Extrum P. (2004) Patient, physician, institutional characteristics predictive of patient trust in a disadvantaged sample. *Journal of Health Care for the Poor and Underserved*;15:294-306.
27. Trachtenberg F **Dugan E** Hall MA. (2005) Factors affecting patients' preferred role in medical decision making. *Journal of Family Practice*. Apr;54(4):344-52.
28. **Dugan E** Trachtenberg F Hall MA. (2005) Development of abbreviated measures to assess patient trust in a physician, a health insurer, and the medical profession. *BMC Health Services Research*. Oct 3;5:64.
29. Hall M Trachtenberg F **Dugan E**. (2005) The impact on patient trust of legalising physician aid in dying. *Journal of Medical Ethics*. Dec;31(12):693-7.
30. Harper MA, **Dugan E**, Espeland MA, Martinez-Borges A, \*McQuellon C. (2007) Why African American Women are at Greater Risk for Pregnancy-Related Death. *Annals of Epidemiology*;17:180-185.
31. Goldstein RB **Dugan E** Trachtenberg F Peli E. (2007) The impact of a video intervention on the use of low vision assistive devices. *Optometry and Vision Science*;84(3):208-17.
32. Mazor KM Baril J **Dugan E** Spencer F Burgwinkle P Gurwitz J. (2007) Patient education about anticoagulant medication: Is narrative evidence or statistical evidence more effective? *Patient Education and Counseling*; Dec;69(1-3):145-57.
33. Althabe F Buekens P Bergel E et al. (2008) A behavioral intervention to improve obstetrical care. *New England Journal of Medicine*, May 1;358(18):1929-40.
34. Dembe AE **Dugan E** Mutschler P Piktalias D. Employer perceptions of elder care assistance programs. *Journal of Workplace Behavioral Health*, 2009; 23(4):359-379.
35. Dembe A, Patridge J, **Dugan E**, Muschler P, Pitkalis D. (2011) Employees' Use of Employer-Sponsored Elder-Care Programs. *Intl Journal of Workplace Health Management*; 4(3) <http://dx.doi.org/10.1108/17538351111172581>.
36. \*Coyle, C. E., & **Dugan, E**. (2012). Social isolation, loneliness and health among older adults. *Journal of Aging and Health*, 24(8), 1346-1363.
37. **Dugan E**, \*Barton K, \*Coyle C. & \*Lee C. State Policy Approaches to Improving Older Driver Safety: What Works? *Journal of Aging & Social Policy*, 2013; 25(4) 335-352.
38. **Dugan, E.**, & \*Lee, C. M. (2013). Biopsychosocial Risk Factors for Driving Cessation Findings From the Health and Retirement Study. *Journal of Aging and Health*, 0898264313503493.
39. \*Turk K & **Dugan E**. (2014) Research Brief: A Literature Review of Frontotemporal Dementia and Driving. *American Journal of Alzheimer's Disease and Other Dementias*. Published online 9 January 2014 DOI: 10.1177/1533317513518656
40. \*Lyu J, \*Lee CM & **Dugan E**. (2014). Risk Factors Related to Cognitive Functioning: A Cross-National Comparison of US and Korean Older Adults. *The International Journal of Aging and Human Development*, 79(1), 81-101.
41. \*Lee HJ & **Dugan E**. (2015) How Large is the Gap between Self-Report and Assessed Mental Health and Does it Impact Older Adult Mental Health Service Utilization? *Journal of Gerontological Social Work*, Vol. 58, Iss. 1, 2015. DOI: 10.1080/01634372.2014.919978
42. \*Ronneberg CR, Miller EA, **Dugan E** & Porell F. (2014) The Protective Effects of Religiosity on Depression: A 2-year Prospective Study. *The Gerontologist*; doi: 10.1093/geront/gnu073
43. \*Gabois E & **Dugan E**. (2014) The Relationship Between the Big Five Personality Factors and Driving Status in Late-Life Personality and Driving: Findings from the HRS. *Journal of Aging and Health*. February 2015 vol. 27 no. 1 54-74, doi: 10.1177/0898264314535806
44. Vaughan, L., Hogan, P. E., Rapp, S. R., **Dugan, E.**, Marottoli, R. A., Snively, B. M., Shumaker, S. A. and Sink, K. M. (2015), Driving with Mild Cognitive Impairment or Dementia: Cognitive

