

Newton Senior Center Programs

Week of September 19th to 23rd, 2022

Monday, September 19

9:00 a.m. **Billiards Open Play** (Game Room) -*just show up*
9:00 a.m. **Drawing Open Studio** (Dining Room) -*just show up*
9:30 a.m. **Beginner's Tai Chi** (Function Room) – *just show up; \$5 suggested donation*
10:00 a.m. **Zumba Gold** (Zoom) -*just show up; \$5 suggested donation*
11:00 a.m. **Advanced Tai Chi** (Function Room) – *just show up; \$5 suggested donation*
11:45 a.m. **Springwell Lunch** (Dining Room) - *reserve 48 hours in advance by calling 617-796-1668*
12:00 p.m. **Seated Strength & Balance** (Zoom) -*just show up; \$5 suggested donation*
1:00 p.m. **Mah Jongg Play** (pre-formed groups only) (Dining Room) -*just show up*

Tuesday, September 20

10:00 a.m. **Zumba Gold** (Zoom) -*just show up; \$5 suggested donation*
10:30 a.m. **Muscle Movement and Balance** (Function Room) -*just show up; \$5 suggested donation*
11:45 a.m. **Springwell Lunch** (Dining Room) - *reserve 48 hours in advance by calling 617-796-1668*
1:00 p.m. **Ceramics Open Studio** (Art Room) – *for enrolled students only*
1:30 p.m. **Swing Band** (Function Room) – *just show up*
2:30 p.m. **Caregiver Support Group** (Zoom) – *register with the Case Manager*

Wednesday, September 21

9:00 a.m. **Billiards Open Play** (Game Room) -*just show up*
9:30 a.m. **Chamber Ensemble** (Function Room) -*just show up*
10:00 a.m. **Acrylic Painting class** (Art Room) -*pre-registration required*
11:45 a.m. **Springwell Lunch** (Dining Room) - *reserve 48 hours in advance by calling 617-796-1668*
12:00 p.m.- **Seated Strength & Balance** (Function Room) -*just show up; \$5 suggested donation*
1:00 p.m.- **Dance Aerobics** (Tent- note location change today) -*just show up; \$5 suggested donation*

2:30 p.m.- **Magician and Illusionist Lynn Dillies** (Function Room) -*just show up*

Thursday, September 22

9:00 a.m. **Mindful Meditation** (Zoom) -*just show up; \$5 suggested donation*
9:30 a.m. **Ceramics Session 1** (Art Room) -*pre-registration required*
9:30 a.m. **Men's Club: Russ Perkins on "How Robots Learn, Recognize Objects, and Move Around the World"** (Dining Room) -*just show up*
10:00 a.m. **Zumba Gold** (Zoom) -*just show up*
10:30 a.m. **Muscle Movement and Balance** (Function Room) -*just show up; \$5 suggested donation*
10:30 a.m. **Bereavement Support Group** (Library Lounge) -*just show up*
11:30 a.m. **Folk Sing-Along** (Tent) -*just show up*
11:45 a.m. **Springwell Lunch** (Dining Room)- *reserve 48 hours in advance by calling 617-796-1668*
12:00 p.m. **Ceramics Session 2** (Art Room) -*pre-registration required*
12:00 p.m. **Theatre Workshop** (Function Room) -*just show up*
1:00 p.m. **Mah Jongg Open Play** (open play only) (Dining Room) -*just show up*
1:00 p.m. **French Conversation Group** (Tent; rain location Library Lounge) -*just show up*
2:00 p.m. **Bridge Open Play** (open play only) (Game Room) -*just show up*
3:30 p.m. **The Catacombs of Paris with Beeyonder** (Zoom) -*register with the Program Coordinator*

Friday, September 23

9:00 a.m. **Billiards Open Play** (Game Room) -*just show up*
~~9:30 a.m. **Advanced Tai Chi** (Function Room) – *just show up; \$5 suggested donation*~~ **Cancelled today**
~~11:00 a.m. **Beginner's Tai Chi** (Hyde Community Center) – *just show up; \$5 suggested donation*~~ **Cancelled today**
11:45 a.m. **Springwell Lunch** (Dining Room) - *reserve 48 hours in advance by calling 617-796-1668*
1:00 p.m. **LaBlast** (Function Room) - *just show up; \$5 suggested donation*

You can reach the Newton Senior Center by calling: 617-796-1660.