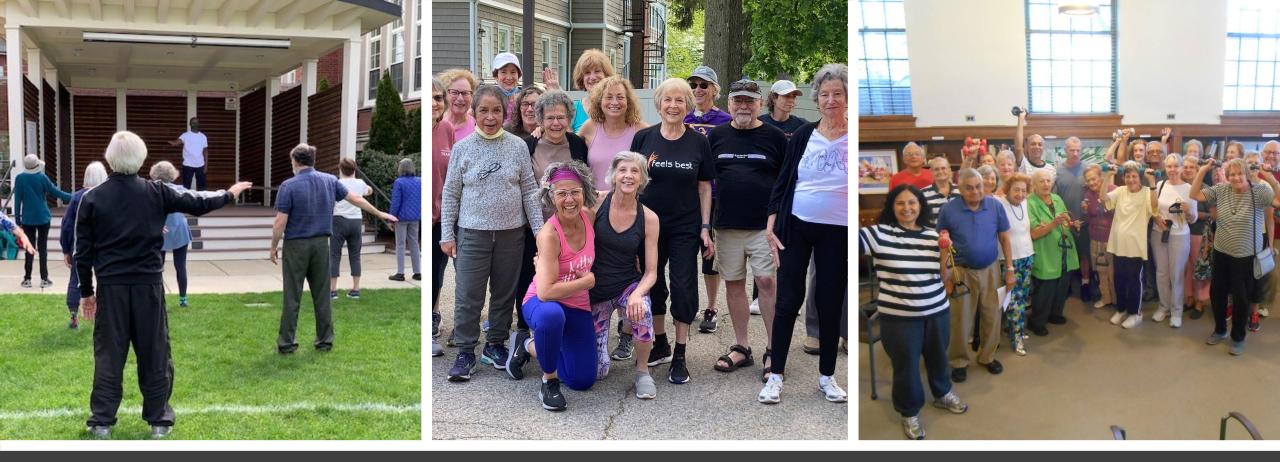


#### A Transformational Investment that Cements Newton as an Age-Friendly Leader

Increasing access to popular programs and services for older adults such as:

- Fitness
- Educational
- Arts
- Music
- Social Services
- Transportation
- Volunteer Coordination

Senior Services budget will increase by over 50%, so...



Tai Chi

#### Zumba

**Balance and Mobility** 

Popular Fitness Programs This investment will allow these popular programs to expand their capacity.

#### Zumba is excellent for cardio health and the friendships made here are incredible.

## The Tai Chi program feeds our mind, body, and spirit.

Balance and mobility classes keep us mobile, active, and independent.

Sometimes we all just want a little more fun in our lives. These funds will increase the fun exponentially.

Our ceramics program will finally be able to accept more students and expand capacity with these funds.

Whether it's watercolor or oil, painting fuels our souls and inspires our minds. These funds will allow for the expansion of arts program capacity.



#### Music lifts our spirits, and our music program capacity can expand.



Educational classes allow us to never stop learning and growing, and this program will be growing as well.



To register, email llana at *iseidmann@newtonma.gov* 



#### Transportation opens a world of possibilities and helps fight isolation.







These funds will support our transportation program so older residents can stay active and engaged.

# To Reach a Certi Counselor call

Medicare counseling helps demystify the program and these funds will help improve access to these critical services.



Social and emotional programs are so important as we age, and these funds will provide more access to these services. Together we can use these funds to make Newton the leader in age-friendly programs and services.

- Expanded Programs
- Increased Services
- Dedicated Resources
- Giving back to those who have given so much to us!



**New Senior Center Facility (NewCAL)** 

## OVERRIDE INVESTMENT

Operating Budget Annual additional funding - \$500,000 For more information on the City's Senior Services Department visit: https://www.newtonma.gov/government/seniors