- Test Performance and Proxy Report of Daily Life Function in Older Women. *Journal of the American Geriatrics Society*. doi: 10.1111/jgs.13634.
45. \* Porter, K. E., Brennan-Ing, M., Burr, J. A., **Dugan, E.**, & Karpiak, S. E. (2015). Stigma and Psychological Well-being Among Older Adults With HIV: The Impact of Spirituality and Integrative Health Approaches. *The Gerontologist*, gnv128.
46. \* Porter KE, Brennan-Ing M, Burr JA, **Dugan E**, Karpiak SE; HIV Stigma and Older Men's Psychological Well-Being: Do Coping Resources Differ for Gay/Bisexual and Straight Men?, *The Journals of Gerontology: Series B*, , gbx101, <https://doi.org/10.1093/geronb/gbx101>

#### Reports, Book Chapters & Miscellaneous Publications

47. **Dugan E** & Cohen SJ. Changing Physician Behavior to Increase Guideline Implementation. In S.A. Shumaker, E. Schron, J. Ockene & W. McBee-Exum (Eds.), Handbook for Health Behavior Change, 2nd ed, 1998. NY: Springer.
48. **Dugan E**. Gender. *The Encyclopedia of Aging*, 4<sup>th</sup> Edition (Eds.: Richard Schulz, PhD; Linda Noelker, PhD; Kenneth Rockwood, MD, FRCPC; Richard Sprott, PhD; March, 2006; Springer Publishing).
49. **Dugan E**. Women: Changing Status. *The Encyclopedia of Aging*, 4<sup>th</sup> Edition (Eds.: Richard Schulz, PhD; Linda Noelker, PhD; Kenneth Rockwood, MD, FRCPC; Richard Sprott, PhD; March, 2006; Springer Publishing).
50. Dugan E. The Driving Dilemma. Op-Ed, *The Boston Globe*, 2/13/08.
51. **Dugan E**, \*Dodd K, Ellis SE. The Challenges of Changing Clinical Behavior: Implementation of Clinical Practice Guidelines to Improve Primary Care Practice. In Shumaker, Ockene & Riekert (Eds.) The Handbook for Health Behavior Change, 3<sup>rd</sup> edition (2008). NY: Springer.
52. **Dugan E**, Porell F, Silverstein N, \*Lee CM, \*Turk K, \*Gaines B & \*Chae JS. A Report of Healthy Aging Indicators in Massachusetts, (2014). MA: Tufts Health Plan Foundation Press.
53. Palombo R & **Dugan E**. Understand and Use Your Community Profile! Massachusetts Councils on Aging Focal Points Newsletter. June 2014.
54. **Dugan E**, Porell F, Silverstein NM, Palombo R, Lee CM, Mann S. Promoting Healthy Aging in Your Community: the Massachusetts Model. Published Proceedings of the 6th International Social & Applied Gerontology Symposium. Oct 2014: Antalya, Turkey.
55. **Dugan E**, Porell F, Silverstein NM. Highlights from the Massachusetts Healthy Aging Data Report: Community Profiles (2015). MA: Tufts Health Plan Foundation Press.
56. **Dugan E.**, Porell F., Silverstein NM. Highlights from the Rhode Island 2016 Healthy Aging Data Report (2016). Tufts Health Plan Foundation Press.
57. **Dugan E**, Wang S, Kim B, & Porell F. (August, 2017). Nurturing community partnerships between behavioral health and aging services summit: Follow-up report. (Report to the MA Executive Office of Elder Affairs.)
58. **Dugan, E.**, Porell, F., & Silverstein, N. (2018). Highlights of the 2018 Massachusetts Healthy Aging Data Report.
59. **Dugan, E.**, Porell, F., Silverstein, N., & Lee, C.M. (2019). Highlights of the 2019 New Hampshire Healthy Aging Data Report.

#### RESEARCH FUNDING (to date, more than \$4.5 million in extramural funding)

##### Funded

1. **Principal Investigator**. Healthy Aging in New Hampshire and Massachusetts. Grant from the Tufts Health Plan Foundation (5/1/2017-4/31/2019) \$459,000.
2. **Principal Investigator**. RTI International, Performance Measure Development and Implementation Program (9/3/2018-5/14/2019) \$21,000.

3. **Principal Investigator.** Older Pedestrian Safety and Effective Countermeasures. Funding from the MassDOT 7/1/2018-5/31/2019 (\$100,000).
4. **Principal Investigator.** CT and RI Healthy Aging Data Reports. Grant from the Tufts Health Plan Foundation (5/1/2019-4/30/2021) \$448,000.

