

APRIL 2023



Mindful Living

Being kind to planet Earth

Are you interested in exploring how to live a sustainable life? We can help you connect intention with action and engage with your community.

LET US HELP

TOLL-FREE: 833-549-3277

WEBSITE: www.cmgassociates.com

PASSWORD: Newton



YOUR EMPLOYEE SUPPORT PROGRAM

ALWAYS AVAILABLE | FREE | CONFIDENTIAL