

# City of Newton Health & Human Services Department

## SAFE Coalition

[www.safecoalitionma.org/home](http://www.safecoalitionma.org/home)

Support Hotline: 508-488-8105



SAFE is a judgement free community organization committed to educating and supporting those affected by substance use disorder and mental health concerns across southeastern MA. Staffed by trusted, trained professionals and peer support volunteers, SAFE empowers individuals and their loved ones by breaking down barriers to treatment and emotional support in a way that inspires success on the journey to recovery.

## Newton-Wellesley Hospital Substance Use Services (SUS)

[www.nwh.org/sus](http://www.nwh.org/sus)

Schedule a consultation: 617-243-6062



NWH Substance Use Service provides consultative and ongoing outpatient services to adults suffering with substance use disorders. Our multidisciplinary team is committed to supporting patients during both the evaluation period and throughout the stages of recovery. We provide a safe and non-judgmental environment for those struggling with all manner of addiction.

# CRISIS SUPPORT

## Mental Health:

Riverside Emergency Services

**800-529-5077**

24-hour support  
365 days / year

## Suicide Prevention:

Samaritans

**877-870-4673**

Call or Text  
24-hour support 365 days/year

## Dual Recovery Anonymous Mental Health & Substance Use

[www.draonline.org](http://www.draonline.org)



Dual Recovery Anonymous is a Twelve Step, self-help membership organization for people with a dual diagnosis. Our goal is to help those who experience a dual illness. Both illnesses affect us in all areas of our lives; physically, psychologically, socially, and spiritually.

Talk with someone to learn more about dual recovery  
Paul - 781-320-2163 or 781-762-7075 | Val - 774-317-0895

## Alcoholics Anonymous (AA)

617-426-9444

[www.aaboston.org](http://www.aaboston.org)



Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

## Smart Recovery

[www.smartrecovery.org](http://www.smartrecovery.org)



Self-Management And Recovery Training (SMART) is a global community of mutual-support groups. At meetings, participants help one another resolve problems with any addiction (to drugs or alcohol or to activities such as gambling or over-eating).

## Refuge Recovery

[www.refugerecovery.org](http://www.refugerecovery.org)



Refuge Recovery is a Buddhist-oriented, non-theistic recovery program that does not ask anyone to believe anything, only to trust the process and do the hard work of recovery. This program provides a systematic approach to treating and recovering from all forms of addiction.

## Women For Sobriety

215-536-8026 [www.womanforsobriety.org](http://www.womanforsobriety.org)



This program is inclusive of all women, regardless of financial resources, race, religion, abilities, and backgrounds. With both in-person and online meetings, the New Life Program provides supportive, empowering, secular, and life-affirming principles that address the unique needs and challenges of women in recovery.

## The Luckiest Club

[www.theluckiestclub.com](http://www.theluckiestclub.com)



Our online sober community is built to foster connection and support during one of life's greatest challenges. With community membership you'll have access to daily meetings and 24/7 safe space through our forum. We have dedicated meetings for women, men, people of color and those a part of the queer community.