

Counselor in Training

For grades 8 - 11



At Franklin School
Monday - Friday 8:30 - 3:30

First Year CIT

Session 1: 7/10-7/21
Session 2: 7/24-8/4
Session 3: 8/7-8/18

Returning CIT

Session 1: 7/10-7/28
Session 2: 7/31-8/18



At Bowen School
Monday - Friday 8:30 - 3:30

First Year CIT

Session 1: 7/5-7/14
Session 2: 7/17-7/28
Session 3: 7/31-8/11

Returning CIT

Session 1: 7/5-7/21
Session 2: 7/24-8/11



At Mason Rice School
Monday - Friday 8:30 - 3:30

First Year CIT

Session 1: 7/10-7/21
Session 2: 7/24-8/4

Returning CIT

Session 1: 7/5-7/21
Session 2: 7/24-8/11



At Nahanton Park
Monday - Thursday 9:00-1:00

First and Returning CIT

Session 1: 6/26-7/7
Session 2: 7/10-7/20
Session 3: 7/24-8/3

\$340.00 per session for Albemarle Acres, Camp Echo Bridge & T-ville Trails
\$200.00 per session for Outdoor Adventure
Registration opens February 1st for Newton residents

Who can be a CIT?

CIT's are youth who are 13 to 16 years old and will be entering 8th - 11th grade in the Fall.

CIT's are too old to be a camper but not yet old enough or experienced enough to be a counselor.

This is an apprenticeship program where CIT's learn by doing. CIT's work directly with the counselors and campers at their program. Ages of campers varies by program, but generally include children in Kindergarten through 6th grade.

First Year vs Returning CIT

- First year CIT's are new to being a CIT with Newton Parks and Recreation. They will participate in a 2 week training session to learn valuable skills and work with campers at their program. Daily trainings with the CIT Director help to teach and reinforce skills.
- Returning CIT's have already participated in a Newton Parks and Recreation CIT program in a previous year. They will use their session time to continue developing their camp counselor skills .

What are the advantages of being a CIT?

- Gain experience working with children
- Improve leadership and activity planning skills
- Explore future career possibilities
- Gain valuable work experience
- Practice interviewing skills
- Opportunity for employment at camp as a paid counselor

Training Topics Include:

- Working at a Day Camp
- Camper Safety and First Aid
- Child Development
- Group Dynamics
- Behavior Management
- Leadership Styles
- Attendance and Keeping Track of Your Campers
- Activity Planning
- How To Be A Great Counselor
- Preparing For Interviews