

Newton Senior Center Programs

Week of March 21st-March 25th,2022

Monday, March 21

9:00 a.m. Billiards Open Play (Game Room)
9:00 a.m. Drawing Open Studio (Dining Room)
9:30 a.m. Tai Chi Beginner Skills (Function Room)
11:00 a.m. Advanced Tai Chi (Function Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
12:00 p.m. Seated Strength & Balance (Zoom)
1:00 p.m. Mah Jongg Open Play (Dining Room)

Tuesday, March 22

10:30 a.m.- Muscle, Movement, & Balance (Function Room and Zoom)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
1:00 p.m. Ceramics Open Studio for enrolled students (Art Room)
1:30 p.m. Swing Band (Function Room)
Special Program 2:00 p.m. Meryl Streep: Her Life and Movies with Debi Block (Zoom)
7:30 p.m. Council on Aging meeting (Zoom)

Wednesday, March 23

9:00 a.m. Billiards Open Play (Game Room)
9:30 a.m. Chamber Ensemble (Function Room)
10:00 a.m. Acrylic Painting Workshop (Art Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room)- reserve 48 hours in advance
12:00 p.m.- Seated Strength & Balance (Function Room and Zoom)
Special Event 1:00 p.m. Ilana Zaks Winter Violin Concert-- ice cream served 12:30-12:55 (Dining Room)

Thursday, March 24

9:00 a.m. Mindful Meditation (Zoom)
9:30 a.m. Ceramics Workshop Session I (Art Room)
9:30 a.m. Men's Club (Dining Room and Zoom)
10:30 a.m.- Muscle, Movement, & Balance (Function Room and Zoom)
Special program 11:00 a.m. Healthy Cooking demo and giveaway – registration required (Dining Room)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
12:00 p.m. Ceramics Workshop Session II (Art Room)
12:30 p.m. Mah Jongg Workshop with Martha Tomanelli (Function Room)
1:00 p.m. Mah Jongg Open Play (Dining Room)
1:00 p.m. French Conversation Group (Library Lounge)
1:00 p.m. Yoga (Zoom)

Friday, March 25

9:00 a.m. Billiards Open Play (Game Room)
9:30 a.m. Advanced Tai Chi (Function Room)
11:00 a.m. Beginner's Tai Chi (Hyde Community Center)
11:00 a.m. Zumba Gold (Zoom)
11:45 a.m. Lunch (Dining Room) - reserve 48 hours in advance
Special Event 1:00 p.m. Broadway Baritone James Michael performs-- ice cream served 12:30-12:55 (Dining Room)
3:00 p.m. Folk Sing-Along (Zoom)

You can reach the Newton Senior Center by calling: 617-796-1660.