

HEALTH AND HUMAN SERVICES DEPARTMENT Linda Walsh, Commissioner 1000 Commonwealth Avenue Newton, MA 02459-1544

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City of Newton, Youth Commission October 12, 2022 – 5:30 p.m.

Attendance/Introductions:

Davis Rattanavijai, Mia Chu, Rhiannon Esposito, Zack Gusenoff, Meera Parekh, Spencer Solcoff, Nick Makura, Lily Siegelman, Matthew Wrigley, Andrew Feinberg, Hana Futai, Audrey Wei, Emma Zhang, Kenneth Tsay, Priscilla Situ, Leo Liu, Shivani Gulati, Julia Dun Rappaport, Grace Cai, Sarina Chand, Armine Freeman, Allie Guo, Abby Shin, Reese Connors, Ryn Leffler, Michelle Menken, and Meghan Murtagh.

Meeting called to order at 5:35 p.m.

Guest Speakers:

- Nevena Pilipovic-Wengler, City of Newton Planning Department
 - Commissioners & Advisory Board Members were led through the City of Newton, Zoning Exhibit within the Library.
 - Additionally, the Youth engaged with City Planning Dept members by asking questions and giving feedback through their online feedback tool.
 - o The Youth Commission, in partnership with the Planning Dept will be hosting a special focus group for young people 14-25 on Monday, October 17 at 7:00 p.m. CLICK HERE to register.
- Jaclyn Zawada, City of Newton Law Department
 - o The attending members were led through an Open Meeting Law and Public Records training led by Jaclyn Zawada from the Law Department.
 - o The presentation can be viewed by CLICKING HERE.
- Jessenia Urrea, Families for Depression Awareness
 - Jessenia shared content from a Families for Depression Awareness workshop titled "Stress Survival Guide." The Youth Commission plans to host this workshop for youth in Newton, sometime in early December.
 - Youth Commission members also provided Jessenia with insightful thoughts of what causes them stress, as well as their peers in preparation for the workshop.

Subcommittee Update:

- The Youth Commission will move forward with the following subcommittees:
 - Mental Health
 - School & Community Engagement
 - Guest Speakers/Workshops
 - Communication & Outreach

Meeting closed at 7:35 p.m.

Next Meeting:

Wednesday, November 9, 6:30 p.m. Newton Free Library