

Newton Senior Center Programs

Week of December 20th to December 24th

Monday, December 20th

9:00 a.m. Billiards Open Play (Game Room)
9:00 a.m. Drawing Open Studio (Dining Room)
9:30 a.m. Beginner's Tai Chi (Function Room)
11:00 a.m. Advanced Tai Chi (Function Room)
11:00 a.m. Zumba Gold (Hyde Community Center lawn)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Seated Strength & Balance (Zoom)
1:00 p.m. Mah Jongg Open Play (Dining Room)

Tuesday, December 21st

10:00 a.m. Drama on the Page—Not the Stage (Library Lounge)
10:30 a.m.- Muscle, Movement, & Balance (Function Room and Zoom)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Ceramics Open Studio (for enrolled students)
Special event 1:30 p.m. Swing Band Holiday Concert (Function Room)
2:30 p.m. Caregiver Support Group (Zoom)

Wednesday, December 22nd

9:00 a.m. Billiards Open Play (Game Room)
**9:30 a.m. Chamber Ensemble (Function Room)-
CANCELLED THIS WEEK**
10:00 a.m. Collage Workshop (Art Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room)- reserve 48 hours in advance
12:00 p.m.- Seated Strength & Balance (Function Room and Zoom)
Special event 12:30 p.m. Holiday Concert with String Swing Jazz Trio and Ice Cream Social (Dining Room)
Ice Cream will be served from 12:30-1:00 p.m. The concert will be held from 1:00-2:00 p.m.

Thursday, December 23rd

9:00 a.m. Mindful Meditation (Zoom)
**9:30 a.m. Ceramics Workshop Session I (Art Room)-
CANCELLED THIS WEEK**
10:30 a.m.- Muscle, Movement, & Balance (Function Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
**12:00 p.m. Ceramics Workshop Session II (Art Room)-
CANCELLED THIS WEEK**
1:00 p.m. Mah Jongg Open Play (Dining Room)
1:00 p.m. French Conversation Group (Library Lounge)
1:00 p.m. Yoga (Zoom)
3:00 p.m. Folk Sing-Along (Zoom)

Friday, December 24th

The Newton Senior Center is closed. All programs on-site, off-site, and on Zoom are cancelled.

You can reach the Newton Senior Center by calling: 617-796-1660.