

Supporting Communication

A MENTAL HEALTH WORKSHOP
FOR TEENS AND PARENTS

WEDNESDAY | MAY 10TH | 6PM-8PM

Check-in and light refreshments from 5:30pm-5:55pm

**NEWTON FREE PUBLIC LIBRARY
DRUKER AUDITORIUM**

The City of Newton Health & Human Services Department invites parents, caregivers, and their teens to attend this workshop led by Samaritans, Inc.

Join us for an evening to support healthy communication by exploring feelings and learning how to express them, practicing honest talk, active listening, and learning how to access resources and support.

REGISTER HERE!

SCAN THE QR CODE
OR
VISIT THE [NEWTON SOCIAL SERVICES EVENTS PAGE.](#)



Health & Human Services | 617-796-1420