

Newton Senior Center Programs

Week of December 13th to December 17th

Monday, December 13th

9:00 a.m. Billiards Open Play (Game Room)
9:00 a.m. Drawing Open Studio (Dining Room)
9:30 a.m. Beginner's Tai Chi (Function Room)
11:00 a.m. Advanced Tai Chi (Function Room)
11:00 a.m. Zumba Gold (Hyde Community Center lawn)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Seated Strength & Balance (Zoom)
1:00 p.m. Mah Jongg Open Play (Game Room—*note room change*)
1:00-4:30 p.m. Covid-19 Senior Booster Clinic: appointment-only (Function Room/Café/Dining Room)

Tuesday, December 14th

10:00 a.m. Drama on the Page—Not the Stage (Library Lounge)
10:30 a.m.- Muscle, Movement, & Balance (Function Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Ceramics Open Studio (for enrolled students)
1:30 p.m. Swing Band (Function Room)

Wednesday, December 15th

9:00 a.m. Billiards Open Play (Game Room)
9:30 a.m. Chamber Ensemble (Function Room)
10:15 a.m. Chamber Ensemble Winter Concert (Function Room)
10:00 a.m. Collage Workshop (Art Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room)- reserve 48 hours in advance
12:00 p.m.- Seated Strength & Balance (Function Room and Zoom)
Special event 2:00 p.m. Memory Café: African Drumming with Cornell Coley (Art Studio)
1:00-4:30 p.m. Covid-19 Senior Booster Clinic: appointment-only (Function Room/Café/Dining Room)

Thursday, December 16th

9:00 a.m. Mindful Meditation (Zoom)
9:30 a.m. Ceramics Workshop Session I (Art Room)
9:30 a.m. Men's Club (Zoom)
10:00 a.m.-1:00 p.m. MetroWest Legal Clinic (Zoom/Telephone)
10:30 a.m.- Muscle, Movement, & Balance (Function Room)
10:30 a.m. Bereavement Support Group (Library Lounge)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
12:00 p.m. Ceramics Workshop Session II (Art Room)
1:00 p.m. Mah Jongg Open Play (Dining Room)
1:00 p.m. French Conversation Group (Library Lounge)
1:00 p.m. Theatre Workshop (Function Room)
1:00 p.m. Yoga (Zoom)
2:00 p.m. Introduction to Mindfulness with Neil (Zoom)

Friday, December 17th

9:00 a.m. Billiards Open Play (Game Room)
9:30 a.m. Advanced Tai Chi (Function Room)
10:00 a.m. Mosaics Workshop (Art Room)
10:00-11:00 a.m. Health Maintenance Clinic (Library Lounge)
11:00 a.m. Beginner's Tai Chi (Hyde Community Center)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Chess Open Play (Cafe)
1:00 p.m. Commodity Foods pick-up (Dining Room)
Special event 2:00 p.m. Billy Crystal: Not Just a Comedian with Debi Block (Zoom)

You can reach the Newton Senior Center by calling: 617-796-1660.