



A Transformational Investment that Cements Newton as an Age-Friendly Leader

Increasing access to popular programs and services for older adults such as:

- Fitness
- Educational
- Arts
- Music
- Social Services
- Transportation
- Volunteer Coordination

Senior Services budget will increase by over 50%, so...



Tai Chi



Zumba



Balance and Mobility

Popular Fitness Programs

This investment will allow these popular programs to expand their capacity.

Zumba is excellent for cardio health and the friendships made here are incredible.





**The Tai Chi program
feeds our mind, body, and spirit.**

Balance and mobility classes keep us mobile, active, and independent.






Sometimes we all just want a little more fun in our lives. These funds will increase the fun exponentially.



Our ceramics program will finally be able to accept more students and expand capacity with these funds.

Whether it's watercolor or oil, painting fuels our souls and inspires our minds. These funds will allow for the expansion of arts program capacity.





**Music lifts our spirits, and
our music program capacity
can expand.**

Newton
Swing

Educational classes allow us to never stop learning and growing, and this program will be growing as well.

Outdoor:
Macro/Garden Photography
Workshop



Led by instructor
Steve McGrath

3 Fridays:
July 9th, 16th, and 23rd,
10:00—11:30 a.m.

*Under the
Newton Senior Center tent*

To register, email Ilana at iseidmann@newtonma.gov



**Transportation
opens a world of
possibilities and
helps fight isolation.**



**These funds
will support our
transportation
program so older
residents can stay
active and engaged.**





**Medicare
counseling helps
demystify the
program and
these funds will
help improve
access to these
critical services.**

**To Reach a Certified
Counselor call 7**



Social and emotional programs are so important as we age, and these funds will provide more access to these services.

Together we can use these funds to make Newton the leader in age-friendly programs and services.

- Expanded Programs
- Increased Services
- Dedicated Resources
- Giving back to those who have given so much to us!



New Senior Center Facility (NewCAL)

OVERRIDE INVESTMENT

Operating Budget

Annual additional funding - \$500,000



For more information on the City's
Senior Services Department visit:
<https://www.newtonma.gov/government/seniors>