

# Wilderness Survival for Middle Schoolers

At Nahanton Park  
Nature Center  
455 Nahanton St  
In Newton



## EARTH SPIRIT Eco-Adventures

RECONNECTING PEOPLE WITH NATURE

**Session 1: August 14 - 18, 2023**

**Session 2: August 21 - 25, 2023**

Learn skills and build knowledge to survive in the wilderness

- ♦ Safely prepare a site for building a fire
- ♦ Start a fire without using matches
- ♦ Construct a shelter using leaves and branches
- ♦ Carving methods (knife use, handling and safety)
- ♦ Tool crafting
- ♦ Navigate the forest without a map or compass
- ♦ Make cordage (string/rope) from plants
- ♦ Identify wild edible plants as well as medicinal plants we find in the forest.



### Important Information

- For youth going into 6th—9th grade in the Fall.
- This program runs Monday through Friday and is held rain or shine.
- Participants may register for session 1 or session 2, but not both sessions because the program is the same each week.
- Session Fee is \$400.00 A \$30.00 non refundable deposit is due with the registration.



Newton Parks, Recreation & Culture  
246 Dudley Rd, Newton, MA 02459  
617-796-1500

Registration opens February 1 for Newton  
Residents and tends to fill quickly.

Register online at [www.newtonmarec.com](http://www.newtonmarec.com)