

Newton Senior Center Programs

Week of February 21st-February 25th

Monday, February 21

The Newton Senior Center is closed in honor of President's Day.

Tuesday, February 22

10:30 a.m.- Muscle, Movement, & Balance (Function Room only today)

11:00 a.m. Zumba Gold (Zoom)

11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance

1:00 p.m. Ceramics Open Studio (for enrolled students)

1:30 p.m. Swing Band (Function Room)

7:30 p.m. Council on Aging meeting (Zoom)

Wednesday, February 23

9:00 a.m. Billiards Open Play (Game Room)

9:30 a.m. Chamber Ensemble (Function Room)

10:00 a.m. Acrylic Painting Workshop (Art Room and Zoom)

11:00 a.m. Zumba Gold (Zoom)

11:45 a.m. Lunch (Dining Room)- reserve 48 hours in advance

12:00 p.m.- Seated Strength & Balance (Function Room and Zoom)

Thursday, February 24

9:00 a.m. Mindful Meditation (Zoom)

9:30 a.m. Men's Club (Zoom)

9:30 a.m. Ceramics Workshop Session I (Art Room)

10:30 a.m.- Muscle, Movement, & Balance (Function Room only today)

11:00 a.m. Zumba Gold (Zoom)

11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance

12:00 p.m. Ceramics Workshop Session II (Art Room)

1:00 p.m. Mah Jongg Open Play (Dining Room)

1:00 p.m. French Conversation Group (Function Room for duration of tax season)

1:00 p.m. Yoga (Zoom)

Friday, February 25

9:00 a.m. Billiards Open Play (Game Room)

9:30 a.m. Advanced Tai Chi (Function Room)

10:00 a.m. Mosaics make-up Workshop (Art Room)

11:00 a.m. Beginner's Tai Chi (Hyde Community Center)

11:00 a.m. Zumba Gold (Zoom)

11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance

3:00 p.m. Folk Sing-Along (Zoom)

You can reach the Newton Senior Center by calling: 617-796-1660.