### Completed

1. **Principal Investigator.** Healthy Aging in Rhode Island. Grant from the Tufts Health Plan Foundation (1/1/2015-6/31/2017) \$325,000.
2. **Principal Investigator.** Center for Disability Research, Liberty Mutual Research Institute (11/1/2016-10/31/2017) \$33,000.
3. **Principal Investigator.** MA Executive Office of Elder Affairs. Mental Health and Healthy Aging. (3/27/2017-6/30/2017) \$42,500.
4. **Principal Investigator.** Environmental Scan of Assets and Activities Supporting Age- and Dementia-Friendly Communities in Massachusetts. Grant from the Tufts Health Plan Foundation (8/1/2016-6/31/2017) \$50,000.
5. **Principal Investigator.** Center for Disability Research, Liberty Mutual Research Institute (11/1/2015-10/31/2016) \$25,000.
6. **Principal Investigator.** RTI International, Performance Measure Development and Implementation Program (9/1/2015-5/14/2016) \$17,000.
7. **Co-Investigator.** Safety and Mobility in a Large Cohort of Older Women Drivers. Yale Pilot Projects (1 years, \$10,000.00).
8. **Co-Principal Investigator.** Harvard Pilgrim Health Plan Foundation sponsorship of Older Driver Safety Summit (2015, \$15,000).
9. **Principal Investigator.** Tufts Health Plan Foundation sponsorship of the Older Driver Safety Summit (2015, \$10,000).
10. **Expert Consultant -** the Southeast Regional Center of the Women's Health Initiative (7/1/2011-12/31/2017). Develop manuscripts and ancillary studies.
11. **Principal Investigator.** Ford Motor Co. sponsorship of Older Driver Safety Summit (2015, \$10,000).
12. **Principal Investigator.** Center for Disability Research, Liberty Mutual Research Institute (11/1/2014-10/31/2015) \$25,000.
13. **Principal Investigator.** "Determining risk factors for adverse driving events involving older drivers in Massachusetts" Joseph P. Healey Research Grant Program (7/1/2014-6/30/2015) \$7,500.00.
14. **Principal Investigator.** Year 2 of the Healthy Aging Status Report. Tufts Health Plan Foundation. 3/1/2014-2/28/2015. \$114,405. This is the second year of research to advance healthy aging in Massachusetts. We developed and reported indicators in Year 1 (see [mahealthyagingcollaborative.org](http://mahealthyagingcollaborative.org)). This year we are extending the project to conduct multivariate analyses of health indicators and to provide technical support to communities.
15. **Principal Investigator.** Healthy Aging Status Report: Year 1. Tufts Health Plan Foundation. 9/4/2012-8/31/2013. \$96,504. This project developed and disseminated healthy aging indicators for Massachusetts and conducted an environmental scan of programs across the state.
16. **Principal Investigator.** Develop strategic plan for a Senior Mobility Research Center. Beverly Foundation (2012). \$5,500.
17. **Principal Investigator.** Grant, Effective State Policies for Older Driver Safety, Borchard Foundation Center for Law and Aging. This project conducted a systematic review of the literature to identify effective state policies related to older driver safety. Then prepared a brief on the issue for 235 state legislators across the U.S. holding leadership roles on state transportation/safety committees. \$20,000.00, (January 1, 2010 - June 30, 2011).

