

Mail order service through CVS Caremark provides home delivery for maintenance medications you refill each month for conditions like diabetes, high blood pressure or asthma.

## **3 EASY WAYS TO SIGN UP FOR MAIL ORDER**

- 1. Log into your mytuftshealthplan.com account
- Select the "Forms" section and download the "Caremark Prescription Mail Order Form"
- Fill out the mail order service form and mail it to the address listed
- 2. Visit CVS Caremark's website to sign up for mail order at caremark.com
- 3. Call CVS Caremark at 866.281.0629 to request mail order service. When you call, make sure to have your:
- Tufts Health Plan member ID card
- Medication name
- Physician's name and phone number
- Shipping address
- · Credit card, debit card, etc.

\*For Tufts Health Plan Commercial members only, excluding Tufts Health Direct.

