

Newton Senior Center Programs

Week of November 7th to November 11th, 2022

Monday, November 7

9:00 a.m. **Billiards Open Play** (Game Room) -*just show up*

9:00 a.m. **Drawing Studio** (Dining Room) -*just show up*

9:30 a.m. **Beginner's Tai Chi** (Function Room) – *just show up; \$5 suggested donation*

10:00 a.m. **Zumba Gold** (Zoom) -*just show up (see e-newsletter for link); \$5 suggested donation*

11:00 a.m. **Advanced Tai Chi** (Function Room) – *just show up; \$5 suggested donation*

11:45 a.m. **Springwell Lunch** (Dining Room) - *reserve 48 hours in advance by calling 617-796-1668*

12:00 p.m. **Seated Strength & Balance** (Zoom) -*just show up (see e-newsletter for link); \$5 suggested donation*

1:00 p.m. **Mah Jongg Play** (pre-formed groups only) (Game Room- note room change) -*just show up*

1:00 p.m. **Bon Voyage to the Newton Senior Center building** (Dining Room) -*just show up*

Tuesday, November 8

Election Day: Muscle, Movement & Balance and Swing Band are cancelled.

9:00 a.m. **Spanish Conversation Group** (Zoom) -*just show up (see e-newsletter for link)*

10:00 a.m. **Zumba Gold** (Zoom) -*just show up (see e-newsletter for link); \$5 suggested donation*

11:45 a.m. **Springwell Lunch** (Dining Room) - *reserve 48 hours in advance by calling 617-796-1668*

3:00 p.m. **Folk Sing-Along** (Zoom) – *just show up (link in e-newsletter)*

Wednesday, November 9

9:00 a.m. **Billiards Open Play** (Game Room) -*just show up*

9:30 a.m. **Chamber Ensemble** (Function Room) -*just show up*

11:45 a.m. **Springwell Lunch** (Dining Room) - *reserve 48 hours in advance by calling 617-796-1668*

12:00 p.m.- **Seated Strength & Balance** (Function Room) -*just show up; \$5 suggested donation*

1:00 p.m.- **Dance Aerobics** (Function Room) -*just show up; \$5 suggested donation*

Thursday, November 10th --- Friday, November 25th

The Newton Senior Center is **closed to the public**. All programs (except for scheduled SHINE appointments and Commodity Foods on November 18th) are cancelled. This includes both in-person and Zoom programming.

Monday, November 28th

Newton Senior Center programs will resume in our interim locations.

You can reach the Newton Senior Center by calling: 617-796-1660.