18. **Principal Investigator.** Investigating Psychosocial Factors Contributing To Successful Cancer Risk Management. Meyers Primary Care Institute small grant \$14,000 12/1/05-11/15/07.
19. **Principal Investigator** (subcontract to Ohio State University): A Study of Employer-Sponsored Elder Care Programs. This is the first nationwide evaluation of the impact of employer sponsored eldercare programs. \$25,018 10/1/06-9/30/08.
20. Investigator and Project Director. UMASS Interdisciplinary Geriatric Healthcare Research Center. Rand/Hartford Foundation, \$200,000 (+\$200,000 institutional match) 10/07-10/09.
21. **Principal Investigator.** Enhancing Mental Health Care and Services For Older Adults in Massachusetts. Commonwealth of Massachusetts, \$302,173 4/1/07-3/31/09.
22. **Principal Investigator:** Communicating with Older Drivers: A Web-based Course. The project developed an outline and one module of an educational program (cme-accredited) for primary care physicians about talking to their older patients about driving safety decisions. NIA (1R43AG023366-01) \$100,000 2/15/04-1/31/05.
23. **Principal Investigator,** Food for life: Healthier meals elders can live with. This study evaluated a workshop to promote healthy eating in older adults. The video produced for the workshop was a finalist for a 2003 Telly Award. AG18201-02; 09/30/2001 - 07/31/2004. \$452,061.
24. **Principal Investigator,** Communicating with older adults: A CD-ROM. This study evaluated the impact of a CME-accredited program on physician-older patient communication. AG015248-03; \$411,038 6/1/00-5/31/02.
25. **Principal Investigator,** Enhanced video for older adults with low vision. This study developed and evaluated a video for adults with low vision (macular degeneration) to determine if patient self-efficacy and use of assistive devices can be enhanced. The video won a 2003 Telly Award. Finalist, 2003 International Health & Medical Media Awards (Health Education category). EY012443-02; \$401,038 6/1/00-2/28/04.
26. Consultant and Co-Investigator, Global network for maternal and child health. This project built research capacity with Latin American partners (PAHO) and implemented a practice improvement project to reduce the number of episiotomies and increase the active management of 3<sup>rd</sup> stage of labor in targeted public hospitals in Argentina and Uruguay. NICHD/Gates Foundation, PI: Pierre Buekens, MD, Tulane University. 2/1/01-6/30/06.
27. **Principal Investigator,** The impact of biofeedback-assisted behavioral therapy in the treatment of urge or mixed urinary incontinence in older women. This RCT pilot study tested our recruitment and intervention protocols and compared the effectiveness of 3 and 6 biofeedback sessions in the treatment of urge or mixed urinary incontinence. AHCPR, R03 HS10663-01 7/01/00-12/31/01: \$69,476.
28. Co-Investigator, Racial disparity in pregnancy-related mortality. This study identified factors associated with racial differences in maternal mortality and prenatal pathways that contribute to it. ATMP/CDC, PI: Margaret Harper, MD. \$198,306. 11/00/00-10/31/03.
29. **Principal Investigator,** A Health Guide to optimize the health of Hispanic women. This outreach project was designed to facilitate the navigation of the healthcare system for local Latino women. Office of Research on Women's Health, Dept of Health and Human Services. 5/99-4/00: \$74,000.
30. Co-Principal Investigator, Quality of life in bladder cancer survivors. We studied quality of life outcomes in bladder cancer survivors. American Cancer Society. PI: Liz Albertson, MD. \$15,000
31. Co-Investigator and Project Director, Patient trust and Managed Care: The effects of disclosing financial incentives. This study developed scales to measure trust in a physician, the medical system, and insurers. The impact of disclosing HMO financial incentives on patient trust was determined. Robert Wood Johnson Foundation, 1998-2001: \$470,343. Mark Hall, J.D., PI.
32. Co-Investigator, 1996-2002, "Women's Health Initiative Memory Study". An ancillary to the Women's Health Initiative, this RCT seeks to determine if hormone replacement therapy will prevent or delay the onset of dementia. Wyeth-Ayerst Laboratories, Inc. SA Shumaker, Ph.D., PI.
33. Co-Investigator, 1997-2007, Clinical Facilitating Center Performance Monitoring Committee of



- the Women's Health Initiative. the WHI has 3 RCT to determine the effect of hormone replacement therapy, dietary modification, and vitamin D and Calcium supplementation on the health of older women. Funded by the National Heart, Lung and Blood Institute. SA Shumaker, Ph.D. PI. Study leadership responsibilities: Aging Issues Task Force (98-99), Special Populations (99-07), Behavioral Advisory Committee (99-07).
34. Co-Investigator, 1995-2002, Medical Outcomes and Social Sciences (MOSS) Core of the Claude D. Pepper Older Americans Independence Center. Wake Forest University. NIA: W Ettinger MD MBA; then M Pahor, MD, PI.
  35. **Principal Investigator**, A Health Guide to optimize the health of older adults. This study evaluated an intervention to promote communication between older adults and their primary care provider. NIA, 9/98-10/99, \$99,654.
  36. Project Manager, 1995-1998, "Evaluating AHCPR Urinary Incontinence Guideline Usage". This RCT determined the impact of clinical guideline implementation on patient health outcomes and satisfaction with care. Funded by the Agency for Health Care Policy & Research, #HS 08716 SJ Cohen, Ed.D., PI.
  37. Co-Investigator, 1996-1997, "Passport to Health Care". Pilot study funded by the Claude D. Pepper Older Americans' Independence Center (NIA) SJ Cohen, Ed.D., PI.
  38. Project Director, 1993-1994, "The Family Supports of Older Rural Migrants in NC". Funded by The AARP Andrus Foundation. VR Kivett, Ph.D., PI.
  39. **Principal Investigator**, 1993, A needs assessment survey of elderly residents in subsidized housing." (Aldersgate Apartments) Weaver Realty Corp, GSO, NC. \$1,500.

