

JANUARY NEWS

FROM HHS

City of Newton Health & Human Services

Moderna & Flu Vaccine Clinic

Monday January 24 - 4:00 - 6:00 PM

Wednesday January 26 - 4:00 - 6:00 PM

War Memorial at City Hall
1000 Commonwealth Ave
Newton, MA 02459

This clinic is intended for ages 18+



We will be offering Moderna COVID-19 Vaccines ONLY for any dose & boosters. Both regular & high-dose flu vaccine will be available.

You are eligible for a booster dose at least 5 months after completing your primary series of Moderna or Pfizer or at least 2 months after your dose of J&J.

If you'd like to receive a COVID-19 Moderna vaccine and a flu vaccine, please select COVID-19 as the type of appointment. At the clinic, let your vaccinator know you'd also like a flu vaccine. If you'd like to receive only a flu vaccine, select flu as the type of appointment.

Registration is preferred but walk-ins are welcome. If you're receiving a COVID-19 vaccine, remember to bring a record (card, picture, etc.) of your COVID-19 vaccines. Don't have a record? Visit www.myvaxrecords.mass.gov to get a digital copy of your record.

Register at www.newtonma.gov/covidvaccine

Register

Mental Health Resources

Newton is stronger when we care for one another, especially for those who are experiencing mental health and substance misuse issues. The Department of Health and Human Services provides resources and referrals for our residents who need support during these times and we have included a list of our community partners below. If you need support, please reach out to our Social Services Department.

[Contact Social Services](#)

Mental Health Crisis Support

- [Emergency Services - Riverside Community Care](#) (around-the-clock, 24 /7 mental health evaluations)
 - 800-529-5077
- [Samaritans](#) (If you need to talk to someone about how you're feeling, grieve the loss of a loved one to suicide, or learn how to help others)
 - 877-870-4673 (Call or text)
- [NAMI Massachusetts](#) (Navigating a mental health crisis)
 - 800-950-6264 or text 741741

Mental Health Resources

- [William James INTERFACE Referral Service](#)
 - 888-244-6843
- [Riverside Outpatient Therapy \(Adults\)](#)
 - 617-969-4925
- [Riverside Outpatient Therapy \(Children & Families\)](#)
 - 617-969-4925

Substance Use Resources

- [Substance Use Treatment | Newton-Wellesley Hospital \(nwh.org\)](#)
 - 617-243-6062
- [Massachusetts Substance Use Helpline](#): 800-327-5050
- [Riverside Community Care](#) (provide detox evaluations and referrals): 781-769-8670

Domestic Violence Resources

- [SafeLink - MA Statewide toll-free domestic violence hotline](#)
 - 877-785-2020
- [REACH Beyond Domestic Violence](#)
 - 800-899-4000
- [The Second Step](#)
 - 617-965-3999

National Suicide Prevention Lifeline
1-800-273-TALK (8255)
(Veterans Press One)

SAMHSA's National Helpline
1-800-662-HELP (4357)

Disaster Distress Helpline
1-800-985-5990

Behavioral Health Treatment Services Locator
findtreatment.samhsa.gov

You're not alone.
Help is available.

SAMHSA

Stay Safe this Winter!

- Pay attention to weather reports and warnings of freezing weather and winter storms. Listen for emergency information and alerts.
- Create an emergency supply kit for your car. Include jumper cables, sand, a flashlight, warm clothes, blankets, bottled water and non-perishable snacks.
- Prepare your home to keep out the cold with insulation, caulking and weather stripping.
- Only use generators and grills outdoors and away from windows. Never heat your home with a gas stovetop or oven.

[Learn More](#)

WINTER DRIVING KNOW BEFORE YOU GO

Check road conditions.
Call 511 or visit your state's DOT webpage to check on road conditions. Choose a different route or adjust your travel plans if road conditions are poor.

