

Newton Senior Center Programs

Week of December 27th to December 31st

Monday, December 27th

9:00 a.m. Billiards Open Play (Game Room)
9:00 a.m. Drawing Open Studio (Dining Room)
9:30 a.m. Beginner's Tai Chi (Function Room)
10:30 a.m. Parkinson's Support Group (Zoom)
11:00 a.m. Advanced Tai Chi (Function Room)
11:00 a.m. Zumba Gold (Hyde Community Center lawn)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Seated Strength & Balance (Zoom)
1:00 p.m. Mah Jongg Open Play (Dining Room)

Tuesday, December 28th

10:00 a.m. Drama on the Page—Not the Stage (Art Room)
10:30 a.m.- Muscle, Movement, & Balance (Function Room – No Zoom class today; in-person only)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Ceramics Open Studio (for enrolled students)
1:30 p.m. Swing Band (Function Room) Cancelled today.
7:30 p.m. Council on Aging meeting (Zoom)

Wednesday, December 29th

9:00 a.m. Billiards Open Play (Game Room)
9:30 a.m. Chamber Ensemble (Function Room)- Cancelled today.
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room)- reserve 48 hours in advance
12:00 p.m.- Seated Strength & Balance (Function Room and Zoom)

Thursday, December 30th

9:00 a.m.-4:00 p.m. Ceramics Exhibit Staging Area (Library Lounge)
9:00 a.m. Mindful Meditation (Zoom)
9:30 a.m. Ceramics Workshop Session I (Art Room)
10:30 a.m.- Muscle, Movement, & Balance (Function Room - No Zoom class today; in-person only)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
12:00 p.m. Ceramics Workshop Session II (Art Room)
1:00 p.m. Mah Jongg Open Play (Dining Room)
1:00 p.m. French Conversation Group (Dining Room—note room change today)
1:00 p.m. Yoga (Zoom) Cancelled today.

Friday, December 31st

The Newton Senior Center is closed. All programs on-site, off-site, and on Zoom are cancelled.

You can reach the Newton Senior Center by calling: 617-796-1660.