## PROFESSIONAL ACTIVITY

### INVITED LECTURES (selected)

- Dugan E. Interventions To Improve The Health Care Provided To Older Adults: Bridging The Gap Between Theory And Everyday Practice. Invited lecture: California Medical Review, Inc., 8/96; San Francisco, CA.
- Dugan E. The Women's Health Initiative Memory Study: Aging, Women & Hormone Replacement Therapy. Plenary presentation at the NC Neuroscience Society Conference, 5/97; Duke University. Durham, NC.
- Dugan E. Perspectives in behavioral and social sciences research. Society-sponsored preconference at the 50th Annual meeting of the Gerontological Society of America. Cincinnati, OH. The Gerontologist, 1997;S37 (2), xiv.
- Dugan E. Helping sufferers cope: The quality of life for people with bladder control problems. Invited lecture: Pharmacia Latin America Media Seminar, "Understanding bladder control: Myths and facts". Coral Gables, FL 5/15/98.
- Dugan E. Patient Trust: What is it? Can it be measured? Does it matter? Invited lecture: Institute on Gerontology. University of Michigan. Ann Arbor, MI 4/6/00.
- Dugan, E. The impact of legalized physician aid in death on patient trust. U of Hawaii Center on Aging, Honolulu, HI. 1/27/2005.
- Dugan, E. The Driving Dilemma: Guiding Older Drivers and Their Families. UNCG, 1/25/07.
- Dugan, E. Assessing & Counseling Older Drivers & Their Families. Wake Forest University School of Medicine, 1/23/07.
- Dugan, E. The Driving Dilemma: Guiding Older Drivers and Their Families. The Institute on Aging, Portland State University, Portland OR, 3/22/07.
- Dugan, E. More than 35 lectures to local council on aging, senior centers, Alzheimer's association events, and assisted living facilities (2009-present).
- Dugan, E. Older Driver Safety. The 2011 Fall Conference on Aging, Philadelphia Corporation for Aging (9/19).

- Dugan, E. Older Driver Research in WHI. 2011 Southeast Regional Annual Conference, The Women's Health Initiative Investigators meeting. Winston Salem, NC. (9/26-27/2011)
- Dugan, E. The Driving Dilemma: How to Recognize Problems, Start Difficulty Conversations, and Access Alternatives. Geriatric Grand Rounds, Massachusetts General Hospital, 2/14/2012.
- Dugan, E. Massachusetts Healthy Aging Data Report: Community Profiles 2014. Healthy Aging in the Commonwealth: Charting a Path Forward. 1/24/2014 ([https://www.youtube.com/watch?v=XK\\_6l9cblx0](https://www.youtube.com/watch?v=XK_6l9cblx0))
- Dugan, E. Understanding and Using the 2014 Massachusetts Healthy Aging Report. Keynote: Mass Council on Aging regional meeting, Milford MA 4/11/2014.
- Dugan, E. Massachusetts Healthy Aging Report. Keynote: Nashoba Network monthly meeting, Groton MA 5/20/2014.
- Dugan, E. Massachusetts Healthy Aging Report. Massachusetts Gerontology Association meeting, University of Massachusetts Boston. 5/22/2014.
- Dugan, E. Healthy Aging in Newton. Panel discussion at Newton Public Library. 9/8/2014.
- Dugan, E. Older Driver Safety *is* Attainable. MA Older Driver Safety Summit (<https://youtu.be/2KSm8mlJaiA>). Boston, MA 6/17/2015.
- Dugan, E. The role of where we live on how we live: Building sustainable, inclusive communities for older adults. Building Inclusive Communities Global Conference. Boston MA 12/4/2015.
- Dugan, E. Healthy Aging in Rhode Island. October 13, 2016 Legislative Briefing; October 21, 2016 keynote at the Senior Agenda RI conference. Providence, Rhode Island.
- Dugan, E. Healthy Aging Data Reports: Using Data to Spur Social Innovation. Renmin University, Beijing China 5/31/2017.

### **Community Service**

Advisory Board, **Newton Council on Aging** (2014-2017). Member of the Benchmarking Committee. Commissioner, **Newton Council on Aging** (2016-2019).

Member, **Massachusetts Department of Transportation** (MassDOT) Older Driver advisory board. Develop action items related to older driver safety for the Massachusetts strategic Highway Safety Plan (2013-present). Quantitative research of 2011 Massachusetts crash data to identify driver, road, vehicle, and community factors contributing to fatal crashes involving older drivers. Member, MA Older Driver Summit (June 2015) planning committee.