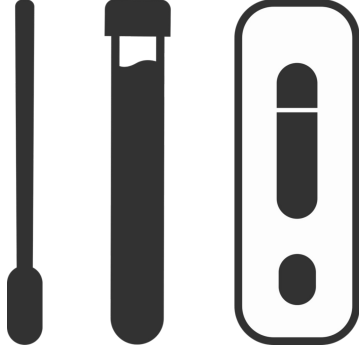
Pack an emergency supply kit.
Stock your vehicle with a mobile phone, charger, batteries, blankets, flashlight, first-aid kit, high-calorie, non-perishable food, candle to melt snow for drinking water, sack of sand or cat litter for traction, shovel, scraper, and battery booster cables.

Get the weather forecast.
Change your travel plans if hazardous weather is expected.

Ready your vehicle.
Check your battery, wipers, coolant, and other systems affected by cold temperature. Make sure your tires have good tread. Clear snow, ice or dirt from your windows, lights and camera.

NORA

Looking for Free At-Home COVID-19 Tests?



If you're looking for free home COVID-19 tests, the Biden Administration has made free at-home COVID-19 rapid antigen tests available to all residents through a new web-based ordering platform run by USPS. Each household is eligible for four (4) testing kits through this program. Orders are expected to ship in 7-12 days.

[Learn More & Order My Tests](#)

Access Your MA Digital Vaccine Record

MyVaxRecords is a secure and private platform called SMART Health Card, which is also used by many other states for similar vaccine verification programs. SMART Health Cards are paper or digital versions of your COVID vaccination record. They allow you to keep a copy of your records on hand and easily share this information with others if you choose.

[Access My Record](#)

Access Your COVID-19 Digital Vaccine Card Using My Vax Records



It works just like your paper CDC record card

Get one at [MyVaxRecords.mass.gov](https://myvaxrecords.mass.gov)



Grab & Go Update

Grab & Go has permanently closed the Newton South location. This program continues to run at Newton North on Mondays, Wednesdays, & Fridays from 10am-12pm.

If you're looking for food resources, please visit our website:

[Food Resources](#)

JANUARY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 10-12 Grab & Go	4 1-6 Centre St. Food Pantry	5 10-12 Grab & Go 12 -7 Newton Food Pantry	6	7 10-12 Grab & Go	8
9	10 10-12 Grab & Go	11 1-6 Centre St. Food Pantry	12 10-12 Grab & Go 12 -7 Newton Food Pantry	13	14 10-12 Grab & Go 10-1 Arabic Baptist Food Pantry	15
16	17 CLOSED MLK Jr Day	18 1-6 Centre St. Food Pantry	19 10-12 Grab & Go 12 -7 Newton Food Pantry	20	21 10-12 Grab & Go 10-11 Mobile Market (Post 440) 1-2 CSFP (Senior Center)	22
23	24 10-12 Grab & Go	25 1-6 Centre St. Food Pantry	26 10-12 Grab & Go 12 -7 Newton Food Pantry	27	28 10-12 Grab & Go 10-1 Arabic Baptist Food Pantry	29
30	31					

CSFP-APPT ONLY
(Commodity Supplemental Food Program)
Residents age 60+ Income guidelines
Call Emily Kuhl for info:
617-796-1672

Grab & Go Details:
Mon-Wed-Fri 10am-12 Noon
Newton North (theater entrance)

Newton Food Pantry 1000 Comm. Ave. 617-796-1233
newtonfoodpantry@gmail.com (shop 2x/month)
12 PM - 3 PM By Appointment Only
3 PM - 7 PM Walk-Ins
Centre St. Food Pantry 11 Homer St. 617-340-9554
info.centrestfoodpantry.org (shop 1x/month)
1 PM - 2 PM Senior Hour, 2:30 PM - 6 PM All Ages
Arabic Baptist Food Pantry 187 Church St. 617-723-9766
arabicbaptistboston@gmail.com(shop 2x/month)

Health and Human Services
1000 Commonwealth Ave
Newton, MA
health@newtonma.gov
(617) 796-1420

City of Newton, MA



Public Health
Prevent. Promote. Protect.

