

Newton Health & Human Services

Summer Resources

FOOD

West Suburban YMCA

276 Church Street

Starting Tues. June 21 - FREE
Lunch & Snacks for youth under
age 18

Monday - Friday

Lunch: 11:30 AM - 1:30 PM

Snack: 2:30 PM - 3:30 PM

Newton Farmers Market

June 25 - October 18

Tuesdays 1:30 PM - 6:00 PM at

Cold Spring Park 1094 Beacon St

Saturdays 9:30 AM - 12:30 PM at

Newton North 352 Lowell Ave

**** Use Your SNAP & HIP benefits
for FREE PRODUCE! ****

STAY COOL

Gath Pool & Crystal Lake

Open June 13

Gath Pool - 256 Albemarle Road

Crystal Lake - 30 Rogers Street

Scholarships available!

West Suburban YMCA

June - August

Join the Y every Saturday this
summer, for a free visit, and check
out if they're the right place for you!

City of Newton, MA



Public Health
Prevent. Promote. Protect.

MENTAL HEALTH SUPPORT

Riverside Emergency Services

If you or a loved one is experiencing
a mental health crisis this summer,
call **1-800-529-5077**

*Newton has a dedicated Mobile
Crisis Intervention Clinician through
Riverside to serve youth in the
community.

Samaritans

Suicide Prevention

Call or text 877-970-4673

Youth: Text Hey Sam for peer-to-
peer support at 877-832-0890

FAMILY RESOURCES

Families for Depression Awareness

www.familyaware.org

The Resilience Project at Newton- Wellesley Hospital

www.nwh.org/resilienceproject

**If you need additional
support accessing food,
financial resources, mental
health referrals, or any other
needs, please contact the
City of Newton Health &
Human Services Department
at 617-796-1420 and ask for
Social Services.**