

Newton Senior Center Programs

Week of December 6th to December 10th

Monday, December 6th

9:00 a.m. Billiards Open Play (Game Room)
9:00 a.m. Drawing Open Studio (Dining Room)
9:30 a.m. Mah Jongg Workshop (Library Lounge)
9:30 a.m. Beginner's Tai Chi (Function Room)
11:00 a.m. Advanced Tai Chi (Function Room)
11:00 a.m. Zumba Gold (Hyde Community Center lawn)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Seated Strength & Balance (Zoom)
1:00 p.m. Mah Jongg Open Play (Dining Room)

Tuesday, December 7th

10:00 a.m.- Watercolor Workshop (Art Room)
10:00 a.m. Drama on the Page—Not the Stage (Dining Room)
10:30 a.m.- Muscle, Movement, & Balance (Function Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Ceramics Open Studio (for enrolled students)
1:30 p.m. Swing Band (Function Room) **SWING BAND CANCELLED TODAY**
2:30 p.m. Caregiver Support Group (Library Lounge)
Special event 7:30 p.m. Creating a Life Transition Binder with Sandra Batra (Zoom)

Wednesday, December 8th

9:00 a.m. Billiards Open Play (Game Room)
9:30 a.m. Chamber Ensemble (Function Room)
10:00 a.m. Collage Workshop (Art Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room)- reserve 48 hours in advance
12:00 p.m.- Seated Strength & Balance (Function Room and Zoom)

Special event 12:30 p.m. Ice Cream Party and "Mae West" show with Delvena Theatre Company (Ice cream at 12:30; performance at 1)

Thursday, December 9th

9:00 a.m. Mindful Meditation (Zoom)
9:30 a.m. Ceramics Workshop Session I (Art Room)
10:30 a.m.- Muscle, Movement, & Balance (Function Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
12:00 p.m. Ceramics Workshop Session II (Art Room)
1:00 p.m. Mah Jongg Open Play (Dining Room)
1:00 p.m. French Conversation Group (Library Lounge)
Special event 12:30-3:00 p.m. Holiday Market (Function Room): *all shoppers are welcome; come anytime between 12:30 and 3!*
1:00 p.m. Yoga (Zoom)

Friday, December 10th

9:00 a.m. Billiards Open Play (Game Room)
9:30 a.m. Advanced Tai Chi (Function Room)
10:00 a.m. Mosaics Workshop (Art Room)
11:00 a.m. Beginner's Tai Chi (Hyde Community Center)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Chess Open Play (Cafe)
2:00 p.m. Introduction to Pool Workshop (Game Room)
2:00 p.m. Clutter Support Group (Zoom)
Special event Holiday Music of the 1940s with John Clark (Zoom)

You can reach the Newton Senior Center by calling: 617-796-1660.